

Abbotsford 2004 BC Summer Games  
July 15 - 18

Rules Book  
And Media Guide

*Revised: June 15, 2004*

Published by:

**BC Games Society**

Suite 200 - 990 Fort Street

Victoria BC V8V 3K2

Phone: (250) 387-1375

Fax: (250) 387-4489

Email: [info@bcgames.org](mailto:info@bcgames.org)

Website: [www.bcgames.org](http://www.bcgames.org)

**Abbotsford 2004 BC Summer Games Society**

32315 South Fraser Way

Abbotsford BC V2T 1W7

Phone: (604) 870-4263

Fax: (604) 870-4243

Website: [www.abbotsford2004games.com](http://www.abbotsford2004games.com)





As Premier of the Province of British Columbia, it is my pleasure to join with the BC Games Society and the residents of Abbotsford in extending a warm greeting to all the athletes, coaches, officials, organizers, sponsors, guests, and volunteers attending the 2004 BC Summer Games in Abbotsford.

These Games give us all an opportunity to witness the successes of athletes who have worked long and hard to reach this level of competition. They highlight the importance of sports, exercise and discipline. They generate a lot of enthusiasm and excitement, and encourage others to want to follow in the footsteps of the participants, to set and reach goals for their future.

I commend all of the athletes for their participation in the 2004 BC Summer Games. You deserve to feel proud of your accomplishments and I wish everyone the best of luck.

I would like to take this opportunity to thank the donors and the volunteers for their contribution to the Games. This event would not be possible without your generous support.

On behalf of the people and government of British Columbia, please accept my best wishes for an exciting and memorable event.

Sincerely,

A handwritten signature in black ink that reads "Gordon Campbell". The signature is written in a cursive, flowing style.

Gordon Campbell  
Premier



Table of Contents

- I. Goals of the BC Summer and BC Winter Games..... 1**
  - 1. Purpose..... 1
  - 2. Objectives ..... 1
  
- II. BC Games Zone Structure..... 1**
  - 1. Zone Descriptions ..... 1
  - 2. BC Games Zone Map ..... 3
  
- III. Organization ..... 4**
  - 1. Host Community Organization Chart..... 4
  - 2. BC Games Society..... 5
  - 3. President and CEO ..... 5
  - 4. BC Games Society Event Management Staff ..... 5
  - 5. President of the Abbotsford 2004 BC Summer Games Society ..... 6
  - 6. Directors of the Abbotsford 2004 BC Summer Games Society ..... 6
  - 7. BC Summer Games Operations Manager ..... 6
  - 8. Provincial Advisors..... 6
  - 9. Sport Chairs ..... 7
  - 10. Zone Representatives ..... 7
  
- IV. Location and Dates ..... 8**
  - 1. Location ..... 8
  - 2. Dates..... 8
  
- V. Rules for Competition..... 8**
  - 1. Sport Eligibility..... 8
  - 2. Eligibility of Competitors..... 11
  - 3. Degrees of Financial Support..... 11
  - 4. Athlete Registration Fee..... 12
  - 5. Transportation ..... 12
  - 6. Accommodation ..... 12
  - 7. Meals ..... 13
  - 8. Coaches and Managers ..... 13
  - 9. Chaperones ..... 13
  - 10. Officials ..... 14
  - 11. Entry Deadlines..... 14
  - 12. Substitution ..... 15
  - 13. “Replacement” Teams (Team Sports)..... 15
  - 14. Wildcard System (Individual Sports) ..... 16
  - 15. Protests..... 16
  
- VI. Awards ..... 17**
  - 1. Commemorative Items ..... 17
  - 2. Medals ..... 17
  - 3. Zone Medal Standings ..... 18
  
- VII. Equipment..... 18**
  - 1. Sports Equipment..... 18
  - 2. Uniforms..... 18
  - 3. Zone Colours..... 18
  - 4. Medical Equipment..... 19

<b>VIII. Official Ceremonies.....</b>	<b>19</b>
1. Opening Ceremony.....	19
2. Closing Ceremony.....	19
<b>IX. Security Control .....</b>	<b>19</b>
<b>X. Insurance .....</b>	<b>20</b>
<b>XI. Interpretation and Amendments .....</b>	<b>20</b>
<b>XII. BC Games Harassment Policy .....</b>	<b>20</b>
<b>XIII. Sponsorship Policy for Markings on Team Uniforms and Team Sport     Bags .....</b>	<b>20</b>
<b>XIV. Sport Rules, Contacts and Previews .....</b>	<b>22</b>
<b>Abbotsford 2004 BC Summer Games Preview .....</b>	<b>22</b>
Archery.....	24
Athletics.....	29
Baseball .....	40
Basketball – Boys and Girls .....	44
Cycling .....	47
Diving .....	53
Equestrian .....	58
Field Hockey - Girls .....	64
Golf – Male & Female.....	69
Lacrosse.....	73
Modern Pentathlon.....	77
Rhythmic Gymnastics.....	82
Rugby.....	86
Sailing .....	90
Shooting – Handgun CANCELLED .....	95
Shooting – Smallbore.....	100
Soccer – Boys and Girls.....	105
Softball – Boys and Girls.....	110
Synchronized Swimming .....	115
Tennis .....	121
Triathlon .....	126
Volleyball – Beach.....	130
Volleyball – Indoor – Boys and Girls.....	133
Water Polo .....	137
Water Skiing.....	141
Wrestling .....	146
<b>XV. BC Games News Service .....</b>	<b>151</b>
1. News for All of BC.....	151
2. The BC Games: Who, What, Where, Why, and When.....	151
3. Services to BC Journalists .....	153
4. Major Dates.....	155

# **I. Goals of the BC Summer and BC Winter Games**

The BC Summer and BC Winter Games is a project of the Province of British Columbia.

## **1. Purpose**

“To provide an opportunity for the development of athletes (generally under 18), coaches and officials in preparation for higher levels of competition in a multi-sport event which promotes interest and participation in sport, individual achievement and community development.”

## **2. Objectives**

- To provide a multi-sport experience for athletes preparing for higher level Games.
- To promote athlete development programs in all regions of the province.
- Through a multi-sport games experience encourage and motivate athletes, coaches, and officials to attain a higher level of skill and competitive achievement.
- To organize competitive sport events which play an integral role in the BC athlete development system.
- To provide each hosting community with a legacy of experienced volunteers and facility improvements.
- To share the spirit of the Games with British Columbians of all regions of the province.
- To celebrate the community.
- To motivate British Columbians to achieve a higher level of fitness and physical well being through participation in amateur sports and physical activity.

# **II. BC Games Zone Structure**

## **1. Zone Descriptions**

In order to ensure that all BC Games will include participants from every part of the Province, as well as to motivate each Provincial Sport Organization to spread their efforts and interest throughout the Province, the Province has been divided into eight Zones. The boundaries of the BC Games Zones are described below:

### **Zone 1 – Kootenays (Zone Colour – Yellow)**

Regional Districts of Central Kootenay, East Kootenay, Kootenay Boundary and Electoral Area A of Columbia-Shuswap Regional District, and including major

centres: Castlegar, Cranbrook, Creston, Fernie, Golden, Grand Forks, Kimberley, Nelson, Radium, Rossland, Trail. **Population - 166,141**

***Zone 2 – Thompson-Okanagan (Zone Colour – Red)***

Regional Districts of Central Okanagan, Columbia-Shuswap (excluding Electoral Area A), North Okanagan, Okanagan-Similkameen, Thompson-Nicola, Electoral Areas A and B of the Squamish-Lillooet Regional District, and including major centres: Armstrong, Ashcroft, Enderby, Kamloops, Kelowna, Lillooet, Merritt, Peachland, Penticton, Revelstoke, Salmon Arm, Summerland, Vernon, Westbank. **Population - 491,911**

***Zone 3 – Fraser Valley (Zone Colour – Light Blue)***

Regional Districts of Central Fraser Valley, Dewdney Alouette, Fraser-Cheam, and including major centres Abbotsford, Chilliwack, Coquitlam, Hope, Langley, Maple Ridge, Mission, Pitt Meadows, Port Coquitlam, Port Moody, Surrey, White Rock. **Population - 1,172,719**

***Zone 4 – Fraser River-Delta (Zone Colour – Orange)***

The City of Burnaby, the District of Delta, the City of New Westminster, the City of Richmond. **Population - 322,051**

***Zone 5 – Vancouver-Squamish (Zone Colour – Dark Green)***

The Regional Districts of Squamish-Lillooet (excluding Electoral Areas A and B), Sunshine Coast, Electoral Areas A, B, and C of the Greater Vancouver Regional District, the Village of Lions Bay, the Corporations of the Districts of North and West Vancouver, the City of North Vancouver and the City of Vancouver. **Population - 817,310**

***Zone 6 – Vancouver Island-Central Coast (Zone Colour – Light Green)***

The Regional Districts of Alberni-Clayoquot, Capital, Central Coast, Comox-Strathcona, Cowichan Valley, Mount Waddington, Nanaimo, Powell River, and including major centres Campbell River, Comox, Courtenay, Cumberland, Duncan, Esquimalt, Ladysmith, Nanaimo, North Cowichan, Oak Bay, Ocean Falls, Port Alberni, Port Hardy, Powell River, Saanich, Sayward, Sidney, Victoria. **Population - 723,759**

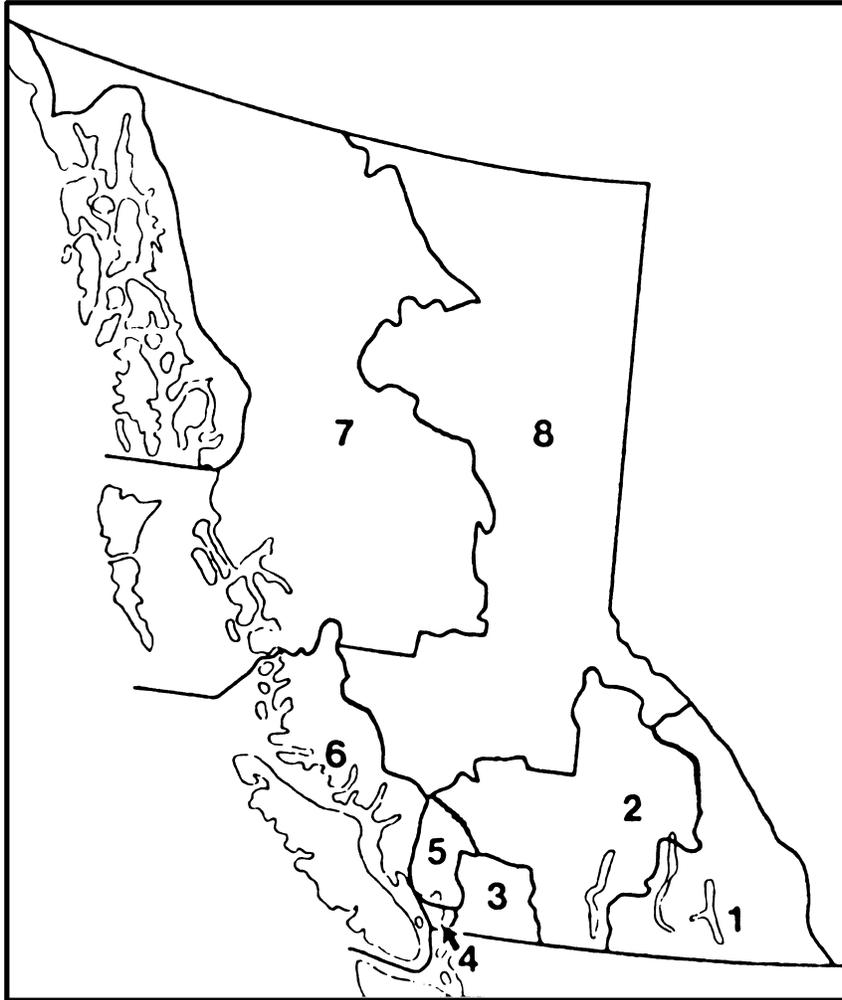
***Zone 7 – North West (Zone Colour – Purple)***

The Regional Districts of Bulkley-Nechako, Kitimat-Stikine Region, and including major centres Burns Lake, Fort St. James, Houston, Kitimat, Masset, Port Clements, Prince Rupert, Smithers, Stewart, Terrace, Vanderhoof. **Population - 118,620**

***Zone 8 – Cariboo-North East (Zone Colour – Dark Blue)***

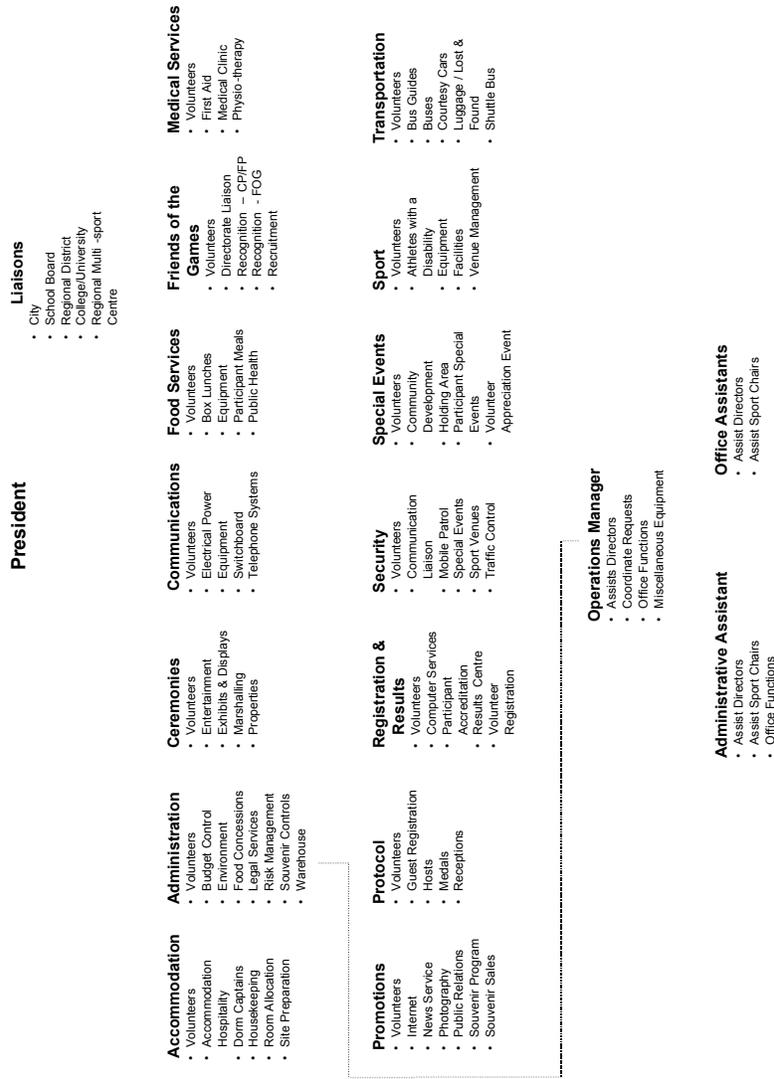
The Regional Districts of Cariboo, Fraser-Fort George, Peace River-Liaird, and including major centres Chetwynd, Dawson Creek, Fort Nelson, Fort St. John, Hudson Hope, Prince George, Quesnel, Tumbler Ridge, Williams Lake. **Population - 251,249.**

**2. BC Games Zone Map**



# III. Organization

## 1. Host Community Organization Chart



## **2. BC Games Society**

The Board of Directors of the BC Games Society:

- (a) Is committed to gender equity in the administration, policies, programs and activities of the society.
- (b) Reviews, on an annual basis, overall BC Summer and BC Winter Games budgets, policies and rules, financial and operating reports.
- (c) Reviews and approves all BC Summer and BC Winter Games contracts, including global corporate partner contracts, financial agreements with the Provincial Government, Host Communities, and television negotiations.
- (d) Determines the Core and Optional sport criteria that is used to qualify sports for each BC Summer and BC Winter Games.
- (e) Reviews the Host Community bid application procedure and designs criteria for site selection.
- (f) Assists incoming bid applications and prepares a short list based on the established criteria. In cooperation with the President and CEO, recommends to the Minister a final site selection.

## **3. President and CEO**

Kelly Mann, President and CEO of the BC Games Society, has the overall responsibility for the staging of BC Summer and BC Winter Games. He will work with the Host Community, the Provincial Government, and private industry in all aspects of administrative and financial operations of the BC Games.

If in view of the President and CEO, decisions are being made that are not consistent with the overall standards of the BC Games, he will have the right to veto any such decisions and invoke whatever policy is necessary.

## **4. BC Games Society Event Management Staff**

### ***Event Manager – BC Summer Games***

Irene Schell works with BC Summer Games volunteers in: Administration, Communications, Friends of the Games, Medical Services, Protocol, Registration and Results, and Sport. She is also the staff liaison with the Northern BC Winter Games Society.

### ***Event Manager – BC Summer Games***

Chris Trenholme works with BC Summer Games volunteers in: Accommodation, Ceremonies, Food Services, Promotions, Security, Special Events, and Transportation. He is also the staff liaison with the BC Seniors Games Society.

### ***Event Manager – BC Winter Games***

Joe Stephenson works with BC Winter Games volunteers in: Accommodation, Administration, Food Services, Security, Special Events, Sport, and Transportation. He will also coordinate transportation to and from the Games for

all participants. He also works with the Host Community for the BC Disability Games.

***Event Manager – BC Winter Games***

Byron Postle works with BC Winter Games volunteers in: Ceremonies, Communications, Friends of the Games, Medical, Promotions, Protocol, and Registration and Results. He also works with the Host Community for the BC Seniors Games.

***Event Manager – Marketing and Communications***

Lia Macfarlane works in the area of Marketing and Communications which is responsible for the acquisition and servicing of Corporate Partners and overall promotion of the BC Games Society. She also works with the Host Community for the Northern BC Winter Games.

***5. President of the Abbotsford 2004 BC Summer Games Society***

Milt Walker has been elected President of the Board of Directors of the Abbotsford 2004 BC Summer Games Society. The President's responsibilities include being in constant communication with the Games Operations Manager, the Directors of the Host Community Games Society, and the BC Games Society President and CEO. He is aware of all stages of planning being coordinated by the Directors and the Games staff.

***6. Directors of the Abbotsford 2004 BC Summer Games Society***

The 14 volunteer Directors will each be responsible for administering their particular area as outlined in the Organizational Chart. They will work in consultation with BC Games staff and the local Operations Manager, assisted by their sport and administrative committees and numerous volunteers.

***7. BC Summer Games Operations Manager***

The Operations Manager, is hired on a full-time basis by the Abbotsford 2004 BC Summer Games Society. Duties include being responsible for the local Games office and staff, communication of all information necessary for the Directors and their Chairs to host the sport events, and related services and social functions. The Operations Manager is responsible to the Board of Directors as well as to the President and CEO of the BC Games Society.

Note: BC Games Society staff and Host Community Games Society staff, may not register to participate in the BC Summer Games.

***8. Provincial Advisors***

Each Provincial Sport Organization has appointed an individual who has the authority to make binding decisions on behalf of the organization. It is the responsibility of the Provincial Advisor to:

- (a) Confirm the age group, events, etc. for their sport in consultation with the BC Games Event Managers.
- (b) Appoint and communicate regularly with an individual from Abbotsford to act as the local Sport Chair (see Section III-9). The Provincial Advisor will consult with, and assist, the Sport Chair regarding the technical organization and administration of the competition for his or her sport.
- (c) Appoint and communicate regularly with the Zone Representatives in the BC Games zones to ensure that all zone qualifications are adequately publicized and that all individuals eligible to compete in a zone are made aware of the qualification date and location.
- (d) Name and contact the predetermined number of officials or delegates who will attend the BC Summer Games.
- (e) Appoint three individuals who will be present at the BC Summer Games to act as their Sport Jury. This Sport Jury will make decisions on any protests that might arise (see Section V-15(b)).
- (f) Comply with the deadline dates outlined in the Critical Time Chart (sent under separate cover) including preparing and filing a Final Report with the BC Games Society office.
- (g) Provincial Advisors may not register to compete in the BC Summer Games.
- (h) Liaise during the BC Games with volunteers at their Sport's accommodation site to assist in monitoring, and if necessary, disciplining individuals who disregard accommodation rules.

## **9. Sport Chairs**

Each Provincial Sport Organization and/or Provincial Advisor has appointed at least one person from Abbotsford who will act as the official channel for all decisions regarding the staging of that sport in Abbotsford. It is the responsibility of the Sport Chair to:

- (a) Organize and be in charge of all aspects of the sport competitions in consultation with the Operations Manager, Director of Sport and BC Games Event Manager.
- (b) Ensure that sufficient local officials, scorekeepers, etc. are available in Abbotsford during the Games.
- (c) Consult and communicate on a regular basis with the Provincial Sport Organization and/or the Provincial Advisor.
- (d) Comply with the deadline dates and attend several meetings as outlined in the Critical Time Chart (sent under separate cover) as well as prepare and file a Final Report with the BC Games Society office.
- (e) Sport Chairs may not register to compete in the BC Summer Games.

## **10. Zone Representatives**

The Zone Representative is appointed by the Provincial Advisor and has agreed to act as the contact person in their zone for their sport. Their responsibilities include:

- (a) Organizing and publicizing the qualification to determine the individuals or teams who will represent their zone at the BC Summer Games, ensuring that all individuals eligible to compete in the zone are made aware of the qualification date and location.
- (b) Consulting and communicating with the Provincial Advisor on any questions concerning eligibility of athletes or any other aspects of the zone qualification.
- (c) Completing and returning the Registration Forms listing the athletes who will represent their zone at the BC Summer Games to the BC Games Society office before 4:00 p.m. on *Monday, June 14, 2004*. The registration procedures are outlined in Section V-11(b).
- (d) Complying with the deadline dates outlined in the Critical Time Chart (sent under separate cover).

## **IV. Location and Dates**

### **1. Location**

The 2004 BC Summer Games will take place in Abbotsford.

### **2. Dates**

The 2004 BC Summer Games will take place on July 15, 16, 17 and 18, 2004.

The Opening Ceremony will take place on the evening of Thursday, July 15 following a banquet for all athletes, coaches, managers, officials, and Sport Chairs.

Competitions will begin on the morning of Friday, July 16 and will be completed by 12:00 noon on Sunday, July 18. Each Sport will compete for two and one-half days.

A Closing Ceremony will take place during the afternoon of Sunday, July 18.

## **V. Rules for Competition**

### **1. Sport Eligibility**

The information contained here is a summary of the required criteria for inclusion in the BC Summer and BC Winter Games as either a Core or Optional Sport. Contact the BC Games Society at (250) 387-1375 for complete information or an application for inclusion in the BC Games.

#### **Groups eligible to apply for Core/Optional Sport Status in the BC Summer or BC Winter Games:**

- are registered non-profit societies in good standing under the Society Act.
- demonstrate that the organization and its members are covered by insurance.

**And are:**

- Recognized Provincial Sport Organizations – Organizations that receive Block Contribution and/or Athlete Assistance and/or Team BC funding from the Ministry Responsible for Sport.

**OR**

Organizations that are not a recognized Provincial Sport Organization (as defined above) but have full-medal status in one of the following:

- Canada Games
- Olympic or Paralympic Games
- Pan American Games
- Commonwealth Games

**All groups applying for Core or Optional Sport Status must meet the criteria described in Sections 1 and 2 below:**

**Section 1 General Criteria:**

Sports included in the BC Summer or BC Winter Games must have significant (at least 50%) athlete representation at the BC Games, compared to their maximum allocation per zone, from at least 6 of the 8 BC Games zones (e.g. if a sport is allocated 6 athletes from each zone, they must have brought at least 3 athletes from 6 of the 8 zones).

**Sports may only be represented in one BC Games**

A sport may only be represented in one BC Games (either Summer or Winter).

**Exemptions for sports for athletes with a disability**

The applying organization will have met all Core or Optional Sport criteria with the following exemptions:

- Numbers of zones: the sport must bring participants from 4 of the 8 BC Games zones
- Representation: the sport must bring 50% of the total number of athletes allocated for the sport
- Priority is given to events/sports for athletes with a disability where no other Games opportunity in BC exists for this level of athlete.

**Section 2 – Specific Core/Optional Sport Criteria:**

Core Sports: Meet all Athlete, Coaching and Officials Development criteria.

Optional Sports: Meet Athlete Development criteria and either Coaching or Officials Development criteria.

**Athlete Development Criteria**

- Athletes attending the BC Games are under 18 (exemptions considered where it is demonstrated that the older age group meets the criteria).
- Athletes attending the BC Games are preparing for higher levels of competition (e.g. National Championships, Canada Games and beyond).

- The age range for BC Games athletes is set to allow all athletes eligible to progress from the BC Games to the next level of competition (ideally, the best young athletes in the sport, those who progress to that next level of competition and beyond, have been to a BC Games).
- Because the BC Summer and BC Winter Games occur bi-annually, athlete age ranges are set so that all athletes have the opportunity to have one BC Games experience before they move to the next highest level of competition, e.g. 2 year span.
  - To best meet these criteria, athletes attend BC Games before they go anywhere else in their high performance career. It is the intention that the BC Games are the first multi-sport games experience, and the first step, for all BC athletes before they begin their high performance careers (before they make a Canada Games team or provincial team, and before they go beyond that to compete at the international level). It is the goal of the BC Games Society that all BC athletes who eventually go on to national and international levels first compete at a BC Games.

#### **Coaching Development Criteria**

- By the 2004 BC Games, all BC Games coaches must be fully certified at NCCP Level 1 (or equivalent in NCCP Program) in the sport they are coaching at the BC Games and must also have completed Level 2 Theory (or equivalent in NCCP Program).
- Sports must demonstrate their commitment to coaching development throughout the province, the role the BC Games plays in coaching development for the sport, and that the BC Games are used as an opportunity to train, upgrade and/or mentor coaches.
- Coaches that participate in the BC Games are working toward coaching athletes at higher levels of competition.
- Sports that have both male and female athletes participating in the BC Games should have male and female representation in their coaching contingent that is proportionate to the number of male and female athletes participating in the Games.

#### **Officials Development Criteria**

- Sports must demonstrate their commitment to officials development throughout the province, the role the BC Games plays in officials development for the sport, and that the BC Games are used as an opportunity to train, upgrade and mentor officials.
- Officials that participate in the BC Games are working toward officiating at higher levels of competition.
- Sports that have both male and female athletes participating in the BC Games should have male and female representation in their officiating contingent that is proportionate to the number of male and female athletes participating in the Games.

BC Games Core Sports for the 2004 BC Summer Games are:

Archery, Athletics, Athletics – Special O, Athletics – Wheelchair, Baseball, Basketball – Boys and Girls, Cycling, Diving, Field Hockey – Girls, Lacrosse, Modern Pentathlon, Rugby – Boys, Sailing, Soccer – Boys and Girls, Softball – Boys and Girls, Synchronized Swimming, Tennis, Triathlon, Volleyball – Beach, Volleyball – Boys and Girls, Water Polo, Water Skiing, Wrestling.

BC Games Optional Sports for the 2004 BC Summer Games are:

Athletics – SportAbility, Cycling – SportAbility, Cycling – Visually Impaired, Equestrian, Rhythmic Gymnastics, Rugby – Girls, Shooting – Handgun, Shooting – Smallbore.

The maximum number of athletes and coaches/managers per zone for each sport has been predetermined as outlined in Section XIV.

## **2. Eligibility of Competitors**

- (a) Provincial Sport Organizations choose the age group of athletes to attend the BC Games. Generally, they are under 18 and are athletes who have potential to move beyond local competition to higher-level competition.
- (b) Due to the level or age of athletes, some Provincial Sport Organizations have restricted the eligibility of competitors beyond those outlined in this section. Please refer to Section XIV for specific information on each sport.
- (c) Athletes or teams competing in the BC Games must be approved by their respective Provincial Sport Organization.
- (d) The date for determining athlete ages for all events in a sport shall be July 15, 2004, unless otherwise specified by the Provincial Sport Organization in the sport-specific rules in Section XIV.
- (e) The BC Summer Games shall be open to individuals whose permanent residence has been the Province of BC for at least three months immediately prior to the BC Games. Athletes who live and attend school outside the Province of BC, but who train in BC, are not eligible to compete in these Games.
- (f) Each athlete, coach and manager shall compete only for the zone in which they make their permanent residence. Exception: Students attending school on a full-time basis in a zone other than that of their permanent residence may compete for that zone with the written permission of the BC Games Event Manager. Any other exception must also have the approval of the BC Games Event Manager.
- (g) Each athlete, coach, and manager may participate in only one sport at the BC Games.

## **3. Degrees of Financial Support**

All sports competing in the BC Games will receive equal recognition in the areas of:

- Publicity
- Medals

- Commemorative items
- Provision of sport facilities for competition
- Inclusion in the official Ceremonies and other social events organized by the Host Community.

In addition to the above, all sports in the BC Games will be provided with transportation, accommodation, and meals for a predetermined number of athletes, coaches, managers and officials.

#### **4. Athlete Registration Fee**

A registration fee of \$50.00 for each athlete will be assessed for the BC Games. The registration fee is waived for coaches, managers, chaperones, and officials.

Sixty days prior to the registration deadline, the BC Games Society will invoice each Provincial Sport Organization for their total athlete allotment (i.e. if your sport is allowed a maximum of 100 athletes, they will receive an invoice for 100 x \$50 or \$5000). Registration fees are due from the PSO on the registration deadline day. A refund will be forwarded from the BC Games Society within 30 days of the Games completion to the PSO for athletes who do not attend. It is the responsibility of the PSO to collect registration fees from athletes.

#### **5. Transportation**

Chartered bus or air transportation will be arranged from zone pick up points for arrival in Abbotsford on Thursday, July 15. Charters will depart from Abbotsford in the afternoon and evening of Sunday, July 18. Alcohol consumption and smoking are NOT permitted on BC Games transportation. Bus drivers have the authority to remove any passengers from BC Games transportation who do not comply with these regulations. The time and location of departures will be sent to all participants after June 14, 2004 when all registrations have been received and processed. No cash equivalents will be issued for alternative modes of transportation.

Teams/groups wishing to travel to and from the BC Games from one location must indicate their city of preference in the space provided on the registration form. If this option is selected, individual participants are responsible for their transportation to/from the pick up/drop off location. Coaches are responsible to discuss the implications of team travel with the parents of their athletes.

**Example:** Teams/groups requesting team travel from Kelowna (where team/group members are coming from Kelowna, Kamloops, Vernon, etc.) means that those people outside the Kelowna area will be responsible for their own transportation to and from Kelowna. All information mailed from the BC Games Society will indicate travel arrangements to and from Kelowna.

#### **6. Accommodation**

- (a) All participants under 19 years of age residing outside of School District No. 34 are required to stay in BC Games accommodation. All athletes under 19 years must be properly chaperoned. See section on Chaperones (V-9).
- (b) Athletes 19 years and over and those residing in School District No. 34 have the option of staying in BC Games accommodation or securing

alternate accommodation at their own expense. Athletes who elect to provide their own accommodation will be responsible for: (i) the cost of alternate accommodation, (ii) supplying their own breakfasts and dinners, and (iii) providing their own transportation while at the BC Games. The accommodation choice of every athlete must be indicated on the BC Games Registration Form (see Section V11(b) for Registration Deadline). Those choosing BC Games accommodation are expected to stay in for the duration of the Games and will be removed from competition should they not fulfill their commitment.

- (c) Athletes with a disability and their support personnel have the option of staying in BC Games accommodation or securing other accommodation at their own expense as outlined in paragraph (b) above. Athletes with a disability and their support personnel, who choose alternate accommodation at their own expense, will still have access to breakfasts and dinners in the BC Games cafeteria(s) at no cost.
- (d) Coaches and managers who accompany teams or individual athletes under 19 years of age are required to stay with them in BC Games accommodation in a supervisory capacity. Coaches and managers of teams or individual athletes 19 years of age and over are given an accommodation option as outlined in paragraph (b) above.
- (e) Officials for each sport who are 19 years and over have the option of staying in BC Games accommodation (for three nights) or securing alternate accommodation at their own expense. If officials choose to stay in alternate accommodation they will be provided with BC Games meals and transportation. Officials who are under 19 must stay in BC Games accommodation and must have an adult stay with them in a supervisory capacity.
- (f) Note: Some sports may require all participants to take BC Games transportation and/or stay in BC Games accommodation (see sport-specific rules in Section XIV).

## **7. Meals**

Breakfasts and dinners will be served for the athletes, coaches, managers, and chaperones staying in BC Games accommodation. Meal times and locations will be outlined upon arrival at the BC Summer Games. Meals for officials will be arranged as per Section V-6(e). Lunches will be delivered to the competition site for all athletes, coaches, managers, officials, and chaperones.

## **8. Coaches and Managers**

Duties: In addition to the regular coaching and managerial duties, coaches and managers are expected to travel with their athletes on BC Games transportation and stay with them in BC Games accommodation in a supervisory capacity.

## **9. Chaperones**

- (a) Chaperones may only be added to the zone team complement when:
  - (i) the coach and manager (Role Code C or M) are of the opposite gender as the athletes. For example, a male coach and a male

manager are attending the BC Games with a female team; if none of the members of the team are over the age of 19, then a female chaperone must be added, where permitted by sport-specific rules (see Section XIV).

- (ii) if a team or zone is made up of athletes under the age of 19 and the sport rules allow for only one coach, then a chaperone must be added to accompany those athletes not chaperoned by the coach. For example, if the coach is female, then a male chaperone must be added.
- (b) Chaperones must be a minimum of 19 years of age.
- (c) Duties of the Chaperone: Chaperones must also reside in BC Games accommodation with their zone in a supervisory capacity. They are also expected to travel to and from the BC Games with their zone athletes.

## **10. Officials**

The head official is that individual responsible for the judging of an event and who has the power to render a decision for the duration of the contest. In accordance with the BC Games Society policy, no officials will be paid a fee by the BC Games for their services. Transportation, accommodation, and meals will be provided for a predetermined number of officials or delegates for each sport as outlined in sport-specific rules in section XIV. These individuals will be named and contacted by the Provincial Advisor before June 14, 2004.

Delegates may be registered on the list of officials as long as the maximum number of officials allocated for the sport (see section XIV) is not exceeded. A delegate is an individual such as a Zone Representative or Provincial Sport Organization President who has been actively involved in the administration and organization of their sport's involvement in the BC Summer Games. The Provincial Advisor must ensure that the officials (referees, umpires, etc.) have been appointed before naming any individual as a delegate.

Individuals registered as officials who are under 19 are required to stay in Games accommodation and are required to have an adult stay with them in a supervisory capacity.

## **11. Entry Deadlines**

- (a) Zone Qualifications: Consult the Zone Representatives for local qualification dates. Check early for respective deadlines with the Provincial Sport Organization. Zone qualification dates are determined by each sport. See section XIV for sport-specific rules.
- (b) Registration of Games Athletes: The BC Summer Games Registration deadline of *Monday, June 14, 2004*, must be strictly adhered to. The official registration forms will be mailed in January to the Zone Representatives listed for each sport (or the Provincial Advisor if no Zone Representatives are listed) and must be used by each sport to list the names, addresses, etc. of all athletes, coaches, managers, and substitutes from each zone.

The Zone Representative should ensure the forms are complete and mail the registration forms to the BC Games Society immediately after the zone

qualification event – do not wait until June 14, 2004 to complete forms if athletes have qualified prior to the deadline.

The BC Games Society will mail a Guide to the Games containing information regarding transportation, accommodation, check-in and accreditation, ceremonies, etc. directly to each individual registered.

- (c) **Registration of Officials:** The Provincial Advisor will be sent the Registration Forms to list the predetermined number of officials for their sport. The forms should be sent directly to the BC Games Society in Victoria so they are received by June 14, 2004.
- (d) **Accreditation Centre:** The Accreditation Centre location will be determined by the Host Community and the BC Games Society. Individuals should check in at the Accreditation Centre as soon as they arrive. No one will be allowed to obtain another participant's accreditation information. All participants in the BC Summer Games must personally check-in at the Accreditation Centre by 7:00 p.m. on Thursday of Games weekend. No one will be accredited to participate in the BC Summer Games after that time. For further details on the location of the Accreditation Centre and all rules governing registration, please contact the BC Games Event Manager.

## **12. Substitution**

- (a) **Competitors:** The list of competitors, substitutes and their events must be designated on the registration forms. Substitution for competitors may be made at the time of Accreditation in Abbotsford, only if the substitute has been previously listed as a substitute on the registration form by June 14, 2004. Under no circumstances will an athlete be allowed to substitute at the time of accreditation if their name does not appear as a properly registered substitute on the registration form.
- (b) **Coaches, Managers, Officials, and Chaperones:** Coaches, managers, and officials may be substituted for those previously submitted, upon accreditation in the Host Community. The total number of coaches and managers may not exceed the number stated in sport-specific rules (see section XIV).

## **13. "Replacement" Teams (Team Sports)**

When one or two of the eight zones are missing representation from a team sport (as defined below), it is possible for that sport to register one "replacement team" from the Host Zone to round out the competition. In such circumstances, the following conditions will apply:

- (a) Team sports are defined as those whose entire zone complement is involved in a single team, competing against other zones, and where there are no individual events as a part of the BC Games tournament.
- (b) The replacement team athletes and coaches must be fully eligible as outlined in Section V-2 of the Rules and the sport-specific rules in section XIV.
- (c) The replacement team must be comprised of athletes and coaches who competed in the zone qualifications.

- (d) All replacement teams must be approved by the Provincial Advisor and the BC Games Event Manager.
- (e) The replacement team must be registered on BC Games registration forms and submitted to the BC Games Society office within six (6) working days of the Registration Entry Deadline (see Section V-11(b)).
- (f) Replacement teams will only be accepted from the host zone.

#### **14. Wildcard System (Individual Sports)**

The Wildcard System for individual sports was introduced for the following reasons:

- To allow Provincial Sport Organizations to bring a few extra top athletes who would otherwise not qualify from their zones.
- To maintain the established BC Games gender balance for each sport.
- To maintain the commitment to province-wide sport development on a zone-by-zone basis.

The number of wildcards for each sport will be determined as follows:

- Generally the total number of athletes for each individual sport will be divided by 9.
- Each zone will be allocated the same number of athletes.
- Where the division described above results in a fraction, the Provincial Sport Organization Provincial Advisor and BC Games will determine the number of spots allocated as wildcards. (i.e.  $70/9=7.778$ . Each zone could be allocated 7 spots leaving 14 wildcard spots or each sport could be allocated 8 spots leaving 6 wildcard spots).
- Where a zone does not fill all of its allocated spots, those unfilled spots cannot be converted to wildcard spots.
- Athletes are required to compete for the zone they live in (with exceptions noted in section V(2)).
- The male/female split for wildcard spots will reflect the male/female split in the total allocation of athletes for the sport. (i.e. if the sport has a 70/30 split of females/males in their total allocation of athletes for the Games the wildcards should be allocated 70% to females and 30% to males). See Section XIV for sport-specific rules.

#### **15. Protests**

- (a) Sport Chair: Team lists are available at sport venues through the Sport Chair. Any protests concerning eligibility of players must be directed in writing to the Sport Chair prior to the commencement of the game or event in question. The BC Summer Games Jury will have the final decision concerning eligibility protests.

All official protests must be concisely written, prepared in duplicate, and one copy presented to the BC Summer Games Sport Chair immediately after the head official has signed the official Results Sheet. The second copy of

the protest must be forwarded to the Games Results Centre. The time and date must appear on the protest. Protests should only be presented and signed by the coach or manager.

- (b) Sport Jury: Once a protest is deposited, the Jury appointed for the sport shall meet and render a decision. This Sport Jury shall be made up of at least three officials who have been appointed by the Provincial Advisor of the Sport Organization concerned (not to include athletes, coaches or managers).

The decision of the Sport Jury must be made within one hour of the original protest. One copy of the decision of the Sport Jury is to be posted at the competition site and one must be forwarded to the Games Results Centre. The time, date, and signature of the Sport Jury must appear on the decision.

Only those individuals designated as officials for their sport are eligible to serve on the Sport Jury. The three individuals appointed to the Sport Jury do not receive transportation, accommodation, and meals in addition to the number of officials allocated to each sport.

- (c) BC Summer Games Jury: The decision of the Sport Jury may be appealed within one hour after the posting of the decision by the Sport Jury. In this case, a written appeal signed by the coach or manager, will be presented to the BC Summer Games Jury. This Jury shall be made up of three of the following: Abbotsford 2004 BC Summer Games Society Director for Sport, the Games Operations Manager, an Abbotsford 2004 BC Summer Games Society Director, the BC Summer Games Event Manager, and one member of the Sport Jury. The decision of the BC Summer Games Jury will be posted at the competition site of the sport concerned and also at the Games Results Centre. The decision of the BC Summer Games Jury will be final.

It is not the purpose or intent of the BC Summer Games Jury to alter decisions made by the official in charge during a game or individual event. The BC Summer Games Jury becomes involved in protests concerning eligibility of a player or players, changes in schedule, etc.

## **VI. Awards**

### **1. Commemorative Items**

The Abbotsford 2004 BC Summer Games Society will present each athlete, coach, manager, and official with a specially designed commemorative item attesting to their participation in the BC Summer Games.

### **2. Medals**

Gold, Silver and Bronze medals specially cast for these BC Summer Games will be awarded to each individual and/or official member of a team having competed and placed in an event at the BC Summer Games as follows (unless otherwise specified in sport-specific rules see Section XIV):

- When there are four or more competitors or teams, Bronze, Silver and Gold medals will be awarded.

- When there are three competitors or teams, Silver and Gold medals will be awarded.
- When there are two competitors or teams only a Gold medal will be awarded.

Medals will be presented in the following order:

Bronze Medal	Third Place
Silver Medal	Second Place
Gold Medal	First Place

### **3. Zone Medal Standings**

Zone medal standings will be tabulated and published by the BC Games Society on the BC Games website at [www.bcgames.org](http://www.bcgames.org).

## **VII. Equipment**

### **1. Sports Equipment**

All equipment used during the BC Games must meet the specifications of the governing Provincial Sport Organization.

Individuals and/or teams must supply their own practice balls or equipment.

### **2. Uniforms**

Uniforms are the responsibility of each individual or team. All athletes must be properly attired for their sport. Cut-off jeans, etc., will not be acceptable during competition or medal presentations.

Sport Organizations may not have sponsor logos on uniforms, clothing and/or pinnies that conflict with the BC Games Society Corporate Partners. The BC Games Society logo may be used on the item only if sponsor logos are not included and only as specified by the BC Games Society. All uniforms with logos or markings require prior approval of the BC Summer Games Event Manager.

### **3. Zone Colours**

Colours have been established for each zone for purposes of identification in various matters. These colours are not compulsory for uniforms if the individuals or teams have others they wish to use or if the sport is played in “whites”.

It would be appreciated if each Sport would attempt to incorporate their zone colour in some manner to help identify their competitors. It would also be acceptable for individuals or teams to display their city or town affiliation.

#### **Zone Colour Designations:**

- Zone 1 – Yellow (Kootenays)
- Zone 2 – Red (Thompson-Okanagan)
- Zone 3 – Light Blue (Fraser Valley)
- Zone 4 – Orange (Fraser River-Delta)
- Zone 5 – Dark Green (Vancouver-Squamish)

Zone 6 – Light Green (Vancouver Island-Central Coast)  
Zone 7 – Purple (North West)  
Zone 8 – Dark Blue (Cariboo-North East)

#### **4. Medical Equipment**

Each individual or team is to supply their own basic training and medical supplies such as tape, elastic wraps, cold packs, etc. There will be fully qualified first-aid personnel at each sport location to treat any injuries sustained during competition.

### **VIII. Official Ceremonies**

#### **1. Opening Ceremony**

The official Opening Ceremony will be held in the early evening of Thursday, July 15 for all sports competing in the BC Summer Games. A Welcoming Banquet for all athletes, coaches, managers, and designated officials will precede the Opening Ceremony.

All competitors, coaches, managers, officials, and chaperones are expected to attend and must register at the Accreditation Centre before 2:30 p.m. on July 15 in order to receive accreditation badges, information regarding their competition, and information on the Opening Ceremony.

Athletes should plan to wear their uniform or competition outfit for the “Parade of Athletes” at the Opening Ceremony.

#### **2. Closing Ceremony**

An official Closing Ceremony will be held in the early afternoon of Sunday, July 18.

### **IX. Security Control**

All accommodation, sport, and Games sites will be security controlled for the protection of participants, for the duration of the BC Summer Games. Exemplary conduct is expected of all participants and any behaviour thought to be contrary to the spirit of the BC Games or any violation of curfew regulations, as outlined in the Guide to the Games, will result in appropriate disciplinary action.

Any damages to a BC Games venue due to the actions of a participant(s) will result in disciplinary action and/or financial restitution by the participant(s) involved and/or their Provincial Sport Organization.

During the Games, any athlete, coach, manager, chaperone, or official found to be under the influence of, or in possession of, drugs or alcohol, will be subject to appropriate disciplinary action.

Abuse of any BC Games rules by participants in any sport may result in suspension of that sport from future BC Games.

## **X. Insurance**

As a condition of entry into, or volunteering at, the BC Summer Games, it must be understood that the participants and volunteers enter entirely at their own risk, and will not hold the BC Games Society, the Abbotsford 2004 BC Summer Games Society, the BC Government and the BC Games Society staff, their agents and volunteer workers responsible for injury, loss or damage occurring during the 2004 BC Summer Games.

The Abbotsford 2004 BC Summer Games Society, the Government of BC and the BC Games Society do not assume responsibility for loss of wages, medical, dental or hospital care for athletes, coaches, managers, chaperones, officials, or volunteers during the 2004 BC Summer Games.

## **XI. Interpretation and Amendments**

The interpretation of the rules, principles, responsibilities, and procedures laid down in this BC Summer Games Rules Book and the amendment to the whole or any of its parts, shall be the responsibility and prerogative of the BC Games Society and the President and CEO.

## **XII. BC Games Harassment Policy**

There will be no tolerance of harassment by the BC Games Society.

The BC Games Society is committed to providing a sport, work, and volunteer environment in which all individuals are treated with respect and dignity. Each individual has the right to participate and work in an environment which promotes equal opportunities and prohibits discriminatory practices.

The BC Games Society has a harassment policy which all participants are expected to abide by. A copy of this can be obtained from the BC Games Society office.

## **XIII. Sponsorship Policy for Markings on Team Uniforms and Team Sport Bags**

### ***Specifications for Team Uniforms:***

A maximum of two (2) supporters that do not conflict with the BC Games Corporate Partners, are allowed per uniform. The size of the supplier's name or trademark logo must not exceed 60cm<sup>2</sup>. The combined total of all uniform supporters' names or trademarks must not exceed 120cm<sup>2</sup> per uniform.

### ***Specifications for Team Sport Bags:***

A maximum of two (2) supporters that do not conflict with the BC Games Corporate Partners, are allowed per sport bag. The size of the supplier's name or trademark logo must not exceed 200cm<sup>2</sup>. The combined total of all supporters' names or trademarks must not exceed 400cm<sup>2</sup> per sport bag.

The BC Games Society reserves the right to approve all sponsorship markings prior to participation at the Games.

**All rules are subject to change without notice.**

## XIV. Sport Rules, Contacts and Previews

### Abbotsford 2004 BC Summer Games Preview

#### ***The Culmination of Development***

*The Abbotsford 2004 BC Summer Games, July 15-18, will feature younger and better athletes than ever in the history of the BC Summer Games. The change is significant, even from the 2000 BC Summer Games in Victoria, which had a record number of athletes under the age of 18 (average age of athletes was 19) and the 2002 BC Summer Games in Nanaimo where the average age of athletes was 16. It is anticipated that the average age for athletes at the Abbotsford 2004 BC Summer Games will be 14½.*

*The rise in the skill levels of the athletes is also striking. While eligibility restrictions kept many of the better athletes away from the 2000 and 2002 BC Summer Games, all sports have now removed restrictions; therefore, Abbotsford will see the best young athletes in all sports, before they move on to higher levels of competition.*

*"It is the vision of the BC Games Society that all BC athletes who go on to compete in Olympic and Canada Games first attended the BC Games. The inclusion of younger, better athletes in the BC Games makes this a greater likelihood. By offering them the preparation that only a multi-sport games can provide, the BC Summer Games is an integral step in the development of athletes across the province," said Tony Fiala, Co-Chair of the BC Games Society.*

*Despite the fact that full compliance with the younger, tighter age ranges set out in the BC Games Core/Optional Sport criteria was not required until the 2004 BC Games, many sports made changes in this direction beginning in 2000. And we are already seeing the results. Forty-three percent of the 2002 U-19 Provincial Field Lacrosse team members are BC Summer Games alumni. After only two years in the BC Games, triathlon (debuted in 2000) has already seen BC Games medallists represent Canada at the ITU Triathlon World Championships. At the 2003 Sport BC Athlete of the Year Awards many of the nominees and award recipients were BC Games alumni. Of the five nominees in the Male High School Athlete category, two had attended the BC Games and a third, the recipient of this award, had tried out but did not qualify due to consistent tough competition for places on the BC Games zone teams (in Athletics). All five of the nominees in the Female High School Athlete category had competed in the BC Summer Games. Eight of the 18 Junior High School nominees had participated in the BC Games and in the University and College Athlete categories two of the three finalists in each category had been to a BC Games.*

*Through the Core/Optional Sport Application process, sports had to demonstrate that they use the BC Games as an integral part of their athlete development in order to be included in the 2004 BC Summer or BC Winter Games. And their ability to deliver has an impact on their participation in future Games – sports will be evaluated after the 2004 BC Games to determine if they will be included in 2006. But many sports went beyond just meeting the requirements of the Core/Optional Sport Application criteria, and rose to the challenge of the vision of the BC Games Society. For these sports, the BC Summer Games are now a direct stepping stone, and even a qualifying event, for higher levels of competition. For example, in Soccer the BC Summer*

*Games will be a vital step in the development of the U14 Provincial Team. Every player participating will have the opportunity to display his or her talent and be assessed by the coaches who are searching for players to help form the British Columbia U14 Provincial Teams enroute to the 2005 National All Star Championships.*

*The development of officials and coaches through the BC Games was another criteria within the Core/Optional Sport Application process. In 2004, more than ever before, we will see higher qualified coaches at the Games as well as more training and development opportunities for both coaches and officials. Some sports (e.g. Volleyball and Field Hockey) are surpassing the minimum certification established by the BC Games Society (NCCP Level 1 Certification and Level 2 Theory). Some sports are also appointing coaches for the Games earlier, not only to foster coaching development, but to enhance the development of their athletes. Softball for example, will be selecting zone coaches this summer so that they can hold tryouts for their zone all-star teams over the summer and fall. Once teams are in place, the coaches will hold indoor camps throughout the winter in preparation for the BC Summer Games in 2004. The training their athletes get as part of a club team will augment the training they get as part of the all-star zone team. For many sports, the BC Summer Games are an additional opportunity for coach education and training. And some sports (e.g. Triathlon and Sailing), will bring new and less experienced coaches to the Games in order to provide them with a multi-sport games experience, practical coaching experience, and the opportunity to work along side, or be mentored by, more experienced coaches.*

*Athletes will come from all corners of the province to participate in Abbotsford next summer. "We take the "BC" in our name seriously and, as a result, require that sports field teams/athletes from six of the eight zones in order to maintain their status in the BC Games" says Kelly Mann, President and CEO of the BC Games Society. Allocations of athletes not filled by that zone are not given to other more populated or highly contested zones but remain unfilled, encouraging sports to focus on regional development. An example is Rugby. With the inclusion of girls' rugby for the first time in 2004, the BC Rugby Union is using the BC Summer Games as a catalyst to develop girls' rugby throughout the province – making the goal of bringing at least six zone teams a top priority.*

*New sports to watch at the 2004 BC Summer Games in Abbotsford are Golf (14-15 years old boys and girls), Rhythmic Gymnastics (10-12 year olds), in Cycling athletes with a disability will compete, and the girls will be joining the boys at the BC Summer Games for the first time in Rugby (Under 17 year old girls).*

**Media Contact**

*Irene Schell, Event Manager, BC Games Society,  
(250) 356-3012, irenes@bcgames.org, www.bcgames.org*



## Archery

### Age

14-15

14 years old as of first day of the Games – July 15, 2004, or 15 years of age as of January 1, 2004.

### Venue

Fraser Valley Archers' Field (at Abbotsford International Airport)

### Eligibility Requirements

(In addition to Section V-2 of the Rules.) Whites or zone colours must be worn at the competition by all competitors. Archers must be members of the BC Archery Association to compete in the trials and in the BC Games.

The final balancing of teams shall be done by the Archery Provincial Advisor for the BC Summer Games.

### Events and Categories

Three-day event. Two Canadian 900 rounds over two days. The third day is an elimination round with the top four contenders in each category shooting for medals.

Male and female in the following:

Barebow, Compound and Recurve. Match play uses the standard format with a 122 cm target at 45m. Semi-finals - medal matches each at 12 arrows. Finals – shoot 3 arrow ends in 2 minutes; both athletes shoot together. FITA equipment failure rule will apply for match play.

### Medals:

Medals will be awarded in each category for the cumulative total for day one and two, as well as for the elimination match play round on day three.

### Zone Team Composition

Maximum of 6 competitors per zone (no more than 4 of one gender)

### Wildcards

In addition to the allocation per zone, 12 wildcard spots (no more than 8 of one gender) will be available to a maximum of 60 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### Coaches/Managers and Chaperones

Two coaches per zone, one of each gender.

### ***Coaching and Chaperoning***

The Provincial Sport Organization states that all coaches must be fully certified at NCCP Level I and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific Chaperone requirements.)

### ***Deadlines.....***

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Zone selection to be completed and entry lists submitted to the Provincial Advisor by June 11, 2004.

### ***BC Games Entry Deadline***

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., *Monday, June 14, 2004*. (Check procedure in Section V-11(b) of the Rules.)

### ***Accommodation***

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years who may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### ***Officials***

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 10 officials. (Check Section V-11(c) of the Rules.)

### ***Contacts***

#### **Provincial Sport Organization Advisor**

Susan Lemke  
28353 Starr Road  
Abbotsford BC V4X 2P5  
susan@universalrope.com

Res: (604) 607-1116  
Fax: (604) 607-1199

**Sport Chair**

Billie Graham  
35344 Sandyhill Cres.  
Abbotsford BC V3G 1H9  
graham1137@shaw.ca

Res: (604) 852-1137

**Assistant Sport Chair**

Simon Lau  
25147 - 59 Avenue  
Aldergrove BC V3W 1T4  
simon\_lau@vancity.com

Res: (604) 857-0810

**Zone Sport Representatives****Zone 1**

Vladimir Kopecky  
236 Kimbrook Crescent  
Kimberley BC V1A 3A7  
vkopecky@cyberlink.bc.ca

Res: (250) 427-7098

Fax: (250) 427-7098

**Zone 2**

Val Canham  
5545 Cooper Road  
Grand Forks BC V0H 1H4  
vcanham@telus.net

Res: (250) 442-2440

**Zone 3**

Gary Hornsberger  
100 Laval Street  
Coquitlam BC V3K 6N2  
gmhorns@shaw.ca

Res: (604) 525-0674

**Zone 4**

Paul Mackwood  
0096 – 641 Columbia Street  
New Westminster BC V3M 1A8  
mackmill@axion.net

Res: (604) 220-5646

**Zone 5**

Hugh MacDonald  
105 - 3520 West Broadway Avenue  
Vancouver BC V6R 2B6  
hibmacdo@hotmail.com

Res: (604) 733-8650

**Zone 6**

Tracy Klat  
1407 Walnut Street  
Victoria BC V8R 1Y7  
tklat@islandnet.com

Res: (250) 598-7615

**Zone 7**

Wanda Carlton  
Box 384  
Vanderhoof BC V0J 3A0  
wcarlton@uniserve.com

Res: (250) 567-4363

**Zone 8**

Flo Stern  
5530 Buckhorn Lake Road  
Prince George BC V2N 6B4

Res: (250) 963-7538  
Fax: (250) 963-0168

## **Archery Preview: Starting Them Younger**

*The age group for the 2004 BC Summer Games in Abbotsford (14-15 year olds) is the youngest and narrowest we have had in the BC Summer Games. And this group of athletes is the youngest we have at the beginning of their competitive careers. These athletes will be getting their first taste of the big picture for competitive archery.*

*The change in the requirements for the BC Games has led us to change the role the BC Summer Games has in our athlete development model. We are now looking at much younger athletes. The BC Summer Games will now be focused on athlete identification with the stresses of travel and routine disruption and coping skills being introduced at an earlier stage in an athlete's competitive career. These athletes could very well be looking at not having competed at any other major event, with the possible exception of the Provincial Junior Championships. Then they will have the opportunity to go beyond to higher levels of competition.*

*Our sport is unique in the fact that we compete for the duration of the Games. We start at 9:30 or 10:00 am on each of the three days and except for a lunch break we shoot until 3:00 or 3:30 in the afternoon, unlike sports where the athletes may actually only be on the competitive field for 2 hours or a portion of the event time. The BC Summer Games event is 2 days of competition and then a 1/2 day of eliminations.*

### **Zones to Watch**

*In general Zones 3, 6, and 8 are very strong. They have a wide base of junior shooters and a good support system. Zones 4, 5 and 7 will hopefully see some improvement in the next year.*

### **Qualifying Events**

*Each zone sets its own qualifying events, usually in association with a larger event. For example Zone 3 quite often hosts their trials with the Mountain Festival 900. Whereas Zones 7 and 8 hold trials specifically for the BC Summer Games.*

### **BC Games Alumni**

*Brittany McMillan (2002) - Premier's Athlete Achievement Award, Silver Medal 2003 Canada Winter Games, Sophie Roberts (2002) - Silver Medal Ladies Recurve Team Event, 2003 Canada Winter Games, Avery Murray, Silver Medal Ladies Recurve Team and Ladies Individual Event 2003 Canada Winter Games. John Gibson (2000) - 2002 National Target Champion, Lana Graham and Stuart Millar (1997) went on to attend the World Junior Championships. Susan Lemke (1980) (Port Moody) has twice shot in the top half at the World Championships, 1997 and 1999. Greg Durward (1996, 1997, 1998) (Salt Spring Island) shot for Canada at the worlds in 2001. Level 4 coach Doug Soar (1997) (Penticton) was one of Canada's coaches at the 1997 World Target Competition.*

### **Media Contacts**

*Zone 1-Vladimir Kopecky (250) 427-7098; Zone 2-Dennis Mrokwia (250) 837-2042; Zone 3-Gary Hornsberger (604) 525-0674; Zone 4-Paul Mack (604) 220-5646; Zone 5-Hugh Macdonald (604) 733-8650; Zone 6-Greg Durward (250) 537-0749; Zone 7-Wanda Carlton (250) 567-4363; Zone 8-Flo Stern (250)-963-7538*

## Athletics



### Age

14 - 15

*BC Athletics* – Born in 1989 and 1990.

13 - 30

*SportAbility Athletes* – 13 - 30 years of age as of July 15, 2004.

13 +

*Special Olympics* – Minimum age is 13 years as of July 15, 2004.

13 - 40

*Wheelchair Athletics* – 13 – 40 years of age as of July 15, 2004.

### Venue

Rotary Stadium

### Eligibility Requirements

(In addition to Section V-2 of the Rules.)

*BC Athletics* – All participants in the zone trials and the BC Games event must be registered members of BC Athletics. Check with the Provincial Advisor for details.

*SportAbility Athletes* – Athletes must meet sport classifications and qualifying standards as determined by *SportAbility/CP* Sport Association of BC. Athletes must be in good standing with the *SportAbility/CP* Sport Association of BC. Athletes must be certified by PSO prior to the Games. Athletes may not attend more than two BC Games to compete in Athletics.

*Special Olympics* – Athletes must be registered with BC Special Olympics Society prior to the selection deadline. All athletes must have participated in a provincially sanctioned Special Olympics event in 2004. Athletes may not attend more than two BC Games to compete in Athletics.

*Wheelchair Athletics* – Athletes must meet sport classifications and qualifying standards as determined by BC Wheelchair Sports Association. Athletes must be in good standing with BC Wheelchair Sports Association. Athletes may not attend more than two BC Games to compete in Athletics.

## Events and Categories

### BC Athletics:

<u>Girls:</u>	100 m	80 m	Hurdles*
	200 m	300 m	Hurdles**
	400 m		High Jump
	800 m		Long Jump
	1500 m		Triple Jump
	3000 m		Pole Vault
	1500 m	Race Walk	Shot Put (3 kg)
	1500 m	Steeplechase	Discus (1 kg)
	4x100 m	Relay	Javelin (600 g)
	4x400 m	Relay	Hammer (3 kg)

Pentathlon will take place over two consecutive days, in this order: 80 m hurdles, high jump, shot put, long jump, 800 m.

\* 80 m hurdles: 8 hurdles at .762 m (30"), distance to first hurdle is 12 m, distance between hurdles is 8 m, distance to finish is 12 m.

\*\* 300 m hurdles: 7 hurdles at .762 m (30"), distance to first hurdle is 50 m, distance between hurdles is 35 m, distance to finish is 40 m.

<u>Boys:</u>	100 m	100 m	Hurdles*
	200 m	300 m	Hurdles**
	400 m		High Jump
	800 m		Long Jump
	1500 m		Triple Jump
	3000 m		Pole Vault
	1500 m	Race Walk	Shot Put (4 kg)
	1500 m	Steeplechase	Discus (1 kg)
	4x100 m	Relay	Javelin (600 g)
	4x400 m	Relay	Hammer (4 kg)

Pentathlon will take place over two consecutive days, in this order: 100 m hurdles, high jump, shot put, long jump, 800 m.

\* 100 m hurdles: 10 hurdles at .840 m (33"), distance to first hurdle is 13 m, distance between hurdles is 8.5 m, distance to finish is 10.5 m.

\*\* 300 m hurdles: 7 hurdles at .762 m (30"), distance to first hurdle is 50 m, distance between hurdles is 35 m, distance to finish is 40 m.

### SportAbility Athletes:

Shot Put:		(Ambulatory)
Discus:		(Ambulatory)
Javelin:		(Ambulatory)
Track:	100 m	(Ambulatory and Wheelchair)
	200 m	(Ambulatory and Wheelchair)
	400 m	(Ambulatory and Wheelchair)

800 m (Wheelchair)  
1500 m (Wheelchair)

*Special Olympics:*

100 m	Long Jump
200 m	Shot Put
400 m	Mixed – 4x100 m Relay
800 m	

*Wheelchair Athletics:*

Divisions: T51, T52, T53, T54 Men and Women

Events:	100 m	800 m
	200 m	1500 m
	400 m	5000 m

Categories: T51 / T52 Men – all events  
T51 / T52 Women – all events  
T53 / T54 Women – all events  
T53 Men – 100 m, 200 m, 400 m  
T54 Men – 100 m, 200 m, 400 m  
T53 / T54 Men – 800 m, 1500 m, 5000 m

**Integrated Relay: 4 x 100 m**

BC Athletics athletes (one male and one female) and two athletes from Special Olympics, *SportAbility* and/or BC Wheelchair Sports.

**Equipment**

Maximum spike length is 7mm for the track and 9mm for the jumping runways and javelin.

*SportAbility* Athletes – helmets must be worn for all wheelchair track events.

**Medals**

Gold, Silver and Bronze medals will be awarded in all events for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place.

**Zone Team Composition**

*BC Athletics* – Maximum of 30 competitors per zone, 15 male and 15 female; three athletes for sprint events (100m and 200m), two athletes for all other events except one athlete only for race walk, steeplechase, pole vault, and hammer. One relay team per zone per relay event. Each athlete may compete in 3 events plus one relay. Athletes competing in the pentathlon may compete in that event only plus one relay.

*SportAbility Athletes* – Maximum 16 athletes.

*Special Olympics* – Maximum 16 athletes.

*Wheelchair Athletics* – Maximum 20 athletes (no more than 14 of one gender).

### Wildcards

#### *BC Athletics*

In addition to the allocation per zone, 48 wildcard spots (24 male and 24 female) will be available to a maximum of 288 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor. Wildcards will be used to fill up the events.

### Coaches/Managers and Chaperones

*BC Athletics* - 2 coaches/managers plus 2 chaperones (1 male and 1 female) per zone.

*SportAbility Athletes* – 1 coach and 2 assistant coaches/managers.

*Special Olympics* – 1 coach and 3 assistant coaches/managers (at least one of each gender).

*Wheelchair Athletics* – 1 coach and 3 assistant coaches/managers.

### **Coaching**

*BC Athletics* - all coaches must be fully certified NCCP Level 1 and have Level 2 Theory.

*Special Olympics* – all coaches must be NCCP Level 1 CSO certified and have Level 2 Theory.

*SportAbility Athletes* – all coaches must be fully certified NCCP Level 1 and have Level 2 Theory.

*Wheelchair Athletics* – all coaches must be fully certified NCCP Level 1 Wheelchair, and have Level 2 Theory and Wheelchair Hybrid course.

Please note that the roles of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific Chaperone requirements.)

### **Deadlines.....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.)

*BC Athletics* states that all zone meets will be held no later than June 1, 2004. A minimal fee will be charged at the zone qualifying meets.

*SportAbility Athletes* – Athletes must submit a qualifying time/distance before June 1, 2004 to the Provincial Advisor.

*Special Olympics* – All selections will be determined by BC Special Olympics no later than June 14, 2004.

*Wheelchair Athletics* – Athletes must submit a qualifying time/distance before June 11, 2004 to BC Wheelchair Sports Association, in care of the Provincial Advisor.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

*BC Athletics* - Zone Representatives must submit their registration forms to the Provincial Advisor prior to June 6, 2004.

### **Accommodation**

*BC Athletics* requires all *BC Athletics* participants to stay in BC Games accommodation, including host zone participants. Athletes are required to be part of the BC Summer Games team from their arrival on Thursday until the end of the Games on Sunday.

*SportAbility Athletes, Special Olympics and Wheelchair Athletics* - Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years who may choose to reside in BC Games accommodation or book local accommodation. If they choose outside accommodation, they are responsible for any associated costs of that accommodation, and they are not eligible for BC Games internal transportation. BC Games will provide 3 meals per day as per the sports' bus and meal schedule.

*All Disciplines* - Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation, and meals, as arranged by the Host Community, will be provided for 34 officials. Allocation of officials will be 27 to *BC Athletics*, 2 to *SportAbility*, 2 to *Special Olympics Athletics*, and 3 to *Wheelchair Athletics*. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Diana Hollefreund  
5183 Rutli Meadows  
Victoria BC V8Y 1X7  
victrack@islandnet.com

Res: (250) 658-8023  
Bus: (250) 658-8023  
Fax: (250) 658-8023

#### **Assistant Provincial Advisor**

Shirley Young  
24 - 7330 - 122 Street  
Surrey BC V3W 1B4

Res: (604) 594-7990

**Sport Chairs**

Gerry Swan  
2447 Sugarpine Street  
Abbotsford BC V2T 3M7  
gswan@uniserve.com

Res: (604) 859-9801  
Fax: (604) 850-7880

**Zone Sport Representatives****Zone 1**

Dan Horan  
3577 Carnation Drive  
Trail BC V1R 2W4  
dhoran@telus.net

Res: (250) 368-5291

**Zone 2**

Heather Baptie  
3756 Mission Springs Drive  
Kelowna BC V1W 3M1  
baptie@shaw.ca

Res: (250) 717-8373

**Zone 3**

Brad Wallbank  
24262 – 102A Avenue  
Maple Ridge BC V2W 1X8  
zone3athletics@hotmail.com

Res: (604) 466-1100  
Fax: (604) 513-2013

**Zone 4**

Kathy Terlicher  
3328 Wellington Avenue  
Vancouver BC V5R 4Y2  
kdterlicher@shaw.ca

Res: (604) 433-1941  
Fax: (604) 438-2056

**Zone 5**

Dawn Copping  
2701 Byron Road  
North Vancouver BC V7H 1L9  
dcopping@telus.net

Res: (604) 929-3554  
Fax: (604) 929-3554

**Zone 6**

Tom Dingle  
8893 Marshall Road  
Sidney BC V8L 1J4  
tdingle@uvic.ca

Res: (250) 656-3341

**Zone 7**

Joe Galvin  
Box 142  
Telkwa BC V0J 2X0  
jgalvin@sd54.bc.ca

Res: (250) 846-5407

**Zone 8**

Bill Masich  
1111 Connaught Drive  
Prince George BC V2L 3X5  
bmasich@telus.net

Res: (250) 614-1406  
Fax: (250) 564-8725

**ATHLETICS - SPORTABILITY**

**Provincial Sport Organization Advisor:**

Maxine Clark  
6225 A 136 Street  
Surrey BC V3X 1H3  
a7b29040@telus.net

Res: (604) 599-9443  
Bus: (604) 599-5240  
Fax: (604) 599-5241

**ATHLETICS – SPECIAL OLYMPICS**

**Provincial Sport Organization Advisor**

Gregg Jennens  
210 – 3701 East Hastings  
Burnaby BC V5C 2H6  
gjennens@bcso.bc.ca

Bus: (604) 737-3082  
Fax: (604) 737-3080

**ATHLETICS – WHEELCHAIR**

**Provincial Sport Organization Advisor**

Gail Hamamoto Doré  
224 - 1367 West Broadway Avenue  
Vancouver BC V6H 4A9  
gail@bcwheelchairsports.com

Bus: (604) 737-3195  
Fax: (604) 737-6043

**Assistant Provincial Advisor**

Brad Skeats  
207 - 2130 West 12 Avenue  
Vancouver BC V6K 2N2  
bradcs74@yahoo.com

Res: (604) 828-0612

## **Athletics Preview: BC Team to the National Legion Camp and Juvenile Championships**

*The BC Games serve as a preview of the athletes likely to attend the Royal Canadian Legion Camp and National Juvenile (16-17) Championships the following year. In 2003, 70% of the BC juvenile team are expected to be Nanaimo 2002 BC Summer Games alumni.*

*The BC Games are for the top 14 and 15 year old athletes from each zone and have been, since the Summer Games began in 1978.*

*In addition, about 75% of our national team members from BC are alumni of the BC Summer Games, with recent alumni competing in the 2000 Canada Games, the 2001 World Championships, and the 2003 Western Canada Summer Games.*

### **BC Games Alumni**

*Olympic BC Games Alumni include Leah Pells (1978, 1979) (**Coquitlam**) 1992, 1996, 2000 Olympian; and **Zack Whitmarsh** (1991 and 1992) (**Victoria**) who competed in 2000 Olympics and holds the Canadian Junior record in the 800 metres.*

*Alumni with hopes for the next Olympics include Dylan Armstrong (throws) and Shane Niemi (400 metres) both from Kamloops.*

*Many officials and coaches get their first exposure to the multi-sport experience while at the BC Summer Games. Many alumni of the recent Victoria 2000 and Nanaimo 2002 BC Summer Games worked as officials at the 2001 World Championships in Edmonton and they will all be officiating at the 2002 Senior National Championships and 2004 Canadian Olympic Trials in Victoria.*

*BC qualifies more athletes to national teams per capita than any other province thanks to BC Athletics' Junior Development Program and to the high quality of coaching and officiating in this province.*

### **Zone Qualifying Meets**

*Qualifying meets will take place in May and June, 2003 at competitions organized by each zone rep.*

*Generally, young athletes are introduced to athletics at school and then move on to local club programs for more competition and increased training opportunities. They run in 'fun' cross-country and track events throughout elementary school and become more competitive in junior high school where the BC High School Championships are the goal of every athlete. Many school athletes compete for local track clubs and combine their training with other sports such as soccer, volleyball, triathlon, and cycling.*

### **Media Contact**

*Diana Hollefreund, Vice-Chair BC Athletics, (250) 658-8023  
victrack@islandnet.com*

## **Athletics – SportAbility Preview – From BC Games to National Championships**

*We will be sending 16 athletes. Athletes will be 13 – 30 years of age.*

*As part of SportAbility's athlete development model, athletes must attend the BC Summer Games in order to qualify for Nationals. Since the BC Games have both athletes that are able-bodied and disabled it provides a venue for athletes to be exposed to not only a high level of competition but also raises awareness that sports are accessible and beneficial for everyone. The BC Summer Games will be a chance for some of our athletes to showcase their talents and prepare for major competitions in the future.*

*Athletics is unique in that athletes with a disability are competitive in a variety of able-bodied sports.*

*Many of our athletes will be trying to qualify for the Paralympics in the future. We expect BC athletes to make up a substantial contingent of the Paralympic Canadian Athletics Team.*

### **Athletes to Watch**

*Two upcoming athletes we feel show great potential for the future and who will be attending the 2004 BC Summer Games are R.J. Daniels and Julia Leavitt. R.J. (18 years old) competes in wheelchair track events and Julia is an ambulatory track and field athlete, she is 15 years old.*

*Qualifying events include the BC Disability Games and the Dogwood Track Meet in Victoria. Canadian Athletics Nationals will be the next major event after the BC Games.*

### **Media Contact**

*Maxine Clark, Technical Coordinator, SportAbility, (604) 599-9443,  
maxclark@telus.net*

*Terrie Moore, Executive Director, SportAbility, (604) 599-4122,  
sportability@telus.net  
sportinfo@telus.net, www.cpsports.com*

## **Athletics – Special Olympics Preview: BC Games to Canada Games**

*Special Olympics is a world-wide program providing sports training and competition for people with a mental disability. Canadian Special Olympics is recognized by Sport Canada as the main provider of these services to people who have a mental disability. BC Special Olympics was incorporated in 1980 and now joins over a million athletes from over 170 countries throughout the world.*

*The BC Summer Games are an integral component of the BC Special Olympics Athlete Development Model as they act as one of the main qualifying events for future National and International Competitions including the Canada Games. Many of the athletes that you will have the opportunity to see in Abbotsford will be competing for spots on the BC Special Olympics Training Team for the 2007 Western Canada Summer Games and potentially the 2009 Canada Summer Games. The 2004 BC Summer Games are just one of the hurdles in the long qualification process for this prestigious honor and will undoubtedly showcase some of the best young talent Special Olympics has to offer.*

### **Athletes**

*Traditionally athletes from Zone 2, Zone 3, Zone 5 and Zone 6 have been right at the top of the medal podium at the BC Summer Games, a tradition that is not expected to change in Abbotsford.*

### **Coaches**

*Led by some of BC Special Olympics most experienced coaches the BC Summer Games are used as a stepping stone for coaches wishing to move onto higher levels of competition including Western Canada Summer Games, Canada Games and International competitions. The BC Summer Games are an excellent mentoring opportunity for some keen and enthusiastic coaches that will surely put on a show in Abbotsford.*

### **Media Contact**

*Gregg Jennens, BC Special Olympics, (604) 737-3082, Toll Free (888) 854-2276, Fax (604) 737-3080, gjennens@bcso.bc.ca, www.bcso.bc.ca*

## **Wheelchair Athletics Preview: BC Games and the Road to the Paralympics**

*BC athletes are quickly gaining on their Quebec and Ontario counterparts in national competition, and the BC Games are the reason why.*

*At Canada's biggest international meet, the Toronto Challenge, serving also as the national championships, BC raised eyebrows by fielding 12 competitors, a team size comparable to only Quebec and Ontario.*

*The sport of Wheelchair Athletics has experienced tremendous growth over the past five years. BC Wheelchair Sports is supporting this growth through initiatives such as the "Have a Go" events for beginners at rehab centres, by offering a unique racing chair loan program, and sending athletes to the BC Summer Games.*

*"The BC Summer Games are the most prestigious competition for all our athletes before they qualify for the Western Canada Summer Games or Canada Games, and then on to the Paralympics." said Gail Hamamoto Dore, BCWSA provincial advisor to the BC Games.*

*The BC athletes also have a great opportunity to develop their racing talents through the annual WC Race Series – a 10 event series of road and track events. Athletes have the opportunity to participate in events such as the Vancouver Sun Run 10km and the Dogwood Track Meet in Victoria. .*

### **Athletes and Coaches to Watch**

*BC Games athletes are usually in their second or third year of racing, and have demonstrated talent in the BC Wheelchair Race Series.*

*Athletes to watch from the 2003 season include Matt Pregent (Vancouver, Zone 5), Gene Wey, (Victoria, Zone 6), Randy Freiheit (Kelowna, Zone 2), and Dave Calver (Kamloops, Zone 2).*

*The Vancouver Island-Central Coast (Zone 6) Team will be strong due in part to the work of coach Peter Lawless (Victoria, Zone 6). Peter coached at the 2000 and 2002 BC Summer Games and at the 2001 Canada Games.*

*The Thompson-Okanagan (Zone 2) Team is one to watch at the 2004 BC Summer Games.*

### **Alumni**

*Most top BC athletes are BC Games alumni. They include: Kelly Smith (1997, 1998) (**Vancouver**), 10<sup>th</sup> in the marathon 2000 Sydney Paralympics and 5<sup>th</sup> in the 2003 Boston Marathon; Karen March (2000, 2002) (**Mill Bay**), top eight finishes at the IPC World Championships; Kiran Aujlay (2000, 2002) (**Vancouver**) 2001 Canada Games Silver Medalist, 2002 WC Race Series Champion.*

### **Media Contacts**

*Gail Hamamoto Dore, BCWSA BC Games advisor, (604) 737-3195 (ext 2),  
gail@bcwheelchairsports.com  
Judy Joseph, BCWSA media liaison, mobile (604) 788-5609,  
sportsreports@shaw.ca*



## **Baseball**

### **Age**

**Under 16**

14-15 years old as of December 31, 2004.

### **Venue**

Exhibition Park/Delair Park

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Teams must be members of Baseball BC or a member association. A minimal entry fee may be charged at the zone selections.

### **Events and Categories**

Tournament draw to be made by the Baseball BC Summer Games Committee with approval of Baseball BC.

### **Zone Team Composition**

16 competitors per zone. In addition to the team, Baseball BC stipulates that a maximum of 10 names may be submitted as substitutes from within their zone.

### **Coaches, Managers and Chaperones**

2 coaches and 1 manager per zone.

### **Individual Participation**

One team per zone.

### **Coaching**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Technical by June 1, 2004. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific Chaperone requirements.)

### **Deadlines.....**

**Zone Selections:** (Check Section V-11(a) of the rules and following sections on zone information.)

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 22 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Rob Arnold  
200 - 1367 West Broadway Avenue  
Vancouver BC V6H 4A9  
rob.arnold@baseball.bc.ca

Bus: (604) 737-3037  
Fax: (604) 737-3098

#### **Sport Chair**

Lorne Fuller  
34567 Eton Cres.  
Abbotsford BC V2S 4W4  
ld-fuller@shaw.ca

Res: (604) 850-0277  
Bus: (604) 870-6891  
Fax: (604) 850-5838

#### **Assistant Sport Chair**

Richard Newton  
1905 Lynn Avenue  
Abbotsford BC V2S 1C7  
worksafely1@telus.net

Bus: (604) 852-7143

### **Zone Sport Representatives**

#### **Zone 1**

Rick Brown  
PO Box 305  
Trail BC V1R 2G2  
ricbrown@look.ca

Res: (250) 364-1435  
Bus: (250) 364-4930  
Fax: (250) 364-4213

**Zone 2**

Bill Featherstone  
3955 Phillips Road  
Vernon BC V1B 3H6  
wffinancial@shaw.ca

Res: (250) 260-3917  
Fax: (250) 260-3964

**Zone 3**

Mike Kelly  
16102 - 80A Avenue  
Surrey BC V3S 8B5  
mike@ndbluejays.com

Res: (604) 543-0977  
Bus: (604) 469-4315  
Fax: (604) 460-1313

**Zone 4**

Randy Allen  
4820 Groat Avenue  
Richmond BC V7E 5E3  
dr.randallan@shaw.ca

Res: (604) 325-8232  
Bus: (604) 271-5326  
Fax: (604) 325-3858

**Zone 5**

Andrew Grant  
c/o PCI Group  
1700 - 1030 West Georgia  
Vancouver BC V6E 2Y3  
andrewpci@aol.com

Res: (604) 331-5212  
Bus: (604) 263-9162  
Fax: (604) 688-2328

**Zone 6**

Dave Wallace  
781 Terrien Way  
Parksville BC V9P 1S2  
dgv.jeandersonandassociates@shaw.ca

Res: (250) 758-4631  
Bus: (250) 248-2351  
Fax: (250) 758-4660

**Zone 7**

Roger Harris  
311 City Centre  
Kitimat BC V8C 1T6  
Roger.Harris.MLA@leg.bc.ca

Res: (250) 635-3400  
Bus: (250) 635-5414  
Fax: (250) 635-7675

**Zone 8**

Ken Wood  
2854 Alexander Cres  
Prince George BC V2N 1J7  
kenneth\_wood@telus.net

Res: (250) 561-1535  
Fax: (250) 562-2944

## **Baseball Preview: Preview of the Provincial Selects U-17 Team.**

The BC Games baseball tournament is a preview of many of the players that will appear on the 2005 Provincial Selects team. Early maturing athletes may already be taking part in the 2004 Provincial Selects Camp but most will be at the BC Summer Games.

For example, 11 out of the 18 players on the 2001 Canada Games team were BC Summer Games alumni, and 14 of the current 28 invites to the 2003 Selects Camp were at the 2002 BC Summer Games.

"This is a great opportunity to see the best Under 16 players from each zone," said Selects head coach Bill Green (Vancouver).

### **Athletes to Watch**

The strongest zones are Fraser Valley (Zone 3), and Vancouver Island-Central Coast (Zone 6), with the largest baseball-playing populations.

### **Alumni**

In addition to the Canada Games and Selects alumni above, BC Summer Games alumni are prominent in the following (number of BC Games Alumni vs total number of BC Players):

National Youth Teams since 2000:	8 of 27	30%
2003 College Players:	50 of 106	47%
2003 Independent Players:	2 of 4	50%
2003 Minor Leaguers:	7 of 18	39%
2003 Major Leaguers:	2 of 7	29%

### **Athlete development**

Players begin playing baseball at five years of age. They participate on a recreational basis for a number of years before entering into tournament-play at local and provincial levels. Competitive tournament play generally begins at age ten. Aspiring athletes compete for spots on local teams that challenge for provincial titles that are stepping stones to Western Canada, Regional and National tournaments.

The BC Games represents the entry level for athletes into the Baseball BC High Performance program. These athletes are evaluated at the BC Summer Games for Baseball BC's elite programs such as the BC Selects. This team competes in the Baseball Canada Cup on an annual basis. Our team has captured the National title six of the last eight years.

As the above statistics note, many of these athletes go on to represent Canada on National teams. As well, talented BC athletes find themselves advancing to the ranks of professional baseball.

### **Media Contact:**

Rob Arnold, Executive Director, Baseball BC, (604) 737-3037,  
rob.arnold@baseball.bc.ca, <http://www.baseball.bc.ca>



## **Basketball – Boys and Girls**

### **Age**

**Under 14**

Under 14 as of January 1, 2004.

### **Venue**

Mennonite Education Institute

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Competitors must be members of Basketball BC.

### **Events and Categories**

Tournament format to be determined by Basketball BC Summer Games Committee.

### **Equipment**

Size #6 basketball will be used for all girls' games.

Size #7 basketball will be used for all boys' games.

### **Zone Team Composition**

10 male competitors per zone and 10 female competitors per zone.

### **Coaches, Managers and Chaperones**

1 coach and 1 assistant coach/manager per zone team. For girls teams at least one must be female.

### **Individual Participation**

One boys' team and one girls' team per zone.

### **Coaching**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Theory. Please note that the roles of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the rules for specific chaperone requirements.)

## **Deadlines....**

**Zone Selections:** (Check Section V-11(a) of the rules and following sections on zone information.) Zone selection to be determined by Basketball BC.

### **BC Games Entry Deadline**

Registration forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 18 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Ross Tomlinson  
14380 Triangle Road  
Richmond BC V6W 1B1  
rtomlinson@basketball.bc.ca

Res: (604) 469-4488  
Bus: (604) 718-7856  
Fax: (604) 241-4663

#### **Sport Chair**

Barry Stewart  
23267 Chelsea Avenue  
Abbotsford BC V2S 1R8

Res: (604) 854-5084  
Fax: (604) 850-2260

#### **Zone Sport Representatives**

##### **Zone 1 – 8**

Contact Provincial Sport Organization Advisor

## **Basketball Preview – Identification for Future National Championships**

*BC Games are the introduction of elite basketball programs for Basketball BC. Players are identified for future National Championship and Centre for Performance opportunities through competition at the BC Summer Games.*

*Seventeen out of 24 players on the 2000-2001 BC U17 team were alumni from the 2000 BC Summer Games (U16).*

*BC Games has played a similar role in basketball for years, but as Basketball BC has expanded its elite programs to younger levels, it has lowered the BC Games age to help identify talent for our youngest provincial team.*

### **Athletes and Teams to Watch**

*Most players will come from Steve Nash Youth Basketball programs around the province. Players are not ranked at this age as they will be in their last year of elementary school or first year of high school, and have not yet played in Basketball BC provincial team programs or high school championships.*

### **Alumni**

*Steve Nash, Levon Kendall, Breanne Watson*

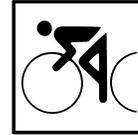
### **Athlete Development**

*Players start as young as six years old in Steve Nash Youth Basketball, practising or playing one to three times a week for an hour. By grade eight, athletes are practising three to four times per week during the season, plus games.*

### **Media Contact:**

*Ross Tomlinson, Basketball BC Provincial Advisor, (604) 718-7856, hoopsbc@basketball.bc.ca*

# Cycling



## Age

15 - 16

*Cycling BC* - males and females 15 – 16 years as of December 31, 2004.

14 - 30

*BC Blind Sports* - males and females 14 - 30 years as of December 31, 2004 (both athletes and pilots).

14 - 30

*SportAbility* – males and females 14 - 30 years as of December 31, 2004.

## Venue

Downes Bowl/Blueridge Road/Townshipline Road

## Eligibility Requirements

### *Cycling BC*

(In addition to Section V-2 of the Rules.) All competitors and coaches must be members of Cycling BC or hold a CCA racing licence by June 14, 2004. Zone reps and/or coaches will be required to present a valid cycling licence for each of their athletes at the BC Games on July 15, 2004.

Please note: Cycling BC has One-Event licences available for \$20 for those who do not hold a cycling licence.

### *BC Blind Sports*

Athletes must be members of the BC Blind Sports Association. Athletes and pilots may not attend more than two BC Games to compete in Cycling; exemptions require approval of both BC Blind Sports and the BC Games Society.

### *SportAbility*

Athletes must be a member of *SportAbility* Cerebral Palsy Sport Association of BC. Athlete classification must be verified by the PSO prior to the Games. Athletes may not attend more than two BC Games to compete in Cycling.

## Events and Categories

### *Cycling BC*

Road Race:	20 km - Females 40 km – Males
Off-Road Cross Country:	1 hour (15 – 16 year olds)

Time Trial: Composed of all Cycling BC zone team members, plus a tandem for each team. (Note: there is no longer “backfilling” of incomplete zones with riders from other zones.)

#### ***BC Blind Sports***

Tandem Road Race: 25 km  
Time Trial (optional): Up to 10 km

#### ***SportAbility***

Road Race: 10 km  
Time Trail: 5 km

#### ***Equipment***

All equipment must meet the parameters and specifications outlined in the UCI and Canadian Cycling Association Rule Books.

Competitors should note, mountain bikes fitted with road slicks may be used in the Road Race events of the Games.

Gear restrictions do not apply for the BC Games.

#### ***Medals***

Bronze, Silver and Gold medals will be awarded for each event and each category.

#### ***Zone Team Composition***

*Cycling BC* - Maximum of 6 competitors per zone (3 males and 3 females).

*BC Blind Sports* – 12 athletes and 12 pilots for 12 tandems. Pilots do not pay Athlete Registration Fees.

*SportAbility* – 6 athletes.

#### **Wildcards**

*Cycling BC*: In addition to the allocation per zone, 8 wildcard spots (4 male and 4 female) will be available to a maximum of 56 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor. Wildcard spots do not apply to Visually Impaired cyclists or *SportAbility* cyclists.

#### **Coaches/Managers and Chaperones**

*Cycling BC* - One coach and one manager (one of each gender) per zone.

*BC Blind Sports* – 2 coaches and 2 assistant coaches/managers (no more than 3 of one gender).

*SportAbility* – 1 coach and 2 assistant coaches/managers.

### **Coaching**

The Provincial Sport Organization states that all coaches must be fully certified at NCCP Level 1 and have Level 2 Theory. Please note the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Deadlines....**

*Cycling BC* – All zones must complete zone qualification events by May 31, 2004. All zones must submit registration forms to the Provincial Sport Organization by June 7, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 8 officials from Cycling BC, 2 officials from BC Blind Sports, and 2 officials from *SportAbility*. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Allan Prazky  
332 - 1367 West Broadway Avenue  
Vancouver BC V6H 4A9  
technical@cycling.bc.ca

Bus: (604) 737-3137  
Fax: (604) 737-3141

#### **Sport Chair**

Peg Wenting  
2475 Mt. Lehman Road  
Abbotsford BC V4X 2N2  
wentcyc@telus.net

Res: (604) 850-2901  
Bus: (604) 826-1411  
Fax: (604) 826-1445

**Assistant Sport Chair**

Norm MacLeod  
PO Box 3532  
Mission BC V2V 4L1  
madpig@telus.net

Res: (604) 826-3166

**Zone Sport Representatives**

**Zones 1, 2, 4, 7**

Contact Provincial Sport Organization Advisor

**Zone 3**

Bryan Moffatt  
2918 Walton Avenue  
Coquitlam BC V3B 2W3  
brynuts@hotmail.com

Res: (604) 464-1493  
Cell: (604) 833-4419

**Zone 5**

Peter Bant  
5653 Eagle Harbour Road  
West Vancouver BC V7W 1P4  
pbant@shaw.ca

Res: (604) 921-9474  
Bus: (604) 985-7425

**Zone 6**

Steve Lund  
3380 Joyce Place  
Victoria BC V9C 2G6  
coach@internationalcyclingcoaches.com

Res: (250) 883-1949

**Zone 8**

Pat Ferris  
11304 - 93 Street  
Fort St. John BC V1J 3K4  
blizzard@ocol.com

Res: (250) 785-3741  
Bus: (250) 785-3711  
Fax: (250) 785-3746

**CYCLING – SPORTABILITY**

**Provincial Sport Organization Advisor**

Terrie Moore  
6225A 136 Street  
Surrey BC V3X 1H3  
sportability@telus.net

Bus: (604) 599-5240  
Fax: (604) 599-5241

**CYCLING – VISUALLY IMPAIRED**

**Provincial Sport Organization Advisor**

Mike Lonergan  
235 – 5000 Kingsway  
Burnaby BC V5H 4V7  
mike@bcblindsports.bc.ca

Res: (604) 325-8638  
Fax: (604) 325-1638

## **Cycling Preview: The New Bridge from School League to BC Team**

*The 2004 BC Summer Games feature a new age group in Cycling, 15 and 16 year old racers (Cadet). Previously, juniors, seniors, and masters athletes attended the BC Games. This new age group will feature the best athletes from the BC High School Leagues, and up-and-coming racers looking to increase their skills, fitness and exposure.*

*A Canadian phenomenon unique to BC, the High School Leagues have more than 1500 registered high school racers, aged 11-17. Cycling is the first new sport added as an official high school championship in BC since snowboarding in 1993.*

*Cycling BC hopes to use the BC Summer Games, together with the Sprockids/PacificSport High School Camp each fall, to develop high school-aged athletes to compete in the Cadet and Junior categories of the BC Cup Series, and further, to the Junior Provincial Team.*

*"We want to take advantage of the high number of kids interested in cycling, and build on that excitement for the future, ensuring our place atop the podium." said Allan Prazsky, provincial coach and provincial advisor for Cycling to the BC Games.*

*Cycling in BC is enjoying a boom recently. Contributing to this excitement are the two Provincial BC Cup Championship Series, catering to Road and Mountain Bike racers of all levels, together with newly developed Learn To Race Clinics, aimed at entry level cyclists of all ages looking to get their feet wet in competition.*

*Two-time World Cross-Country Champion Roland Green hails from Victoria, with the majority of the National Cycling Team coming from BC. Cycling is a partner at two of the PacificSport Centres, Victoria and Abbotsford, established to further support up-and-coming racers in many facets of training.*

### **Games Alumni**

*Until recently, BC Games included masters and conflicted with several provincial team programs, so few top-level athletes attended unless they went at the very beginning of their cycling careers. These include Brian Walton, (Delta, Zone 4) 1996 Olympic Silver medalist; Melanie McQuade 1993 (Victoria, Zone 6) national team; Ryder Hesjedah 1995 (Victoria); Ivana and Kiara Bisaro 1995, 1996, (Zone 6) and Roland Green, two-time World Cross-Country Champion.*

### **Media Contact:**

*Allan Prazsky, Technical Director, Cycling BC, (604) 737-3137, [technical@cycling.bc.ca](mailto:technical@cycling.bc.ca), <http://www.cycling.bc.ca/>*

## **Cycling Visually Impaired Preview: Tandem Cycling At Its Best**

*The BC Summer Games are an important platform for competitive tandem cycling. Athletes will come from many areas of the province to participate in this premier event for blind athletes.*

*Although tandem cycling has its own road race and time trial, athletes will also compete in a collective relay race that allows integration not only between able bodied and athletes with a disability but also involves the many separate cycling disciplines.*

*The BC Summer Games is an important addition to other competitive tandem cycling events. Participants go on to compete in other provincial, national and international events, including the Paralympics.*

### **Media Contact**

Mike Lonergan, BC Blind Sports, (604) 325-8638, [mike@bcblindsports.bc.ca](mailto:mike@bcblindsports.bc.ca)

## **SportAbility Cycling Preview: Starting at the BC Games**

*For the first time in the history of the BC Summer Games, cycling for athletes with a physical disability from SportAbility (Cerebral Palsy Association of BC) will be included. Cycling for athletes with a disability differs very little from able-bodied cycling. Cyclists with a disability are governed by the same rules as able-bodied cyclists; all must hold valid UCI licences. The only difference would occur with the type of cycle used. Some athletes with disabilities do not have sufficient balance for a two-wheeled cycle, so they would use a tri-cycle.*

*Cyclists will come from all over the province to compete. Northern BC (Zone 7 and 8) and Vancouver Island (Zone 6) have the most proficient cyclists.*

*Two athletes to watch are Paul Jalbert of Prince George (Zone 8) and Ryan Arbuckle of Victoria (Zone 6). Paul has been cycling for a number of years but with the recent addition of the tricycle has been improving his times greatly. Ryan is a young up and coming star; his goal is the Paralympics. He plans to take 2004 off from school and focus totally on training.*

*The BC Summer Games is a qualifying cycling event for cyclists with a disability to compete in Canadian Cycling Association Nationals.*

### **Media Contact**

Maxine Clark, SportAbility, (604) 599-5240, [maxclark@telus.net](mailto:maxclark@telus.net)

## Diving



### **Age**

12-15

12 – 15 years as of December 31, 2004.

### **Venue**

Matsqui Recreation Centre

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Divers must be registered with CADA (Canadian Amateur Diving Association) or BCSSA (British Columbia Summer Swimming Association) and be eligible for the next Canada Games. The top 3 athletes at Age-Group Nationals in 2003 are not eligible to compete in the same category or group at the BC Games. Athletes that have attended the Canada Games are not eligible to compete at the BC Games. Athletes may only attend one BC Games to compete in Diving.

### **Events and Categories**

1 and 3 meter springboards. Categories C and B group divers.

Womens 1 metre springboard – 6 dives without limit (must cover 5 groups)

Womens 3 metre springboard – 6 dives without limit (must cover 5 groups)

Mens 1 metre springboard – 6 dives without limit (must cover 5 groups)

Mens 3 metre springboard – 6 dives without limit (must cover 5 groups)

### **Zone Team Composition**

Maximum of 6 competitors per zone (no more than 4 of one gender).

### **Wildcards**

In addition to the allocation per zone, 12 wildcard spots (no more than 8 of one gender) will be available to a maximum of 60 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### **Coaches/Manager and Chaperones**

1 coach and 1 assistant coach/manager per zone will be allowed to a total of 16. Chaperones will be added where necessary in consultation with the Provincial Sport Organization. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Individual Participation**

Each diver may compete in both the 1 metre and 3 metre events.

## **Coaching**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements).

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Zone qualification events to be completed by June 7, 2004. Zone qualification events must use the same rules regarding categories and events.

## **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., *Monday, June 14, 2004*. (Check procedure in Section V-11(b) of the Rules.)

## **Accommodation**

All competitors must stay in BC Games accommodation, regardless of where they live. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

## **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 10 officials. (Check Section V-11(c) of the Rules.)

## **Contacts**

### **Provincial Sport Organization Advisor**

Bev Boys  
2630 Dogwood Drive  
Surrey BC V4A 3K5  
bboys@telus.net

Res: (604) 538-6179  
Bus: (604) 541-9332  
Fax: (604) 541-9303

### **Sport Chair**

Cathie Melrose  
6651 Albion Way  
Delta BC V4E 1J1  
cmelrose@wcb.bc.ca

Res: (604) 594-7230

## **Zone Sport Representatives**

### **Zone 1**

Helga Logan  
Box 691  
Maryville BC V0B 1Z0  
llogan@cyberlink.bc.ca

Res: (250) 489-0221

### **Zone 2**

Steve Power  
304 Chetwynd Drive  
Kamloops BC V2H 1L7  
spower@urban-systems.com

Res: (250) 578-2611  
Bus: (250) 374-8311

### **Zone 3**

Marg Connors  
13545 - 24 Avenue  
Surrey BC V4A 2G6  
hightech@telus.net

Res: (604) 538-7515  
Fax: (604) 538-4141

### **Zone 4**

Pat Impellezzere  
6651 Albion Way  
Delta BC V4E 1J1  
c.melrose@wcb.bc.ca

Res: (604) 594-7230

### **Zone 4 Assistant**

Nadine Prygiel  
7297 - 116 Avenue  
Delta BC V4C 5S8  
prygiel@telus.net

Res: (604) 591-9392  
Fax: (604) 591-9390

### **Zone 5**

Allan Hungerschafer  
112 - 9151 No. 5 Road  
Richmond BC V7A 4T9

Res: (604) 272-3704

### **Zone 6**

Trevor Palmatier  
4636 Elk Lake Road  
Victoria BC V8Z 5M1

Bus: (250) 479-2400  
Fax: (250) 479-2451

### **Zone 6 Assistant**

Lisa Boog  
4636 Elk Lake Road  
Victoria BC V8Z 5M1

Bus: (250) 479-0330  
Fax: (250) 479-2451

### **Zone 7**

Calvin Grave  
544 - 8th Avenue  
Prince Rupert BC BC V8J 2M9

Res: (250) 627-4357  
Bus: (250) 627-7946  
Fax: (250) 627-8036

**Zone 8**

Laura Steele  
7579 St. Patrick Avenue  
Prince George BC V2N 4C7  
laura@labattz.com

Res: (250) 964-7509  
Fax: (250) 964-7509

## **Diving Preview: Future Stars in the Making**

*For Dive BC, the BC Summer Games is considered the best stepping-stone for its young athletes to the Canada Games level of competition. The BC Summer Games provides each diving athlete with an opportunity to compete at a higher level and experience what a multi-sport games is all about—requisite for achievement at the Canada Games, Pan Am Games, Commonwealth Games and Olympic Games levels.*

*The next major event for our BC Games diving athletes will be the 2005 Canada Summer Games. The 2004 BC Summer Games competition is significant for our athletes because it gives them a Games experience and helps them to focus and get excited about the prospect of making the Canada Games team.*

*Divers at the Abbotsford 2004 BC Summer Games will be 12 to 15 years of age. In order to compete, athletes must perform six dives. Competition includes the 1-metre and 3-metre springboards.*

### **Athletes to Watch**

*Zone 6 will have several athletes to watch for including Nikki Westra-Luney, and Wega-desk Gourp-Paul, all of Victoria. From Zones 3, 4, and 5, look for Hayley Roeselund and Kelsey German from Langely, Alana Prygiel, Ashley Empelezare, and Bailey Gao from Delta, Keri Ruchko and Khea Stevens from White Rock, Aina Elil from Vancouver, and Stuart Malcolm from West Vancouver. From Zone 8, look for athletes Stephanie Guillaume and Jenna Watkins from Prince George.*

### **BC Games Alumni**

*Some of the past and current stars of diving in our province have competed or served as coaches, managers, or officials in previous BC Summer Games. These include: Teri York, 1972 and 1976 Olympian; Tony Revitt, Commonwealth Games Team member; Shannon Sullivan, National Team member; Paige and Megan Gordon, 1992 Olympians; and current World Champion, Blythe Hartley.*

### **Background**

*Diving is unique in that it involves many aspects of different sports: acrobatics, dance and grace elements, strength, technical expertise, and mental prowess that only years of training, competition, and experience can perfect.*

*Training involves hundreds of hours of exercises in the form of stretching, jumping, running, fitness, weight training, trampoline work with a spotting belt, and actual diving off all levels of boards.*

*The best divers are found to have started at approximately five to eight years of age.*

### **Media Contact**

*Bev Boys, Executive Director, Dive BC, (604) 541-9332, [bboys@telus.net](mailto:bboys@telus.net), [www.bcdiving.bc.ca](http://www.bcdiving.bc.ca).*



## **Equestrian**

### **Age**

15 - 17

15, 16, and 17 years as of January 1, 2004.

### **Venue**

Exhibition Park

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Competitors must reside in the zone for which they are competing. They must compete with the same horse as they qualified on during the BC Summer Games qualifying shows. Riders must be members in good standing of Horse Council BC and must have proof of membership. Competitors and horses who have placed individually, or as a team, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, or 4<sup>th</sup> in national or international competitions in 2003 or 2004 are not eligible to compete in that discipline at the BC Summer Games.

**Dressage:** Dressage rider/horse combinations who have competed at the medium 2 level or second level test 4 or above at a national competition are not eligible to compete at the BC Summer Games in Dressage.

**Jumpers:** Rider/horse combinations who have placed individually or as a team 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, or 4<sup>th</sup> in jumping in a national competition in 2003 or 2004 in a class with specifications of 4 feet or over are not eligible to compete in jumping at the BC Summer Games.

**Reiners:** Rider/horse combinations cannot have been named in the top four of the "Top Ten" as designated by Reining Canada.

Athletes may only attend one BC Games to compete in Equestrian.

### **Events and Categories**

All events open to both male and female riders on equal terms. Current Equine Canada Rules apply to Dressage and Jumper Divisions. National Reining Horse Association Rules apply to the Reining Division. Declaration Forms are available from zone representatives, Provincial Coordinators, Horse Council BC, or qualifying competitions and must be carefully read, completed, signed and returned to your zone representative.

#### **Dressage:**

- |    |                       |           |
|----|-----------------------|-----------|
| 1. | First Level Test 1    | 20m x 60m |
| 2. | First Level Test 2    | 20m x 60m |
| 3. | First Level Freestyle | 20m x 60m |

*Reining:*

1. Youth Reining NRHA Pattern TBA
2. Youth Reining NRHA Pattern TBA
3. Youth Reining NRHA Pattern TBA

*Jumper Division:*

1. Jumper Table (AM5) Height 3'6". Spreads to 4'0", jump off to 3'6".
2. Mini-Prix. Table A first round heights to 3'6", spreads to 4', subsequent round and jump-off heights to 3'6" spread to 4'3". (Can be a second Table A (AM5) as a qualifier).
3. Power and Speed Table A. heights to 3'6", spreads to 4'0".

**Equipment**

*Stabling and Feed:* Feed and hay for horses is the responsibility of the competitors. Stabling is provided free of charge by the BC Games for Wednesday, Thursday, Friday and Saturday nights only. Check out time is 4:00 pm on Sunday. For more information, contact your Sport Chair. Bedding provided.

*Tack and Attire:* Competitors must have the appropriate tack and numbers on their horses at all times when being worked and/or ridden and must be in appropriate attire when on the show grounds and in stable areas. Properly worn and fitted ASTM/SE1 helmets must be worn by competitors whenever mounted where called for in competition requirements.

*Transportation:* Application for mileage, and ferry (when applicable), reimbursement must be made to the BC Games Society not later than 2 weeks following the Games. Where possible there must be a minimum of 2 horses per vehicle. For further details contact your Provincial Advisor.

**Medals**

In addition to individual Medals in all divisions, Gold, Silver and Bronze medals will be awarded to the zone team, with the highest aggregate medal count. A zone team shall consist of 2 Dressage, 2 Reiners, and 2 Jumpers. Medals will only be awarded to competitors who competed in all events in their division. Competitors must be present at medal ceremonies and appropriately attired in order to receive their medal.

**Zone Team Composition**

6 athletes per zone (no more than 5 of one gender).

Wildcards

In addition to the allocation per zone, 8 wildcard spots (no more than 6 of one gender) will be available to a maximum of 56 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

**Coaches and Managers**

1 coach and 2 assistant coaches/managers per zone (no more than 2 of one gender).

### **Individual Participation**

Competitors may enter only one division at the BC Summer Games, but may enter any division during the Selection Trials.

### **Coaching and Chaperoning**

Competitors wishing to bring a personal coach must do so entirely at their own expense. No accommodation or food will be provided by the BC Games. The Provincial Sport Organization states that any attending coaches must be fully certified at least at NCCP Level 1 and have Level 2 Theory. (See Section V-9 of the Rules for specific Chaperone requirements.) Please note that the role of coaches and managers at the BC Games includes traveling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check section V-9 of the rules for specific chaperone requirements).

### **Deadlines...**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Final results for all competitors must be in to the zone representative listed here and delivered to the Provincial Advisor by June 1, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

All Equestrian athletes have the choice of staying in BC Games accommodation or staying in their own accommodation (camper, motor home) at the sport venue. An athlete may choose to reside with their horse at the sport venue (Exhibition Park). No hook-ups are available. If an athlete chooses to reside with their horse at the sport venue a parent/guardian of athletes under the age of 19 years must sign a waiver form. Forms will be sent to the selected athletes with their registration packages after June 15, 2004. Athletes choosing to reside/camp at the sport venue will be extended the same meal and local transportation privileges as any other athlete staying in BC Games accommodation. Transportation and meal times will be adjusted to allow for early morning feeding requirements where possible. Further information is available from the Provincial Advisor or the BC Games Event Manager.

The Provincial Sport Organization prefers that all competitors stay in BC Games accommodation (as described above) regardless of where their residence is. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of

that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation, and meals, as arranged by the Host Community, will be provided for 11 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Susan Harrison  
660 Brownsey Avenue  
Duncan BC BC V9L 1C2  
sharrison@qms.bc.ca

Res: (250) 746-4490  
Bus: (250) 746-4185  
Fax: (250) 746-4187

#### **Assistant Provincial Advisor**

Vicki Pauze  
27336 Fraser Hwy  
Aldergrove BC V4W 3N5  
administration@hcbc.ca

Res: (604) 856-4304  
Fax: (604) 856-4302

#### **Sport Chair**

Wendy Christoff  
6125 - 28 Avenue  
Delta BC V4L 2P6  
alfie@dccnet.com

Res: (604) 946-9195

#### **Zone Sport Representatives**

##### **Zone 1**

Tammy Steen  
PO Box 317  
Slocan BC V0G 2C0  
steen@netidea.com

Res: (250) 355-2352  
Bus: (250) 365-4449

##### **Zone 2**

June Lalonde  
1823 Francis Street  
Vernon BC V1B 3A5  
jbarj@telus.net

Res: (250) 545-0803

##### **Zone 3**

Ginette Keglowitsch  
1429 - 235 Street  
Langley BC V2Z 2Y4  
ginettek@shaw.ca

Res: (604) 532-3722

##### **Zone 4**

Susan Thompson  
972 Bayview Drive  
Delta BC V4M 2B6  
susant@sfu.ca

Res: (604) 943-8155

**Zone 5**

Karen Ashby  
6511 MacDonald  
Vancouver BC V6N 1E9  
karenashby@shaw.ca

Res: (604) 266-3317  
Bus: (604) 228-9339  
Fax: (604) 266-6631

**Zone 6**

Bob James  
2379 Seine Road  
Duncan BC V9L 3B2  
recryder@shaw.ca

Res: (250) 746-6719  
Fax: (250) 746-6728

**Zone 7**

Diane Klick  
6586 Boundary Road  
Telkwa BC V0J 2X0  
timothyhill@bulkley.net

Res: (250) 846-5562

**Zone 8**

Susanne Poulsen  
5405 Tatton Road  
100 Mile House BC V0K 2E1  
caribooequestrian@bcinternet.net

Res: (250) 791-5732

## **Equestrian Preview – Younger and Moving Up**

Athletes for the 2004 BC Summer Games will range in age from 15 -17 years, which is quite different from years past when competitors of all ages were part of the BC Games. Both male and female athletes are encouraged to meet the criteria equally for inclusion on their respective zone teams. Riders will be at an intermediate skill level, which represents more than 70% of our general membership of 18,000. This level of skill, coordination and strength takes a number of years to obtain. We are showcasing three of our World Games and/or Olympic disciplines: dressage, reining and jumper. Our inclusion into the BC Summer Games is significant in the fact that Equestrian is not represented at any other provincial games or at the Canada Games. We are hoping that our inclusion in the BC Summer Games will be a role model for other provinces and will also help us gain entry into the Canada Summer Games.

The BC Summer Games brings a shared common goal within the zones and their respective members. Educational seminars and clinics geared to the BC Games participants will also be open to all members hence providing an opportunity to improve the sport at all levels. All young riders are encouraged to vie for spots on their zone teams. Once declared, they must retain a logbook of their training schedule, their short-term and long-term goals, and attend workshops on sportsmanship and working together as a team. While at the BC Summer Games athletes will work with level 2 and 3 coaches, and level 1 coaches will augment this by providing one-to-one support.

### **Background**

*"The dog may be man's best friend but it was the horse that built civilization"*

Equestrian sport is unique in the fact that our competitors compete on an equal basis regardless of age or sex, as individuals or on a team. In addition, our athletes must work in a close partnership with another athlete, learn a new language in which to communicate, and prepare their partner for the rigors of their chosen discipline - unlike any other sport their partner is an animal. The team of rider and horse is distinctive. Historically, our sport evolved from the military with participation geared to men. Today riding is seen as entertainment, sport, and a leisure activity attracting men and males and females of all ages. The benefits of riding can be seen in the use of the horse in therapy or therapeutic riding. It is a sport that can accommodate any participant, regardless of physical fitness level giving them a full body workout without the stresses of many other sports. Riding builds confidence, exceptional coordination, endurance and balance.

### **Zones to Watch**

The Island Hunter – Jumper Association (Zone 6) provides a large number of qualifying competitions with excellent coaches. The dressage riders to watch will be from the Lower Mainland, Zone 3 in particular, with strong competition from Zones 4 and 5. Prince George (Zone 8) has a dedicated following of reiners – so Zone 8 will also send a strong team.

### **Qualifying Events**

Our qualifying events began in early May 2003 and will continue until June 2004. Our athletes are required to attend a minimum of two qualifying competitions in their zone. Winners will be determined by the combination of their two highest scores obtained at separate events.

### **Media Contacts**

Vicki Pauze, Executive Director, Horse Council BC, (604) 856-4304,  
administration@hcbc.ca  
Susan Harrison, Provincial Advisors, Equestrian, (250) 746-4185,  
sharrison@gms.bc.ca

## Field Hockey - Girls



### Age

**Under 14**

Competitors must be at least 12 years of age and under-14 as of January 1, 2004.

### Venue

Delair Park

### Eligibility Requirements

See Section V-2 of the Rules.

### Events and Categories

Tournament draw to be made by the Provincial Sport Organization.

### Equipment

Dress Code: (In addition to Section VIII-3 of the Rules.) Players will wear knee length socks, a hockey skirt, a shirt with sleeves, collar optional (no tank tops). All players must have numbered shirts, including the Goalkeeper, who will wear her number on the front of a different coloured top.

### Zone Team Composition

14 athletes per zone.

### Individual Participation

1 team per zone.

### Coaches/Managers and Chaperones

2 coaches per team. At least one coach must be female.

### Coaching and Chaperoning

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 2 (Theory, Technical and Practical). Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### Deadlines....

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) The Provincial Sport Organization states that all zone trials must be completed by June 7, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 12 officials. (Check Section V-11(c) of the Rules.) Officials must have Provincial status, both theory and practical, prior to the Games. Assessments may be covered during the Games.

### **Contacts**

#### **Provincial Sport Organization Advisor**

Jenny John  
2399 Young Avenue  
Kamloops BC V2B 4M7  
supahjj@shaw.ca

Bus: (250) 376-1007  
Fax: (250) 376-7212

#### **Assistant Provincial Advisor**

Judy Broom  
214 - 1367 West Broadway  
Vancouver BC V6H 4A9  
judy@fieldhockeybc.com

Bus: (604) 737-3046  
Fax: (604) 737-6043

#### **Sport Chair**

Brenda McFarlane  
102 - 2963 Nelson Place  
Abbotsford BC V2S 7L6  
headsup@allstream.net

Res: (604) 864-6329  
Bus: (604) 858-9424  
Fax: (604) 858-2195

#### **Assistant Sport Chair**

Sue Head  
102 - 2963 Nelson Place  
Abbotsford BC V2S 7L6  
headsup@allstream.net

Res: (604) 864-6329

## **Zone Sport Representatives**

### **Zone 1**

Liz Stephens  
PO Box 1535  
Rossland BC V0G 1Y0  
kiwis@look.ca

Res: (250) 362-2267  
Bus: (250) 365-7735  
Fax: (250) 362-2267

### **Zone 1 Assistant**

Celia Gresley Jones  
Box 517  
Rossland BC V0G 1Y0  
gresley@telus.net

Res: (250) 362-5152  
Bus: (250) 368-5591  
Fax: (250) 364-1567

### **Zone 2**

Carolyn Gillespie  
11 - 1120 Guisachen  
Kelowna BC V1Y 9R5  
cgillespie@sd23.bc.ca

Res: (250) 762-2466  
Bus: (250) 762-8177  
Fax: (250) 763-0945

### **Zone 2 Assistant**

Jo Ann Perry  
3977 Lakeside Road  
Penticton BC V2A 8W1  
joannperry@hotmail.com

Res: (250) 493-6202  
Bus: (250) 770-7750  
Fax: (250) 770-7766

### **Zone 3**

Deanna Wilson  
8095 - 132A Street  
Surrey BC V3W 4P3  
dwilson123@shaw.ca

Res: (604) 596-0780  
Bus: (604) 596-0780  
Fax: (604) 596-0780

### **Zone 3 Assistant**

Barb Kroeker  
303 Hemlock  
Cultus Lake BC V2R 4Y7  
kroek@dowco.com

Res: (604) 824-4304  
Bus: (604) 794-7124

### **Zone 4**

Cindy Sacre  
6959 Stewart Road  
Delta BC V4E 2J5  
info@vinge.bc.ca

Res: (604) 591-7359  
Bus: (604) 689-3855  
Fax: (604) 591-7359

### **Zone 4 Assistant**

Brenda Burroughs  
27 Courtney Cres  
New Westminster BC V3L 4M1  
bburroughs@vsb.bc.ca

Res: (604) 526-0004  
Bus: (604) 713-8950  
Fax: (604) 526-0054

### **Zone 5**

Marg Evans  
2103 W. 59 Avenue  
Vancouver BC V6P 1Z6  
margaret\_evans@shaw.ca

Res: (604) 263-9156  
Fax: (604) 263-9372

**Zone 5 Assistant**

Jane Kozniuk  
3131 Duchess Avenue  
North Vancouver BC V7K 3B7  
teamkoz@shaw.ca

Res: (604) 984-0718  
Bus: (604) 421-3226  
Fax: (604) 984-0718

**Zone 6**

Pat Hall  
349 Berwick Street  
Victoria BC V8V 1C8  
taphall@telus.net

Res: (250) 389-0223  
Fax: (250) 389-0223

**Zone 6 Assistant**

Kara Joyce  
PO Box 71  
Shawnigan Lake BC V0R 1W0  
kmjoyce@shaw.ca

Res: (250) 743-3615  
Bus: (250) 733-2307  
Fax: (250) 743-4804

**Zone 7 & 8**

Contact Provincial Sport Organization Advisor

## **Field Hockey Preview: New Ages - New Focus**

*For the first time the BC Summer Games will feature Under 14 girls (previously Under 16). The change was made because the Under 14 age is a natural progression on the way to the Junior World Cup (BC Summer Games – Under 14, Nationals – Under 16, Nationals and Western Canada Summer Games – Under 18, Canada Summer Games and Junior World Cup – Under 21). This younger age helps Field Hockey BC identify talent earlier, enhances skill development, and encourages athletes to stay in the sport longer. The BC Summer Games allows athletes to compete against other zones in an intense multi-sport environment.*

*Attending the BC Summer Games not only gives our athletes the multi-sport games experience (i.e. attending ceremonies, travel with other sports, eating in the cafeteria, etc.) but the tournament is also run using standard Field Hockey protocols that are used at Provincial, National, and International competition, giving athletes additional formal exposure to the rules and protocols of our sport. The BC Summer Games allows coaches to identify athletes, see them compete under pressure, and identify players for Provincial and higher level teams.*

*Only in North America is this sport referred to as “field hockey”. Elsewhere in the world, including the Olympics, it is called “hockey”. Field Hockey goes back to ancient Greek times but was made popular in the late 1800’s when it was taken from the United Kingdom to Pakistan, India and the rest of the world. Field hockey is now played in most countries by both men and women.*

### **Zones to Watch:**

*Zones 5 and 6 are always strong because of year-round play, skill development on artificial surfaces and more people playing the sport. Zones 2 and 4 are also very competitive. Though the talent is there, Zone 1 is often held back by the lack of strong competitions to augment training. Zone 3 won the silver medal at the 2002 BC Summer Games and is rapidly improving.*

### **Qualifying Events**

*Squads are selected by each zone through trials or qualification events. Practices and trials will be held in April and May 2004 with the final teams named in June.*

### **BC Games Alumna**

*Seven of 18 players on the 2001 BC Under 18 A team, nine of 20 players on the 2001 BC Under 18 B team, and seven of 12 players from BC on the 2001 Junior World Cup team, were BC Games alumni.*

### **Media Contact**

*Judy Broom, Executive Director, Field Hockey BC, (604) 737-3046*

## **Golf – Male & Female**



### **Age**

**13 - 16**

13-16 years as of July 15, 2004.

### **Venue**

Ledgeview Golf Course

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Players must have an official handicap factor of 6 – 12 and be members in good standing of the BC Golf Association or the BC Ladies Golf Association. The BCGA may assess an organizational fee in addition to the BC Games registration. This organizational fee is paid directly to BCGA. Athletes may only attend one BC Games to compete in Golf.

### **Events**

Boys

Girls

Mixed Team (4 players of either gender from one zone)

### **Zone Team Composition**

Maximum of 8 competitors per zone.

### **Coaches/Managers and Chaperones**

Two coaches or, one coach and one manager per zone.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be CPGA Level 2 certified and have NCCP Level 1 and 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Medals**

Gold, Silver and Bronze medals will be awarded in each event.

### **Deadlines....**

**Zone Selections:** (Check Section V-11(a) of the Rules and following sections on Zone information.) The Provincial Sport Organization states that all zone trials must be completed by June 1, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 7 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Jack Croucher  
101 - 7382 Winston Street  
Burnaby BC V5A 2G9  
jack@bcga.org

Res: (604) 946-4761  
Bus: (604) 294-1818  
Fax: (604) 294-1819

#### **Assistant Provincial Advisor**

Dale Jackson  
1044 Valewood Trail  
Victoria BC V8X 5G7  
djackson@bcga.org

Res: (604) 658-3303  
Bus: (250) 787-3231  
Fax: (250) 658-3414

#### **Sport Chair**

Scott Vannatter  
3760 Nico Wynd Drive  
Surrey BC V4P 1J3  
eandsvan@shaw.ca

Res: (604) 538-0459

#### **Zone Sport Representatives**

##### **Zone 1**

Emily Beauchamp  
1546 Nasookin Heights Road  
Nelson BC V1L 6J6  
nelsonautiem@yahoo.ca

Res: (250) 825-4376  
Bus: (250) 352-7432  
Fax: (250) 352-7433

**Zone 1 Assistant**

Bob Langin  
3324 - 3A Street South  
Cranbrook BC V1C 5W8  
boblangin@telus.net

Res: (250) 489-3369  
Bus: (250) 426-9208

**Zone 2**

Allan Gow  
2350 - 4 Avenue SE  
Salmon Arm BC V1E 1K6  
allangow@telus.net

Res: (250) 804-8838  
Bus: (250) 804-3565

**Zone 2 Assistant**

Bob Ladouceur  
Box 835  
Salmon Arm BC V1E 4N9  
bladouce@jetstream.net

Res: (250) 833-0257  
Bus: (250) 782-9264  
Fax: (250) 782-1220

**Zone 3**

Jack Croucher  
4590 Kelly Drive  
Delta BC V4K 1G6  
jackcroucher@telus.net

Res: (604) 946-4761  
Bus: (604) 294-1818  
Fax: (604) 294-1819

**Zone 4 & 5**

Bruce Main  
8119 Selkirk Street  
Vancouver BC V6P 4H8  
brucemain@shaw.ca

Res: (604) 261-0497  
Fax: (604) 261-0497

**Zone 6**

Pat Irwin  
11045 Valdon Road  
Ladysmith BC V9G 1Z2  
p\_irwin@shaw.ca

Res: (250) 245-4300

**Zone 7**

Al Morsund  
Box 3874  
Smithers BC V0J 2N0  
amorsund@sd54.bc.ca

Res: (250) 847-9467  
Bus: (250) 847-4464

**Zone 8**

Sandy Johnson  
1702 Cedarwood Court  
Dawson Creek BC V1G 4L8  
sjohnson@agricoreunited.com

Res: (250) 782-2583  
Bus: (250) 782-9264  
Fax: (250) 782-1220

**Zone 8 Assistant**

Brian McNaughton  
RR#2, Site 5, Comp 5  
Williams Lake BC V2G 2P2  
lone\_tree@telus.net

Res: (250) 392-6622  
Bus: (250) 398-7646  
Fax: (250) 398-7642

## **Golf Preview: Ready, Set, Golf**

*New to the BC Summer Games, Golf will showcase 14 and 15 year old boys and girls with handicaps from 5 to 8. This group represents the up and comers in the sport. They are not quite at the level to compete nationally, but are young enough and have the basic skills to be able to develop to the elite level before passing the age requirement of a junior golfer, which is 18 years.*

*Good competition is the key to developing athletes. The BC Summer Games offers an excellent opportunity for this category of player to gain experience in the other aspects of major competitions, such as the preparation needed to compete well when facing challenges such as travel and different accommodation. For some of the players it may be their first experience of playing for, and travelling with, a team and working with a coach.*

*The BC Golf Association is the governing body of Amateur Golf in BC. A major part of our mandate is the development and promotion of junior golf. Golf is a sport for a lifetime and does not rely on exceptional body size or strength, but on hand-eye coordination and proper technique. Physical fitness is an asset as walking, approximately 4 miles over sometimes hilly terrain, is part of the game. Golf also teaches many important life-skills such as honesty, honor, self-discipline, and integrity.*

*Abbotsford and the surrounding area, is a hotbed for junior golf. It is the home of James Lepp, 2002 BC Junior Champion, BC Amateur Champion, and Canadian Junior Champion. The local junior competitions conducted by the BCGA have exceptionally strong fields, with many sub-par rounds shot. The BCGA has developed the first Rules Officials Certification Training Program in North America. The BC Summer Games will provide an excellent opportunity for those enrolled in the program to gain valuable field experience.*

*As well, the BCGA is developing a Coaching Program. Under the guidance of Provincial Coach, Sean Richardson, a network of coaches will be available to players throughout the province. Many of these coaches will be attending the 2004 BC Summer Games.*

### **Zone to Watch**

*Abbotsford is the home of the 2002 BC and Canadian Junior Champion as well as the 2003 BC High School Champions. Needless to say this is a strong area for junior golf, and the team from the Fraser Valley (Zone 3) will be one of the favourites. Zones 2, 4 and 6 will also prove to be strong.*

### **Qualifying Events**

*Qualifying events will be held in each zone in the spring of 2004. An 18 hole stroke play tournament will be used to select each zone team. Athletes will register through their BCGA Zone Junior Committee. Junior golfers will be notified through posters and newsletters to the golf clubs in their zone.*

### **Media Contact**

*Jack Croucher, Provincial Advisor, (604) 294-1818, cell (604) 787-7193,  
jack@bcga.org*

## Lacrosse



### **Age**

15 - 16

Midget players born in 1988 or 1989.

### **Venue**

MSA Arena / Abbotsford Recreation Centre Arena

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Players must be comprised of members of registered team(s) within the applicable zone. Competitors must be members in good standing with the BC Lacrosse Association.

### **Events and Categories**

Tournament draw to be determined by the BC Lacrosse Summer Games Committee.

### **Zone Team Composition**

19 competitors per zone, 2 of whom are goaltenders. Competitors will be selected on a "try-out" basis. All competitors within the zone, who meet all applicable regulations, will be notified of these try-outs.

### **Coaches/Managers and Chaperones**

1 coach and 2 assistant coaches/managers per zone.

### **Individual Participation**

One team per zone.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be fully certified at NCCP Level 2 or equivalent CBET level. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Deadlines:**

**Zone Selections:** (Check Section V-11(a) of the Rules and following sections on zone information.) All zone registration forms must be submitted to the BC Lacrosse Association office, with payment, by June 7, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 14 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Greg Toll  
12206 - 207 A Street  
Maple Ridge BC V2X 9S9  
tollhouse@telus.net

Res: (604) 465-3214  
Bus: (604) 663-5244  
Fax: (604) 688-5201

#### **Sport Chair**

Mike Peters  
29399 O Avenue  
Abbotsford BC V4X 2J3  
rmpeters@shaw.ca

Res: (604) 857-0971  
Cell: (604) 835-2661

#### **Zone Sport Representatives**

##### **Zone 1**

Darren Sutton  
2625 - 5th Street South  
Cranbrook BC V1C 4W9  
darrenlsutton@shaw.ca

Res: (250) 426-7884

##### **Zone 2**

Dan Wray  
665 Brighton  
Kelowna BC V1X 5K6  
danwray@telus.net

Res: (250) 765-7204

**Zone 3**

Dave Henney  
1526 Knappen Street  
Port Coquitlam BC V3C 4S9  
bcla\_zone3@telus.net

Res: (604) 941-9390  
Bus: (604) 530-9990  
Fax: (604) 530-7306

**Zone 4**

Jennifer Johnson  
Box 931 - 9021 Major Street  
Ft. Langley BC V1M 2S3  
jjj@bc-alter.net

Res: (604) 888-9781  
Fax: (604) 888-9781

**Zone 5**

Gary Seltz  
5321 - 9A Avenue  
Delta BC V4M 1X3  
seltzg@aol.com

Res: (604) 948-0455  
Bus: (604) 253-1151  
Fax: (604) 948-0453

**Zone 6**

Gail Loucks  
2275 Meadow Vale Drive  
Victoria BC V9B 6J2  
gail\_loucks@shaw.ca

Res: (250) 391-9741

**Zone 7**

Derrick Reeves  
Box 156  
New Ayansh BC V0J 1A0  
nisgalacrosse@mail.com

Res: (250) 633-2115  
Bus: (250) 633-2250  
Fax: (250) 633-2463

**Zone 8**

Johanna Jenkins  
6939 Roughton Road  
Prince George BC V2M 7C6  
jenkins@mag-net.com

Res: (250) 562-2282  
Fax: (250) 562-2915

## **Lacrosse Preview: BC's Top Midget Athletes, Heading for the U19 Provincial Field Lacrosse Team**

*Box Lacrosse features the best Midget players (age 15 & 16) in all-star teams from each zone. And these players are going places. An indication of the level of play is 54% of the 2003 U-19 provincial field lacrosse teams members are BC Summer Games alumnae. Most of these athletes also played for their club teams in the 2003 Pepsi BCLA Provincial Championships held July 2003.*

### **Teams to Watch**

*For the first time in history, the BCLA had teams competing from seven of eight zones with new participant Zone 1 in the 2002 BC Summer Games. Development of lacrosse across BC is paying off, as we anticipate having Zone 7 join us for the 2004 BC Summer Games. Teams to watch include 2002 Summer Games champions, Zone 3 as well as Zones 4 and 6.*

### **Alumni**

*In addition to the 28 alumnae from the 2003 provincial field lacrosse teams, eight BC Summer Games alumnae are athletes or have competed in the professional lacrosse loop National Lacrosse League (NLL). They are: Matthew King (Calgary Roughnecks - Victoria), Nick Schroeder (Philadelphia Wings - Surrey), Ryan O'Connor (Vancouver Ravens - New Westminster), Curtis Hodgson (Vancouver Ravens - Burnaby), Luke Ansley (Vancouver Ravens - New Westminster), Sam Cook (Ottawa Rebel - Coquitlam), Kevin Hanson (Vancouver Ravens - Burnaby), and Lewis Ratcliff (Calgary Roughnecks - Victoria).*

### **Background**

*Box lacrosse is the summer form of the sport played in BC. Field lacrosse is played in the fall and spring. Women's Field Lacrosse is played in the spring, and Inter-lacrosse, our development sport, is played year-round. Lacrosse is "Canada's National Summer Sport".*

*Field lacrosse is the NCAA game, and provides a great opportunity for Canadians to attend university on an athletic scholarship. The NCAA is an important recruiting source for national teams and the professional National Lacrosse League.*

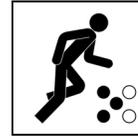
*The two forms of the sport are closely intermingled. The Western Lacrosse Association and the BC Junior Lacrosse League are the two highest levels of box lacrosse in BC. Their National Championships are the Mann Cup and the Minto Cup (respectively). The National Lacrosse League is the professional indoor game. The amateur provincial teams are the outdoor field version. Both box and field lacrosse teams compete as national teams at international competitions. Most of the national men's field team members are also box lacrosse players.*

*Lacrosse players start to play as early as 5 years of age and play through the BC Lacrosse Association's provincial championships at Pee Wee (11-12), Bantam (13-14), and Midget (15-16) levels before attending BC Summer Games. More than 15,000 registered athletes currently play lacrosse in BC.*

### **Media Contact:**

*Jeff Gombar, Marketing Director, BC Lacrosse Association, (604) 421-9755, [jeff@bclacrosse.com](mailto:jeff@bclacrosse.com)*

## Modern Pentathlon



### Age

14 - 16

14 – 16 years as of July 15, 2004.

### Venue

Centennial Park/Centennial Pool/Bateman Secondary

### Eligibility Requirements

(In addition to Section V-2 of the Rules.) All competitors must be members of the BC Modern Pentathlon Association.

### Events and Categories

<i>Swimming</i>	Women:	200m Freestyle, seeded as per CASA Rules
	Men:	200m Freestyle, seeded as per CASA Rules
<i>Shooting</i>	Targets:	UIT 10 m air pistol targets
	Warm-up:	Ten rounds, 10 minutes maximum
	Competition:	10 targets at 2 rounds per target, 20 minutes total time
<i>Running</i>	Women:	2000 metres (may be mass start or handicap start, depending on time available).
	Men:	2000 metres (may be mass start or handicap start, depending on time available).

### Medals

Gold, Silver and Bronze medals will be given to the highest aggregate point winners.

### Zone Team Composition

Maximum of 4 competitors per zone (2 males and 2 females)

### Wildcards

In addition to the allocation per zone, 10 wildcard spots will be available to a maximum of 42 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### Coaches/Managers and Chaperones

1 coach and 1 assistant coach/manager (one male and one female) per zone.

### **Individual Participation**

Athletes must compete in all three events.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be fully certified at NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Deadlines....**

**Zone Selections:** (Check Section V-11(a) of the Rules and following sections on Zone information.) The Provincial Sport Organization states that all team selections must be made by May 30, 2004. Zone representatives must name all potential athletes, substitutes, coaches, and managers to the Provincial Advisor by May 30, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 6 officials. (Check Section V-11(c) of the Rules.)

## **Contacts**

### **Provincial Sport Organization Advisor**

Gilbert Soellner  
1705 John Road  
Sidney BC V8L 5S8  
soellner@shaw.ca

Res: (250) 656-4086  
Fax: (250) 656-0953

### **Assistant Provincial Advisor**

Ian Soellner  
46150 Larch Avenue  
Chilliwack BC V2P 1E6  
isoellner@pacificsport.com

Res: (604) 795-3265

### **Sport Chair**

Rimon Gendi  
151 - 32500 South Fraser Way  
Abbotsford BC V2T 4W1  
rrg@uniserve.com

Res: (604) 859-5582

### **Zone Sport Representatives**

#### **Zone 1**

Contact Provincial Sport Organization Advisor

#### **Zone 2**

Tyler Rogers  
14111 Juniper Drive  
Vernon BC V1B 2E5  
azktr@hotmail.com

Res: (250) 545-9155

#### **Zone 3**

Elaine Landsiedel  
35734 Sun Ridge Place  
Abbotsford BC V3G 1E5  
trevorl@uniserve.com

Res: (604) 864-3909  
Fax: (604) 864-3970

#### **Zone 4**

Ian Soellner  
777 Pacific Blvd  
Vancouver BC V6B 4Y8  
isoellner@pacificsport.com

Res: (604) 795-3265  
Bus: (604) 730-7229  
Fax: (604) 703-7227

#### **Zone 5**

Steven Bates  
2902 - 1408 Strathmore Mews  
Vancouver BC V6Z 3A9  
sbates@canada.com

Res: (604) 669-2890

#### **Zone 6**

Brian Gray  
512 Macaulay Street  
Victoria BC V9A 5Y4  
newbgray@hotmail.com

Res: (250) 385-7795

**Zone 7**

Iris Unger  
RR#1, Site 1A, Comp 19  
Burns Lake BC V0J 1E0

Res: (250) 692-7321

**Zone 8**

Gilbert Soellner  
1705 John Road  
Sidney BC V8L 5S8  
soellner@shaw.ca

Res: (250) 656-4086  
Fax: (250) 656-0953

## **Modern Pentathlon Preview: From Junior Achievement Program to Junior Nationals**

*The BC Games is one of the two top youth events for British Columbia's Modern Pentathlon development program along with the provincial championships held in April of each year. BC's best 14 – 16 year old Modern Pentathletes, minus those who have attended nationals in prior years, will compete in the Abbotsford 2004 BC Summer Games as part of their preparation for the junior national championships to be held in Ontario in late August.*

*Modern Pentathlon in the BC Summer Games is a three-event competition: shooting, swimming and running, using the criteria from the Junior Achievement Award Program (JAAP) that prepares athletes for the BC Games level of competition.*

*Athletes who perform well in the winter-long JAAP receive financial assistance for training expenses in riding, fencing, shooting and swimming, all contested in the junior national championships. Riding consists of equestrian show jumping. The epee format is used in Fencing.*

### **Athletes to watch**

*Athletes from the Kootenays (Zone 1), Thompson-Okanagan (Zone 2), Fraser Valley (Zone 3), Vancouver Squamish (Zone 5), and Vancouver Island Central Coast (Zone 6), have all done well in the past, and are expected to do well in 2004. Cariboo North East (Zone 8) are expected to field their first ever BC Games team, and are the dark horse.*

### **BC Games Alumni**

*Ian Soellner (**Sidney**) 1992 Olympics and World Championships; Laurie Shong, (**Vancouver**), 1992, Olympics Fencing, 2000 Olympics; Kim Eagles, (**Maple Ridge**) Sport Pistol Shooting, 1998 Commonwealth Games, 2000 Olympics; Natasha Lineham (**Metchosin**), 1999 Pan American Games*

### **Background**

*Modern Pentathlon is one of the oldest sports in the Modern Olympic Games. The founder of the Games, Baron Pierre de Coubertin introduced Modern Pentathlon in the 1912 Stockholm Games. The sport was to highlight the all round sports person competent in sports from five different sport federations. Since that time there has been many changes to the sport. The duration has been shortened from a four-day competition to a one-day event for each of the male and female events. The shooting phase now has been changed from .22 sport-pistol to .177 air-pistol competitions.*

*The Canadian Modern Pentathlon Association worked very hard and successfully to include a women's competition for the first time in the 1999 Pan American Games. This success, it is felt, may have contributed to the introduction of a women's' competition for the first time at the 2000 Olympics.*

### **Media Contact:**

*Gilbert Soellner, (250) 656-4086, soellner@telus.net*



## **Rhythmic Gymnastics**

### **Age**

**10 - 12**

10 – 12 years as of December 31, 2004

### **Venue**

Yale Secondary

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) All participants must be registered members of the BC Rhythmic Sportive Gymnastics Association. Competitors must be Provincial or National stream level athletes. Athletes may only attend one BC Games to compete in Rhythmic Gymnastics.

### **Events & Categories**

Individual (3 routines):      Free  
  Rope  
  Rolling Apparatus

Group:                              2 - 3 (2 performances)  
  4 - 5 (2 performances)

### **Zone Team Composition**

Maximum of 6 athletes per zone made up of up to three groups of 2-5 athletes or one group of 4-5 athletes and a maximum of 3 athletes to compete in individual competition.

Each athlete may participate in a maximum of two events.

### **Coaches/Managers and Chaperones**

2 coaches per zone.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on zone information.) All zone qualifications must be held by May 15, 2004. All zone registration forms must be submitted to the Provincial Advisor by May 31, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 13 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Mario Lam  
5127 Mckee Street  
Burnaby BC V5J 2T5  
mariolam@nucurve.com

Res: (604) 435-8175  
Bus: (604) 435-8175  
Fax: (604) 608-5350

#### **Assistant Provincial Advisor**

Penny Tonge  
20 - 3150 East 58 Avenue  
Vancouver BC V5S 3S8  
ptonge@telus.net

Res: (604) 435-6266  
Fax: (604) 608-5350

#### **Sport Chair**

Brenda Breitenmoser  
6924 Kalyna Drive  
Agassiz BC V0M 1A2  
breitenmoser@telus.net

Res: (604) 796-2765  
Fax: (604) 796-2765

**Zone Sport Representatives**

**Zone 1 & 7**

Contact Provincial Sport Organization Advisor

**Zone 2**

Julie Heal  
jpheal@shaw.ca

Res: (250) 542-4173

**Zone 3**

Megan Arnold

Res: (604) 738-9193

**Zone 4**

Kamena Petkova  
kamenapetkova@hotmail.com

Res: (604) 274-7547

**Zone 5**

Trish Gilmore Cohee  
trish@eliterg.com

Res: (604) 433-5416

**Zone 6**

Danielle Frattaroli  
dfrattaroli@shaw.ca

Res: (250) 472-2649

**Zone 8**

Marisa Peter  
holiday@crystalwatersranch.com

Res: (250) 593-4252

## **Rhythmic Gymnastics Preview: Dance and Athleticism Combine at BC Games**

*Rhythmic Gymnastics was the second most watched sport at the 1996 Olympic Games in Atlanta. The sport combines the grace and musicality of dance with the athleticism and flexibility of gymnastics, and adds unbelievable timing and co-ordination. Throughout Europe and Asia, Rhythmic Gymnastics competitions are extremely popular. They are 'sold-out' events using professional size venues. The sport is even part of the school program in Japan for both boys and girls.*

*Canada, and British Columbia in particular, has a very successful history in Rhythmic Gymnastics. Vancouver's own Lori Fung won the first Gold Medal in the sport at the 1984 Olympic Games. Vernon's Camille Martens (Zone 2), and Delta's Gretchen McLennan (Zone 4) brought Canada the Team Gold at the 1994 Commonwealth Games in Victoria.*

*For the first time in many years Rhythmic Gymnastics will be included in the BC Games. Featuring 10, 11, and 12 year olds competing in individual and team (2-3 person teams and 4-5 person teams) events, the BC Summer Games are important for the development of Rhythmic Gymnastics throughout BC and for preparing BC athletes for higher levels of competition.*

### **Media Story Ideas**

*Development of boy's Rhythmic Gymnastics in Canada started in BC.  
Driving to Rhythmic Gymnastics training?  
How training used to be in 1984?  
Wearing and balancing multiple hats.  
Stories from other games.*

### **Media Contacts**

*Mary-Jane Abbott, Executive Director, (604) 608-5350,  
[bcrsgf@rhythmicsBC.com](mailto:bcrsgf@rhythmicsBC.com)  
Lori Fung Methorst, (604) 327-9448, [clubelite@eliterg.com](mailto:clubelite@eliterg.com)  
Mario Lam, President BCRSGF, (604) 435-8175, [mariolam@nucurve.com](mailto:mariolam@nucurve.com)*



## ***Rugby***

### **Age**

#### **Under 16**

Boys - Under 16 and over 14 years as of January 1, 2004

#### **Under 17**

Girls – Under 17 and over 15 years as of January 1, 2004.

### **Venue**

Exhibition Park

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Participants must be registered with the BCRU and be members in good standing.

### **Events and Categories**

Tournament Draw to be determined by the BC Rugby Union Summer Games Committee. All teams will play a minimum of 4 games.

### **Zone Team Composition**

24 male competitors per zone. 20 female competitors per zone. Team composition to be determined by the Selection Committee.

### **Coaches/Managers and Chaperones**

2 coaches, 1 manager, and 1 trainer per team; for girls teams at least one must be female.

### **Individual Participation**

2 teams per zone, one girls team and one boys team.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on zone information.) The BCRU has determined that all zone trials must be held by June 13, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 20 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Paul Timperley  
312 - 1367 West Broadway Avenue  
Vancouver BC V6H 4A9  
ptimperley@shaw.ca

Res: (604) 921-6623  
Bus: (604) 737-3065  
Fax: (604) 921-6673

#### **Assistant Provincial Advisor**

BC Rugby Union  
312 - 1367 West Broadway  
Vancouver BC V6H 4A9  
bcrugby@telus.net

Bus: (604) 737-3065  
Fax: (604) 737-3916

#### **Sport Chair**

Doug Primrose  
c/o Robert Bateman Secondary School  
36045 Exbury Avenue  
Abbotsford BC V2S 6X6  
doug\_primrose@sd34.bc.ca

Res: (604) 870-8718  
Bus: (604) 864-0220  
Fax: (604) 864-0109

## **Zone Sport Representatives**

### **Zone 1**

Dave DeRosa  
Box 1181  
Rossland BC V0G 1Y0  
dderosa@sd20.bc.ca

Res: (250) 362-7311  
Bus: (250) 362-7388  
Fax: (250) 362-5739

### **Zone 2**

John LaBoyne  
691 - 27 Street SE  
Salmon Arm BC V1E 1C8  
john.laboyme@gems4.gov.bc.ca

Res: (250) 832-8426

### **Zone 3**

Jason Young  
34223 Redwood Avenue  
Abbotsford BC V2T 2T6  
jyoung@bcrugby.com

Res: (604) 556-3744  
Fax: (604) 854-4197

### **Zone 4**

John Adams  
271 - 3200 East 54th Avenue  
Vancouver BC V5S 3T8  
adamsinsurance@telus.net

Res: (604) 327-9925  
Bus: (604) 433-7748

### **Zone 5**

Ben Calitz  
868 Westview Crescent  
North Vancouver BC V7N 3Y1  
bcalitz@bcrugby.com

Res: (604) 987-2674  
Bus: (604) 737-3065  
Fax: (604) 737-3916

### **Zone 6 North Island**

David Mays  
2243 Blue Jay Way  
Cedar BC V9X 1G7  
dmays@bcrugby.com

Res: (250) 722-2652  
Bus: (250) 755-6808  
Fax: (250) 722-2665

### **Zone 6 South Island**

Jeff Williams  
2935 Foul Bay Road  
Victoria BC V8R 5C7  
jwilliams@bcrugby.com

Res: (250) 592-1019  
Fax: (604) 737-3916

### **Zone 7**

David Hull  
4104 Anderson Street  
Terrace BC V8G 2T2  
ddhull@telus.net

Res: (250) 638-1327  
Pager (250) 638-7320  
Fax: (250) 638-8662

### **Zone 8**

Todd Pritchard  
1305 - 12 Avenue North  
Williams Lake BC V2G 3X5  
tpritchard@telus.net

Res: (250) 398-5568  
Bus: (250) 398-8823  
Fax: (250) 398-8328

## **Rugby Preview: Youth Rugby Investment Pays Off – For Boys and Girls**

*BC Rugby is reaping the benefits of seeds it began to sow six years ago, and so is the Rugby competition at the BC Summer Games.*

*In 1997, community based mini-rugby was launched in BC. The kids' version of the game for 4 to 13 year olds, with graduated field and ball sizes, now attracts over 2000 players a year in 23 clubs in all BC Games zones. Mini-rugby essentially starts as tag with a ball for pre-school children and then progressively introduces additional rugby skills as the kids mature. By grade 10 the full game at 15 a side is played.*

*Six years later, the first groups of mini-rugby players have played in grade 8, 9 and 10, and high school coaches are noticing. They report that basic rugby skill levels of incoming players is higher. Instead of teaching passing, catching and tackling skills, coaches are teaching decision-making and tactical rugby. High school rugby is also growing: 6000 boys and 3000 girls are now playing.*

*In 2002 the BCRU changed the BC Games age grade to Under 16 and that has also proven to be a success. By introducing representative Rugby at an earlier age, the quality of play has increased and rugby has reached the level of play which warrants a U-16 provincial high performance program that culminates in a BC Under-16 team.*

*Regional selection camps this December and January in the Fraser Valley (Zone 3), Vancouver (Zone 5), and Victoria (Zone 6) attract players from all across BC. The regional long list of players receive additional high coaching and personal development plans, including a training program, prepared with the help of Peter Twist, former Vancouver Canucks conditioning coach. All the regional players then try out for their respective zone teams for the BC Summer Games. At the BC Games, the selectors for the BC Team get a chance to look at everyone again in a competitive environment before they pick a final BC Team to attend the Provincial National Championships in August.*

*Finally, these youth development programs are aimed at tying school and club rugby closer together. Mini-rugby is delivered by clubs, which creates an early tie with club rugby. The aim is to have players who finish with high school rugby, stay within club rugby, whether they hope to play for national teams, or to simply continue to play recreational adult and masters rugby.*

### **Players to Watch**

*The strongest teams are expected to be those from the Fraser Valley (Zone 3), Vancouver Island (Zone 6), and Vancouver (Zone 5), because of the regional sizes and popularity of rugby in those areas.*

*Also watch Girls Under 17 Rugby, for the first time at BC Summer Games.*

### **BC Games Alumni**

*Over half the Senior Men's National, the U-21 Men's National and U-19 Men's National teams come from BC and many of those individuals are former BC Games participants.*

### **Media Contact**

*Paul Timperley, Director of Youth Rugby, (604) 737-3065, [bcrugby@telus.net](mailto:bcrugby@telus.net), [www.bcrugby.com](http://www.bcrugby.com)*



## **Sailing**

### **Age**

**Under 19**

and

**Under 15**

Youth – 19 and under as of December 31, 2004. Optimist sailors – 16 and under as of December 31, 2004.

### **Venue**

Cultus Lake

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) Every competitor shall be a member of a yacht or sailing club recognized by the C.Y.A. and BC Sailing Association. Athletes selected to the Canadian Senior National team and carded athletes are not eligible to compete in the BC Games. Athletes may not attend a second BC Games to compete in the same age category in Sailing.

### **Events and Categories**

There will be five classes in the Games: Byte (Open), Laser (Open), Club type 420 (Open), Laser Radial (Open), Optimist (Red Fleet), and Optimist (Blue/White Fleet).

Ten races, 1 throw-out; 4 or less races, all races will count. Sailing instructions will be issued upon registration at the BC Games. Races will be sailed under the current rules of the International Sailing Federation (ISAF 2001-2004) and the prescription of Canadian Yachting Association; the class rules of the Club type 420, Laser, Laser Radial, Byte and Optimist shall apply. The low point scoring system will be used. If 3 or more races are completed by Saturday at 5:00 pm the medal presentations will be held Saturday. If less than 3 races are completed by this time then racing will continue on Sunday and medal presentations will be held before noon.

### **Equipment**

**Laser:** Only Laser Class sailboats may be used in this event; sailors will use full rig or radial rig.

**Laser Radial:** Only Radial rigs may be used in this event.

**420:** Only Club type 420 Class sailboats may be used in this event.

**Byte:** Only the Byte Class sailboats may be used in this event.

**Optimist:** Only the Optimist Class sailboat may be used in this event.

### ***Travel***

It is the responsibility of each competitor to supply his/her boat for the BC Games competition. Travel costs will be reimbursed. Mileage claims must be submitted to the BC Games Society within two weeks of the Games.

### ***Medals***

For 3 entries in a division, only Gold and Silver medals will be awarded. For 2 entries in a division, only a Gold medal will be awarded. Gold, Silver and Bronze medals will be awarded for divisions with 4 or more competitors.

### ***Zone Team Composition***

Zones 1, 7 and 8: 4 athletes per zone (no more than 2 of one gender).

Zones 2, 3, 4, 5, and 6: 8 athletes per zone (no more than 5 of one gender).

### **Wildcards**

In addition to the allocation per zone, 6 wildcard spots (no more than 4 of one gender) will be available to a maximum of 58 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### **Coaches/Managers and Chaperones**

1 coach and 1 assistant coach/manager (one of each gender) per zone.

### ***Coaching and Chaperoning***

The BC Sailing Association states that all coaches in zones 2, 3, 4, 5 and 6 must be fully certified at NCCP Level 2 and coaches in zones 1, 7 and 8 must be fully certified at Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### ***Deadlines....***

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on zone information.)

### ***BC Games Entry Deadline***

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### ***Accommodation***

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. Participants 19 and older may reside in BC Games accommodation or choose to book local accommodation. If they choose outside accommodation, they are responsible for any associated costs of that

accommodation, and they are not eligible for BC Games transportation, breakfast or dinner.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 7 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Tine Moberg-Parker  
794 Montroyal Blvd.  
North Vancouver BC V7R 2G5  
tm@sailing@shaw.ca

Res: (604) 988-4188  
Bus: (604) 737-3127  
Fax: (604) 737-0677

#### **Assistant Provincial Sport Organization Advisor**

Ruth Grierson  
3906 West 38 Avenue  
Vancouver BC V6N 2Y6  
ruth\_grierson@telus.net

Res: (604) 263-4662  
Bus: (604) 682-2344

#### **Sport Chair**

Marc Isacc  
242 First Avenue  
Cultus Lake BC V2R 4Y9  
massaak@telus.net

Res: (604) 858-8678  
Bus: (604) 858-9618

#### **Zone Sport Representatives**

##### **Zone 1, 7 & 8**

Tracy Terry  
28 Oswego Street  
Victoria BC V8V 2A6  
tracyterry@home.com

Res: (250) 595-2840  
Bus: (250) 363-0846

##### **Zone 2**

Devin Rubadeau  
457 Patterson Avenue  
Kelowna BC V1Y 5C5  
sail-hard@home.com

Res: (250) 862-5088  
Bus: (250) 762-3310  
Fax: (250) 763-9960

##### **Zone 3**

Rob Douglas  
2755 Sylvan Place  
Coquitlam BC V3C 5A6

Res: (604) 861-1877

**Zone 4**

Pat Wong  
912 Tsawwassen  
Delta BC V4M 2J3

Res: (604) 948-9958

**Zone 5**

Fraser Pearce  
c/o Royal Vancouver Yacht Club  
3811 Point Grey Road  
Vancouver BC V6R 1B3  
Sail\_dir@royalvan.com

Res: (604) 224-1344

**Zone 6**

Leslie Fraser  
Royal Victoria Yacht Club  
3475 Rippon Road  
Victoria BC V8R 6H1

Res: (250) 592-2441

## **Sailing Preview: A Legacy of Athlete and Coach Development and New Programs**

*The 2002 BC Summer Games was one of the best ever and Sailing had representation from all 8 zones. Sailing in BC is very strong and the BC Summer Games are a great event for all our athletes. Many of the medal winners from 2002 such as John Romanko and Abe Torchinsky went on to represent BC at the 2003 Western Canada Summer Games. As a matter of fact, most of the 2003 Western Canada Games Team had been to the BC Summer Games.*

*The BC Games are not only for the athletes, however. The BC Summer Games can be a catalyst to get local clubs and volunteers motivated and the BC Games can help to build new programs in communities. The Nanaimo 2002 BC Summer Games left a great legacy with new initiative and enthusiasm from race officials, coaches and local supporters. Last but not least, the BC Summer Games has become a wonderful event for the coaches with the three-day training camp leading up to the regatta and the ability to exchange ideas and see new athletes develop.*

*The top sea cadets from each zone will once again take part in the BC Summer Games, helping to round out zone competition.*

*"It's a chance to compete against the best for all regions of the province," said Tine Moberg-Parker, Olympian, national coach, and BC Games provincial advisor for sailing.*

*"It's also a developmental opportunity. We host a camp with the BC Games, and all the zone coaches work with all the athletes. It is a cooperative, collaborative model."*

### **BC Games Alumni**

*Every BC Olympian is an alumni of the BC Games. They include Ross McDonald 1988, 1992, 1996, 2000 (**Vancouver**), Beth Calkin 2000 (**West Vancouver**), and Tine Moberg-Parker 1996 (**North Vancouver**).*

*BC's top official, Steve Tupper (**Vancouver**) is also the top judge in the world, recently head of jury at the 2000 Olympics, and an alumni official of the BC Games.*

### **Media Contact**

*Tine Moberg-Parker, Provincial Advisor to BC Games, (604) 737-3127, [tmpsailing@shaw.ca](mailto:tmpsailing@shaw.ca), <http://www.bcsailing.bc.ca/>*

## Shooting – Handgun **CANCELLED**



### **Age**

**Under 21**

13-20 years as of July 15, 2004.

### **Venue**

Bateman Secondary

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) All participants must be registered members (carded athletes) of the BC Handgun Association. A minimum entry fee may be charged at the Zone qualifications. National Junior Team members are not eligible to compete at the BC Games. Athletes may not attend more than one BC Games to compete in the same category in Shooting-Handgun.

### **Categories**

Marksman, Sharp Shooter, Expert

All competitors will shoot at 10 metres. Each event is a 40-shot event over 1 hour and 15 minutes. Team events will consist of 4 participants from one zone.

### **Equipment**

S.F.C. Rules apply to equipment check.

### **Zone Team Composition**

Maximum of 5 competitors (no more than 3 of one gender) per zone

### Wildcards

In addition to the allocation per zone, 8 wildcard spots (no more than 6 of one gender) will be available to a maximum of 48 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### Coaches/Managers and Chaperones

1 coach and 1 assistant coach/manager per zone. Chaperones will be added where necessary in consultation with the Provincial Sport Organization. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Medals**

Gold, Silver and Bronze medals will be awarded as follows:

Event 1 individual, Event 2 individual, Event 1 & 2 individual aggregate, Event 3 individual and team, Event 4 overall individual.

### ***Coaching and Chaperoning***

The Provincial Sport Organization states that all coaches must be fully certified at NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific Chaperone requirements.)

### ***Deadlines...***

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) The Provincial Sport Organization states that all shoot-offs must be completed by May 30, 2004.

### ***BC Games Entry Deadline***

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### ***Accommodation***

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. Participants 19 and older may reside in BC Games accommodation or choose to book local accommodation. If they choose outside accommodation, they are responsible for any associated costs of that accommodation, and they are not eligible for BC Games transportation, breakfast or dinner.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### ***Officials***

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 8 officials. (Check Section V-11(c) of the Rules.)

### ***Contacts***

#### **Provincial Sport Organization Advisor**

Ian Soellner  
46150 Larch Avenue  
Chilliwack BC V2P 1E6  
isoellner@pacificsport.com

Res: (604) 795-3265  
Bus: (604) 730-7229  
Fax: (604) 730-7227

**Assistant Provincial Advisor**

Claudio Incrocci  
3381 Wildwood Road  
Kelowna BC V1W 2S7  
incrocci@shaw.ca

Res: (250) 862-9167  
Fax: (250) 862-8982

**Sport Chair**

Rimon Gendi  
151 – 32500 South Fraser Way  
Abbotsford BC V2T 4W1  
rrg@uniserve.com

Res: (604) 859-5582

**Zone Sport Representatives****Zone 1**

Rick Slater  
Box 20250  
Golden BC V0A 1V0  
sunmaker@redshift.bc.ca

Res: (250) 344-7691

**Zone 2**

Claudio Incrocci  
3381 Wildwood Road  
Kelowna BC V1W 2S7  
incrocci@shaw.ca

Res: (250) 862-9167  
Fax: (250) 862-8982

**Zone 3**

Rimon Gendi  
151 – 32500 South Fraser Way  
Abbotsford BC BC V2T 4W1  
rg@uniserve.com

Res: (604) 859-5582

**Zone 4**

Edmond Lee  
1105 - 4888 Hazel Street  
Burnaby BC V5H 4T4  
leee@attcanada.ca

Res: (604) 434-2665

**Zone 5**

Alex Ning  
3189 Tahsis Avenue  
Coquitlam BC BC V3B 6A2  
alexanderming@telus.net

Res: (604) 464-5209

**Zone 6**

David Brown  
1199 Woodheath Lane  
Victoria BC V8Y 2Y4  
aebddb@pacificcoast.net

Res: (250) 658-6571

**Zone 7**

Tom Miedema  
Box 134, Perow Loop  
Houston BC V0J 1Z0  
hawkentom@hotmail.com

Res: (250) 696-3229

**Zone 8**

Merl Sinoski  
1586 Pearson Avenue  
Prince George BC BC V2L 4K8  
steyr3@shaw.ca

Res: (250) 563-6743

## **Shooting - Handgun Preview: A Step on Their Way to Canada Games**

*Athletes at the 2004 BC Summer Games will be from 13 to 20 years of age, ranging from beginner to intermediate skill level. Due to the age restriction and laws regarding juniors and pistols, we will only have air pistol shooting at the BC Summer Games; the type of air pistols used do not fall under the firearms category. As the categories at the BC Summer Games are the same as those at the Provincials, Canada Games and National and International competitions, it is a very significant event in the development of our athletes.*

*The BC Summer Games are of high competition value and a great event for our junior athletes. BC Games alumni have said that the BC Summer Games was very important to them in their development. They said it was like a mini Olympics and was one of the reasons for their success.*

*Due to the political climate that surrounds our sport, it has become even more unique in the past 10 years. Our athletes are trained to be very safety conscious and very disciplined. A greater majority of girls are now drawn into our sport. The next major competition after the BC Summer Games will be the 2007 Canada Winter Games. Interest in trying out for the Canada Winter Games is usually peaked because of the BC Summer Games participation.*

### **Zones to Watch**

*Due to good coaching and consistent work, Zone 3 and to a lesser extent, Zone 2, are the zones to watch. Zones 4, 5 and 6 will be very close but since Zone 6 held the BC Summer Games in 2000 and have a bigger volunteer base, they will also be worth watching. The other zones, due to the lack of coaching are not as competitive but we are hoping that the senior athletes will now be coaches for their junior-aged zone teams.*

### **Athletes to Watch**

*The Coach for Zone 3 is from the Abbotsford Club. His juniors are already very good athletes. Joel and Jordan Glanfield, Hannah Simpson and Hilary Godin, all from the Abbotsford Club, will be putting on the pressure in their hometown next summer. Also keep an eye on three sisters from Zone 2, Lisa, Nadia and Silvia Incrocci. These two zones have extremely dedicated coaches that coach year round – this gives their athletes an advantage.*

### **Qualifying Events**

*All clubs will train juniors and many attend some local, regional and provincial matches as training for the BC Summer Games. Each zone will hold qualification events in May 2004.*

### **BC Games Alumni**

*A few athletes that have attended previous BC Summer Games have gone on to National, International and Olympic events. Kim Eagles has attended and won many National events, also winning International and Commonwealth competitions and attended the 2000 Olympics. Amanda Rnic won team Gold at the 1999 Canada Winter Games, has attended and won several National events and attended a few International events and made the National team with Kim Eagles. Lisa Incrocci was the top junior at the 2002 Nationals and won Team Gold at the 2003 Canada Winter Games*

### **Media Contacts**

*Claudio Incrocci, (250) 862-9167, [incrocci@shaw.ca](mailto:incrocci@shaw.ca)*



## Shooting – Smallbore

### Under 21

13-20 years as of July 15, 2004.

#### **Venue**

Abbotsford Rod and Gun Club/Bateman Secondary

#### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) All participants must be registered members (carded athletes) of the British Columbia Target Sports Association. A minimum entry fee may be charged at the zone shoot-offs. National Junior Team members are not eligible to compete at the BC Games. Athletes may not attend more than one BC Games to compete in the same category in Shooting-Smallbore.

#### **Events**

<i>Air Rifle:</i>	600pt., with finals	10 metres	S.F.C. Targets Indoor Range
<i>Sporting Rifle:</i>	600pt. 3 position	50 metres	S.F.C. Targets
<i>Match Rifle (Prone only)</i>	600pt. Sporting rifle with sling	50 metres	S.F.C. Targets

#### **Categories**

Marksman, Sharp Shooter, Expert

#### **Equipment**

S.F.C. Rules apply to equipment check.

#### **Medals**

Gold, Silver and Bronze medals will be awarded for all events. Team awards are an aggregate of Air/Sporting/English Match

#### **Zone Team Composition**

Maximum of 5 competitors (no more than 3 of one gender) per zone.

#### **Wildcards**

In addition to the allocation per zone, 8 wildcard spots (no more than 6 of one gender) will be available to a maximum of 48 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### Coaches/Managers and Chaperones

1 coach and 1 assistant coach/manager per zone. Chaperones will be added where necessary in consultation with the Provincial Sport Organization. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Individual Participation**

Participants must compete in Smallbore and Air Rifle competitions.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be certified NCCP Level 1 and have Level 2 Theory. Assistant Coaches must have a minimum of NCCP Level 1 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific Chaperone requirements.)

### **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) The Provincial Sport Organization states that all shoot-offs must be completed by June 7, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who reside outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. Participants 19 and older may reside in BC Games accommodation or choose to book local accommodation. If they choose outside accommodation, they are responsible for any associated costs of that accommodation, and they are not eligible for BC Games transportation, breakfast or dinner.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 11 officials. (Check Section V-11(c) of the Rules.)

## **Contacts**

### **Provincial Sport Organization Advisor**

Jim Fox  
RR#1  
Pritchard BC V0E 2P0  
Jim.Fox@gems4.gov.bc.ca

Res: (250) 577-3380  
Bus: (250) 371-6595  
Fax: (250) 828-4627

### **Sport Chair**

Bob Lefebvre  
4161 Lakemount Road  
Abbotsford BC V3G 2J1  
blefebvre@city.abbotsford.ca

Res: (604) 504-0416

### **Zone Sport Representatives**

#### **Zone 1**

Gordon Gibson  
213 - 4 Avenue  
Castlegar BC V1N 1X1  
ggibson@selkirk.bc.ca

Res: (250) 365-5381

#### **Zone 2**

Joan Demale  
2549 Abby Glen Way  
Kamloops BC V1S 1V7  
Joan.Demale@gems8.gov.bc.ca

Res: (250) 341-6801  
Bus: (250) 371-6500

#### **Zone 3**

John Caldarella  
8025 - 156 Street  
Surrey BC V3S 3R4  
coltz@shaw.ca

Res: (604) 597-5194  
Fax: (604) 597-3388

#### **Zone 4**

Lloyd Hamulas  
8065 - 17 Avenue  
Burnaby BC V3N 1M5  
hamulas@telus.net

Res: (604) 521-2345

#### **Zone 5**

Rory Jordan  
1232 Dogwood Crescent  
North Vancouver BC V7P 1G9  
freefall7@shaw.ca

Res: (604) 988-2022  
Fax: (604) 988-2022

#### **Zone 6**

Terry Bagg  
Box 27  
Crofton BC V0R 1R0  
tgim@shaw.ca

Res: (250) 246-9879

**Zone 7**

John Howett  
Box 2  
Burns Lake BC V0J 1E0

Res: (250) 692-3249

**Zone 8**

John Bock  
6986 Irene Road  
Prince George BC V2N 5P2  
jdbock@telus.net

Res: (250) 964-2899

## **Shooting – Smallbore Preview: The Top Smallbore Shoot of the Year**

*This is the first year of having “Juniors Only” competing at the BC Summer Games; however for the past 2 BC Games, there have been few seniors competing. Juniors are up to the age of 21 years, the International age rules. The BC Summer Games have been the best-attended event of the BC Smallbore shooting calendar since the early 1990’s. The Smallbore competition at the BC Games also rivals the provincial championships in terms of quality. The BC Summer Games are used to identify promising athletes that could be the next Canada Winter Games or National Team athletes.*

*Provincials are held every year in early July and the 2003 Nationals will be held in Calgary. Many athletes that compete at the BC Summer Games go on to compete in these competitions and earn spots on the National Team. The best BC shooters pass through the BC Games on their way to higher-level competition.*

*2003 Canada Games Team (U-18) - 100% BC Summer Games alumni  
1999 Canada Games Team (U-18)- 100% BC Summer Games alumni  
2002 Junior Provincial Team (U-21) - 100% BC Summer Games alumni  
2001 National Team athletes from BC - 81% BC Summer Games alumni*

*“The BC Games is the only competition we have where there is representation from the whole province. When I competed in the BC Games, it was the one place where I could tell where I stood.” said Jim Fox, provincial advisor to BC Games from the British Columbia Target Sports Association. Jim was the Junior Gold Medal winner in 1984 and the Senior Gold Medal winner in 1992. He is now coaching Junior and Senior athletes.*

*Most top shooters begin shooting at age 11. In the first year youngsters start with the prone (lying) position, then progress to kneeling, and finally the more difficult standing position by the end of their second year. The level of proficiency that eventually develops in these juniors is astounding. In Air Rifle, for example, the athletes are trained to maintain their competitive focus on a target where they are trying to hit a dot no bigger than one-half of a millimeter in diameter, for 60 shots over a time frame of 1 hour and 45 minutes.*

### **Athletes to Watch**

*The top zone in recent BC Games has been Vancouver Island-Central Coast (Zone 6); however in 2002, the Gold Medal Team was from Thompson Okanagan (Zone 2). Its looking like Zone 2 is making its way back to the top spot they once held in the early to mid 1980’s. Campbell River (Zone 6) has produced more national team athletes largely because of the commitment of the coaches and the support that the parents give their athletes.*

### **Top Athletes in BC**

*BC has produced one Olympic athlete in Smallbore, Cari Johnson of Campbell River (Zone 6), who competed in Sydney (2000) together with Olympic coach Joe Boutilier, of Campbell River. Many more BC athletes have their eyes on competing at the 2004 Olympics in Athens. This once male dominated sport, is becoming dominated by female shooters. For example, the Air Rifle finals at the 2001 Nationals consisted of only 2 males and 6 females. BC is one of the top suppliers of athletes to the National team.*

### **Media Contact**

*Jim Fox, Provincial Advisor, (250) 371-6535, Jim.Fox@gems4.gov.bc.ca,*

## Soccer – Boys and Girls



### **Age**

**Under 13**

Players must be born in 1991 only.

### **Venue**

Exhibition Park/Bateman Park

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) This competition is open to zone developmental teams. All players must be registered with the BCSA by June 1, 2004. Contact the BCSA Office for registration: 1126 Douglas Road, Burnaby, BC, V5C 4Z6. The BCSA will be assessing an organizational fee in addition to the BC Games registration fee. This organizational fee will support the development of soccer in the zones and should be paid directly to BCSA.

### **Events and Categories**

Tournament draw to be determined by the BC Soccer Association Summer Games Committee on a seeding basis in consultation with the Provincial Advisor.

### **Zone Team Composition**

A team of 18 female competitors and a team of 18 male competitors per zone. Teams entering this competition are representing a provincial zone and not an association or league.

### **Coaches and Managers**

1 coach, 1 assistant coach and 1 manager per team (at least one of whom is the same gender as the team competitors).

### **Individual Participation**

2 teams per zone (one female team and one male team).

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be certified as a Soccer Community Coach-Senior. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Zone team selection must be completed by June 1, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.) No changes will be made to the registration forms submitted without the prior approval of BCSA.

### **Accommodation**

BCSA states that all participants are required to stay in BC Games accommodation regardless of where they reside.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 36 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Robert Hope  
5081 Lakeridge Place  
Victoria BC V8Y 2R1  
hopeful@telus.net

Res: (250) 658-0171  
Fax: (250) 658-4459

#### **Assistant Provincial Sport Organization Advisor**

Markus Reinkens  
1126 Douglas Road  
Burnaby BC V5C 4Z6  
techassistant@bcsoccer.net

Res: (604) 299-6401  
Bus: (604) 299-6401  
Fax: (604) 299-9610

#### **Sport Chair**

Brad Nicholl  
31897 Glenwood  
Abbotsford BC V2T 1E4  
nicholl0547@shaw.ca

Res: (604) 859-0547  
Bus: (800) 661-2766

## **Zone Sport Representatives**

### **Zone 1**

Mark Cecchini  
Box 411  
Fruitvale BC BC V0G 1L0  
mark.cecchini@direct.ca

Res: (250) 367-7691

### **Zone 1 Assistant**

Noreen Clayton  
Nelson BC  
clayleck@telus.net

Res: (250) 352-7893

### **Zone 2**

Marina Korberg  
6630 Apollo Road  
Vernon BC V1H 1J2  
noysa@telus.net

Res: (250) 545-9182

Fax: (250) 545-7044

### **Zone 3**

Jim Richardson  
36 - 46360 Valleyview Road  
Chilliwack BC V2R 5L7  
jjric@telus.net

Res: (604) 824-9911

Fax: (604) 824-9934

### **Zone 4**

Bill Stefanek  
2585 Norcrest Court  
Burnaby BC V3J 1C7  
bjstef@allstream.net

Res: (604) 420-2844

### **Zone 5**

Pat Banks  
255 East 26th Avenue  
Vancouver BC BC V5V 2H2  
mpebanks@hotmail.com

Res: (604) 873-4258

### **Zone 6**

Deryck Cowling  
2565 Lynburn Cres  
Nanaimo BC V9S 3T5  
dcowling@shaw.ca

Res: (250) 758-3201

Fax: (250) 740-2020

### **Zone 6 Assistant**

Diane Quayle  
518 Leaside Place  
Victoria BC V8Z 6M4  
dianequayle@shaw.ca

Res: (250) 727-2385

### **Zone 7**

George Bujtas  
4101 Benner Street  
Terrace BC BC V8G 2B1  
g.bujtas@telus.net

Res: (250) 635-3719

**Zone 7 Assistant**

Beverly Bujtas  
4101 Benner Street  
Terrace BC V8G 2B1  
g.bujtas@telus.net

Res: (250) 635-3719

**Zone 8**

Gale Russell  
1016 Heritage Crescent  
Prince George BC BC V2M 6X3  
galeer@shaw.ca

Res: (250) 562-5356

## **Soccer Preview: Showcasing U13, Stepping Stone to U14**

*For the first time our U13 boys and girls soccer players will be brought together to compete at the BC Summer Games. This tournament will be the showcase event for our Provincial Sports Model and the British Columbia Soccer Association U13 program.*

*For the first time the sport of soccer will be represented by a team composed of the players from our new Intra-Provincial League (IPL) teams and those outstanding youth who represent their respective zones. The zone teams will be selected prior to the BC Games with some individuals already having participated in a full season of IPL developmental soccer.*

### **Getting to the Games.**

*The coaching staff for each zone will be announced in early March 2004. The coaches will then scout throughout their zones looking for the best U13 players in each community. A team of 18 boys and a team of 18 girls will be selected to represent their zones at the 2004 BC Summer Games.*

### **U14 National All Star Championships**

*The 2004 BC Summer Games is a vital step in the development of those soccer players wanting to achieve a position on the U14 BCSA Provincial Team. Every player participating will have this important opportunity to display his or her talent. Players can expect to be assessed by the BCSA staff coaches in attendance. Those coaches will be searching for players to help form the British Columbia U14 Provincial Teams enroute to the 2005 National All Star Championships.*

### **Referees**

*The BC Summer Games will also allow the BCSA Referee Development program to bring together some of our brightest youth soccer referees. Selection will be based on their merit and ambition to progress up the recognized referee development schedule. All of the referees will receive game assessments, which will give some helpful guidance for improving their skills.*

### **Team Coaches**

*For the first time a mandatory minimum level of "Full Community Coach Certification" will be required for the zone team coaches. This will ensure that all of our soccer players receive an experienced, well-rounded coach that has met the criteria for coaching development.*

### **Media Contact:**

*Robert Hope, Provincial Advisor, BCSA Director, [hopeful@telus.net](mailto:hopeful@telus.net)*



## **Softball – Boys and Girls**

### **Age**

**Under 13**

1<sup>st</sup> and 2<sup>nd</sup> year Squirt and 1<sup>st</sup> year Pee Wee. Under 13 as of December 31, 2004.

### **Venue**

Exhibition Park/Ellwood Park

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) The Special Operating Rules, specifically Article 13, and the Championship Rules of Softball BC shall apply to the BC Summer Games. Only players currently listed on teams registered with Softball BC on or before June 1, 2004, as chosen during the training and selection process by each appointed Softball BC zone coaching contingent, are eligible to participate in BC Summer Games. Information and forms for registering with Softball BC and/or the protocol specific to the BC Summer Games zone Softball teams, are available from the zone representatives listed below or from Softball BC at PO Box 45570, Sunnyside Mall, Surrey BC V4A 9N3 or phone (604) 531-0044; Fax: (604) 531-8831.

### **Events and Categories**

Tournament draw to be made by the Softball BC Summer Games Committee. Zone player registration forms and birth certificates are required at the pre-tournament meeting.

### **Zone Team Composition**

A team of 16 female competitors and a team of 16 male competitors. There must be a minimum of nine (9) players to a maximum of sixteen (16) players per team. No bat boys or bat girls are allowed.

### **Coaches and Managers**

3 coaches and 1 manager per team (two of whom must be the same gender as the teams' competitors).

### **Individual Participation**

2 teams per zone (one male team and one female team).

### **Coaching and Chaperoning**

The Provincial Sport Organization states that the head coach for each team must be fully certified NCCP Level 2 (Softball); the other two coaches must be fully certified at NCCP Level 1 and have Level 2 Theory. As a chaperone, the team manager must be of the same gender as the team and at least one of the three coaches must be of the same gender as the team. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Deadlines...**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.)

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

All teams, regardless of residence, must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 24 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Jackie Dugger  
432 Balfour Drive  
Coquitlam BC V3K 6J7  
jackiedugger@shaw.ca

Res: (604) 931-7687  
Bus: (604) 937-2510  
Fax: (604) 937-2540

#### **Assistant Provincial Sport Organization Advisor**

Chris Young  
11741 - 194 A Street  
Pitt Meadows BC V3Y 1G5  
C\_Young@telus.net

Res: (604) 460-0012  
Fax: (604) 460-0012

**Sport Chair**

Mona Anglin  
1127 - 256 Street  
Aldergrove BC V4W 2G3  
monaanglin@shaw.ca

Res: (604) 856-6950  
Fax: (604) 856-6950

**Assistant Sport Chair**

Rusty Konsmo  
PO Box 166  
Milner BC V0X 1T0  
rustykonsmo@shaw.ca

Res: (604) 534-6276

**Zone Sport Representatives****Zone 1**

Alan Coles  
c/o 27 - 10th Avenue S.  
Cranbrook BC BC V1C 2M9  
alanc@ekrealty.com

Res: (250) 426-5569  
Bus: (250) 489-3221  
Fax: (250) 489-2662

**Zone 2**

Sandy Runzer  
2148 Walburn Road  
Kelowna BC V1P 1E3  
runzer@silk.net

Res: (250) 765-6917  
Fax: (250) 765-8286

**Zone 2 - Assistant**

Durvene Gal  
1861 Lodgepole Drive  
Kamloops BC V1S 1X8  
durvene@telus.net

Res: (250) 828-2401  
Bus: (250) 372-2536  
Fax: (250) 374-1987

**Zone 3**

Brenda Markerth  
1711 Keats Street  
Abbotsford BC V2S 3G3  
brendajm@shaw.ca

Res: (604) 853-9940  
Bus: (604) 859-2220

**Zone 3 - Assistant**

Andrea Barlow  
D302 - 10772 - 150 Street  
Surrey BC V3R 4C7  
andreabarlow@shaw.ca

Res: (604) 585-8892  
Bus: (604) 581-5441 (240)  
Fax: (604) 581-4372

**Zone 4**

Kerri Cottreau  
11476 - 87 Avenue  
Delta BC V4C 2Z8  
cottreau@dccnet.com

Res: (604) 543-3207  
Fax: (604) 543-3201

**Zone 4 - Assistant**

Suzy Parker  
12271 Barnes Drive  
Richmond BC V6V 1H7  
suzy\_parker@city.vancouver.bc.ca

Res: (604) 276-8565  
Bus: (604) 257-8156  
Fax: (604) 276-8565

**Zone 5**

Len Chin  
108 - 4960 Bennett Street  
Burnaby BC V5H 2G9

Res: (604) 430-2285  
Bus: (604) 583-9564  
Fax: (604) 583-9564

**Zone 5 - Assistant**

Bill Woods  
1165 - 14 Street  
West Vancouver BC V7T 2R8  
seatech@netcom.ca

Res: (604) 922-6087  
Bus: (604) 922-0511  
Fax: (604) 922-0511

**Zone 6**

Cal Davies  
Site 234, C40  
Port Alberni BC V9Y 7L6  
cal@albernichrysler.com

Res: (250) 723-5916  
Bus: +1 (800) 442-5331  
Fax: (250) 723-7170

**Zone 6 - Assistant**

Guy Adams  
2812 Apple Drive  
Campbell River BC V9W 6X3  
gadams@oberon.ark.com

Res: (250) 923-9556  
Bus: (250) 286-3373  
Fax: (250) 923-6590

**Zone 7**

Don Markwart  
73 Partridge  
Kitimat BC V8C 1L6  
don.markwart@alcan.com

Res: (250) 632-5865  
Bus: (250) 639-8652  
Fax: (250) 639-8115

**Zone 8**

Leah Lampert  
5902 Bench Drive  
Prince George BC V2K 4Y8  
lampi@shaw.ca

Res: (250) 564-5469  
Bus: (250) 562-5393  
Fax: (250) 564-5469

### **Softball Preview: New All-Star Format**

*Softball BC will introduce a new zone All-Star Team format at the Abbotsford 2004 BC Summer Games. Athletes must be U13 to compete. Softball BC is using the BC Summer Games as the first step in the development of athletes for the Team BC program for the 2003 Western Canada Summer Games and the Canada Summer Games. The BC Summer Games will serve as a great opportunity for the elite athletes from all over our province to be showcased for future Team BC programs.*

*Watch for the best players from every zone compete against each other in a new age group with a new All-Star concept.*

*Tryouts for the zone teams will take place in the Summer and Fall of 2003 allowing the coaches to hold indoor camps throughout the winter and not interfere with club team activity.*

*Most of the athletes have started playing at the age of 5 or 6 for their local community associations and have achieved the desire to take their game to a higher level and compete against other athletes of the same ability. Certified coaches are registered on every team to ensure that these athletes get the best training possible.*

*The BC Summer Games will start the athletes, coaches and officials on the quest for competing at a higher level of competition – Western Canada Summer Games, Canada Games, Worlds and the Olympics. Our goal is for our athletes, coaches and officials to be recognized nationally and internationally.*

#### **Media Contact**

*Linda Slavin, General Manager, BC Amateur Softball Association,  
(604) 531-0044, [info@softball.bc.ca](mailto:info@softball.bc.ca), <http://www.softball.bc.ca>  
Jackie Dugger, Provincial Advisor, (604) 937-2510, [jackiedugger@shaw.ca](mailto:jackiedugger@shaw.ca)*

# Synchronized Swimming



## Age

13 - 16

13 – 16 as of December 31, 2004.

## Venue

Abbotsford Recreation Centre

## Eligibility Requirements

Competitive 1 and Competitive 2 athletes are eligible to participate in the BC Summer Games, however, Competitive 2 athletes are given priority in the zone selection.

(In addition to Section V-2 of the Rules.) All competitors must be registered as swimmers through a club or facility affiliated with Synchro BC by April 15, 2004. A minimum fee may be charged at the zone selection meet.

Athletes may only attend one BC Games to compete in Synchronized Swimming.

## Events and Categories

**Categories:**     *Competitive 1*           (pool time consisting of seven [7] or less hours of practice a week)

*Competitive 2*           (pool time consisting of greater than seven [7] hours of practice a week)

Pool time includes team training times, team training, workout and figures.

Teams will consist of a minimum of four [4] swimmers and a maximum of six [6] swimmers. A zone may have more than one team in a competitive category.

**Events:**           “Competitive 1” Figures, Team, Duet and Solo  
                          “Competitive 2” Figures, Team, Duet and Solo

All swimmers must enter the figure event and at least one routine event. Each zone may enter a maximum of one (1) Competitive 1 Solo and two (2) Competitive 1 Duets, and two (2) Competitive 2 Duets and two (2) Competitive 2 Solos.

\*Note: if there are two (2) Competitive 1 teams from a zone, that zone will be allowed a total of two (2) Competitive 1 Solos.

Figure placings are determined by final figure scores. Final placing for the routine competitions will be based upon the composite figure and routine scores.

*Figure Events:*

**Competitive 1 Figures:**

321	Somesub
311	Kip
102	Ballet Leg Alternate
423	Ariana

**Competitive 2 Figures:**

140	Flamingo Bent Knee
342	Heron
423	Ariana
240d	Albatross Spinning 180

*Routine Events:*

<u>Time Limits</u>	<u>Solo</u>	<u>Duet</u>	<u>Team</u>
<b>Competitive 1</b>	2:00	2:30	3:00
<b>Competitive 2</b>	2:20	3:00	3:30

Deckwork for all routines shall not exceed:

<b>Competitive 1</b>	20 seconds
<b>Competitive 2</b>	10 seconds

***Penalties***

*Penalties for Figures* – a one point penalty shall be deducted from the total score for the figure after the degree of difficulty has been computed if:

- a competitor performs other than the figure posted for that panel and then performs the correct figure on the second attempt, after being informed of the nature of the error by the referee, or
- if a competitor stops during the figure and requests to do the figure again.

The judges shall award (but not flash) a zero if the competitor does not make a second attempt, or if on the second attempt performs a wrong figure.

*Penalties for Routines*

- penalty of one (1) shall be deducted from the routine score in the event that the time limit for deck movement is exceeded.
- penalty of one (1) will be given if the routine is more than 15 seconds over or below the set time limit.

***Equipment***

*Music:* One selection per cassette. No more than a 10 second lead in before music begins. Tapes must be handed in at the start of the competition and left with the competition chairman until after the event.

### **Medals**

Gold, Silver and Bronze medals will be awarded in each event. If there are less than 4 entries in any event, only Gold and Silver medals will be awarded. If there are less than 3 entries in any event, only a Gold medal will be awarded.

### **Zone Team Composition**

Maximum of 7 competitors per zone.

### **Wildcard**

In addition to the allocation per zone, 16 wildcard spots will be available to a maximum of 72 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### **Coaches/Managers and Chaperones**

1 coach and 1 assistant coach/manager per zone. A chaperone will be permitted where both coaches are under 19.

Zone representatives must register their number of competitors with the Provincial Advisor by May 14, 2004.

### **Coaching**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 2. Assistant Coaches/Managers must be fully certified NCCP Level 1.

Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Deadlines....**

**Zone Selections:** (Check Section V-11(a) of the Rules and following sections on Zone information.) Each zone will need to organize a selection meet for both categories. Zone representatives must provide the Provincial Advisor with the number of eligible swimmers in their zone by May 14, 2004. The Provincial Sport Organization states that all zone qualifications must be completed and all registration and entry forms submitted to the Provincial Advisor by June 14, 2004.

### ***BC Games Entry Deadline***

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is

any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 17 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Susan May  
2966 Robson Drive  
Coquitlam BC V3E 2T1  
susanmay@telus.net

Res: (604) 468-9942

#### **Assistant Provincial Advisor**

Bev Cleal  
2665 Asquith Street  
Victoria BC V8R 3Y4  
synchro@pacificsport.com

Res: (250) 519-0487

#### **Sport Chair**

Shari West  
46266 Cessna Drive  
Chilliwack BC V2P 7W2  
shariwest@shaw.ca

Res: (604) 792-9062

Bus: (604) 824-5250

Fax: (604) 792-9062

#### **Zone Sport Representatives**

##### **Zone 1**

Susan Christie  
PO Box 166  
Crescent Valley BC V0G 1H0  
susanchristie@uniserve.com

Res: (250) 359-8064

##### **Zone 2**

Liz Dewhirst  
7440 Barnheartvale Road  
Kamloops BC V2C 6T7  
liz.waimate@home.com

Res: (250) 573-3472

##### **Zone 3**

Lorraine Rowland  
8006 - 17 Avenue  
Burnaby BC V3N 1M6

Res: (604) 522-1438

**Zone 4**

Leona Hamm  
3892 Regent Street  
Burnaby BC V5C 4G8

Res: (604) 436-0366

**Zone 5**

Louise Chatten  
2156 Braeside Place  
Coquitlam BC V3E 3L3  
louisechatten@telus.net

Res: (604) 944-4779  
Fax: (604) 945-4416

**Zone 6**

Heidi Bromley  
2940 Anchor Way  
Nanoose Bay BC V9P 9G2  
heidibromley@shaw.ca

Res: (250) 468-7264  
Fax: (250) 468-7264

**Zone 7**

Calvin Gray  
1000 McBride Street  
Prince Rupert BC V8J 3H2  
aquacord@citytel.net

Res: (250) 627-7946  
Bus: (250) 627-7946

**Zone 8**

Dorothy Ehrman  
Box 227  
Mackenzie BC BC V0J 2C0

Res: (250) 997-6205  
Bus: (250) 997-5283  
Fax: (250) 997-5792

## **Synchro Preview: 2007 Canada Games and Beyond**

*The BC Summer Games program perfectly fits a synchronized swimmer's path towards high performance, allowing an athlete to experience her first multi-sport games before proceeding on to higher levels of competition like the Canada Winter Games, National Championships, and National Team Programs.*

*One of the benefits of the BC Summer Games is that it provides a valuable opportunity for an athlete to team-up with peers from her zone who may train with a different coach and club during the regular competitive season. An athlete may find herself learning and training a routine that she has competed against all season. This is a wonderful learning experience for our athletes and helps them to prepare for teaming up with athletes from across Canada as part of the National Team program.*

*In order to provide competitive opportunities in all zones, we have two levels of competition at the Abbotsford 2004 BC Summer Games, based on the number of hours of training time spent in the pool during the competitive season: One category for athletes who spend many hours in the pool per week and have aspirations of moving on to higher level competitions; and one for those athletes who are only able to train six hours or less per week because of access to facilities or qualified coaches. For the latter, the BC Games serve as a highlight of their synchronized swimming experience for the season and may inspire them to commit to longer training hours in order to compete at higher levels.*

### **Teams to Watch**

*Zone teams who have the access to the best facilities and most experienced coaching staff are generally the most successful in competition. The team from Zone 3 (Fraser Valley), with relatively new and accessible pools in Coquitlam, Surrey, and Langley, is traditionally very strong. And, with regional training centers in Kamloops and Victoria, both the Zone 2 (Thompson-Okanagan) and Zone 6 (Vancouver Island – Central Coast) teams are expected to perform well in Abbotsford in 2004.*

### **BC Games Alumni**

*Some of the former BC Games athletes who have gone on to achieve success on the world stage, include: Christine Larsen, 1990 Commonwealth Games Gold and 1996 Olympic Games Silver; and Tanya Matson, the youngest athlete to qualify for the National Team and a Swiss Open silver medallist.*

### **Background**

*Synchronized swimming is one the best all-round development sports, requiring overall body strength, agility, grace, beauty, split-second timing, musical interpretation, stamina, and dramatic flair. Essentially, this unique sport could be described as one in which power, strength, and technical skills are displayed in an artistically choreographed routine. A competitive synchronized swimmer must possess a high level of aquatic ability and superb physical conditioning. Achieving this level of fitness demands upwards of 25 hours of training and practice per week.*

### **Media Contacts**

*Ursula Pedersen, Technical Director, Synchro Swim BC – (604) 737-3169  
Joan Irwin, Executive Director, Synchro Swim BC – (604) 737-3169  
Anne Outhwaite, VP Communications, Synchro Swim BC – (604) 535-8294*

## Tennis



### **Age**

**Under 12**

Under 12 (10 & 11) as of January 1, 2004.

### **Venue**

Great West Fitness

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) A minimum entry fee may be charged at the zone qualification events. All competitors must be a member in good standing with Tennis BC, or a competitor must obtain individual membership through Tennis BC at #204 – 1367 West Broadway, Vancouver BC V6H 4A9.

### **Events and Categories**

Singles, Doubles, Mixed Doubles

### **Zone Team Composition**

Maximum of 8 competitors per zone (4 males and 4 females).

### **Wildcards**

In addition to the allocation per zone, 8 wildcard spots (4 males and 4 females) will be available to a maximum of 72 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### **Coaches/Managers and Chaperones**

One coach and 1 assistant coach/manager (one male and one female) per zone.

### **Individual Participation**

Competitors may enter only one event.

### **Coaching**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Tennis BC states that all zone qualifications be held by June 1, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 6 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Sam Haqq  
10260 River Drive  
Richmond BC V6X 1Z3  
nhaqq@telus.net

Res: (604) 278-8978

#### **Assistant Provincial Advisor**

Nerys Haqq  
10260 River Drive  
Richmond BC V6X 1Z3  
nhaqq@telus.net

Res: (604) 278-8978

#### **Sport Chair**

Steven Keys  
Great West Fitness and Racquet Club  
PO Box 13, Stn. Main  
Abbotsford BC V2S 4N7  
skeys@shaw.ca

Res: (604) 522-2902

Bus: (604) 854-3284

Fax: (604) 556-0605

## **Zone Sport Representatives**

### **Zone 1**

Tom Hierck  
972 Hwy 3A  
Nelson BC V1L 6J5  
thierck@sd8.bc.ca

Res: (250) 352-7849

### **Zone 2**

Norma Lundgren  
1548 Klein Road  
Kelowna BC V1Z 3H5

Res: (250) 769-7486

### **Zone 2 Assistant**

Roger Lundgren  
1548 Klein Road  
Kelowna BC V1Z 3H5

Res: (250) 769-7486

### **Zone 3**

Peter Knispel  
18150 - 8 Avenue  
Surrey BC V3S 9R9

Bus: (604) 538-1212

### **Zone 4**

Nerys Haqq  
10260 River Road  
Richmond BC V6X 1Z3  
nhaqq@telus.net

Res: (604) 278-8978

### **Zone 5**

Polina Konstantinova  
701 - 1155 Homer Street  
Vancouver BC V6B 5T5  
polinak@shaw.ca

Res: (604) 605-1280

### **Zone 6**

Ludo Bertsch  
2758 Asquith Street  
Victoria BC V8R 3Y5  
ludobertsch@theclaycourts.com

Res: (250) 592-1488

### **Zone 6 Assistant**

Dean Gillis  
84 San Jose Avenue  
Victoria BC V8V 2C2  
gillisd@gov.saanich.bc.ca

Res: (250) 595-7121

### **Zone 7**

Dorothy Cheyne  
55 Dunn Street  
Kitimat BC V8C 1C6  
cheyne@yellowhead16.net

Res: (250) 632-3871

**Zone 8**

Tristan Pearce  
PO Box 2673  
Prince George BC V2N 4T5  
info@pgtennis.com

Res: (250) 564-5683

**Zone 8 Assistant**

Brett Hopson  
2635 - 15th Avenue  
Prince George BC V2N 2S7

Res: (250) 564-3421  
Bus: (250) 563-9264

## **Tennis Preview: The Games Get Younger**

*For the first time, the BC Games will be targeted exclusively to athletes in the under 12 age category. All restrictions on ability level have been removed to allow the best in the province to compete for the gold. Tennis BC decided to take this focus for two main reasons: Firstly, to put the BC Games as the first step for juniors on the multi-sport games ladder, to be followed by the Western Canada Summer Games for juniors under 16 and the Canada Games for the under 18 age category. Secondly, to reduce the disparity of ability levels between regions. This may be a great opportunity for athletic juniors from outlying regions to showcase their talent while they are still at the developmental stage.*

### **Background**

*The potential for tennis in British Columbia remains largely untapped. We have more public courts per capita than any other province in Canada and weather that allows us to play outdoors 10 months of the year (barring rain). Tennis is also a sport that can be played year-round as juniors move indoors to compete over the winter on the Tennis BC Junior Indoor Circuit. By targeting young athletes who may be trying out tennis for the first time, we hope that they will get hooked on the game earlier and choose to stick with it longer. Tennis can be enjoyed for a lifetime because of its wonderful combination of fitness, coordination, mental toughness, and team play.*

### **Zone / Athletes to Watch**

*Vancouver (Zone 5) has historically been the strongest zone at the BC Games. Now that the focus is on U12's, we may see some stiff competition from Vancouver Island (Zone 6), the Fraser Valley (zone 3), and the Kootenays (Zone 1). You never know where the next hopeful might come from, as demonstrated by Vasek Pospisil of Vernon (Zone 2) who went on to become one of the top 5 U12 athletes in the world in 2002.*

### **Qualifying Events**

*Qualifying events will be held sometime between May and June of 2004 in all respective zones. This information will be posted on the Tennis BC website at [www.tennisbc.org](http://www.tennisbc.org) when details are finalized.*

### **Major Competitions**

*For those U12 athletes who wish to compete further in tournaments, Tennis BC offers events all year round. Our Junior Provincial Championships and the Stanley Park Open held in July are the two premier events of the year. Tennis BC also hosts provincial camps in the winter and summer to all promising juniors who would like a chance to be selected to our Provincial Squad. For those interested in getting a start in competitive tennis, the Wilson Rookie Tour hosts 23 events around the province from May to September.*

### **Media Contact**

*Matt Dolf, High Performance Director, (604) 737-3119, [mdolf@tennisbc.org](mailto:mdolf@tennisbc.org)*



## Triathlon

### Age

14 - 15

14 – 15 years as of December 31, 2004.

### Venue

Albert Dyck Park

### Eligibility Requirements

(In addition to Section V-2 of the Rules.) The competition is open to all competitors who meet the age and registration requirements of Triathlon BC.

Competitors must be members of Triathlon BC prior to the Games.

### Events and Categories

Events:	Friday:	Duathlon -	1 km run / 5 km bike / 1 km run
		Aquathlon -	300 m swim / 1 km run
	Saturday:	Triathlon -	400 km swim / 15 km bike / 3 km run

### Zone Composition

Maximum of 6 competitors per zone (3 males and 3 females).

### Wildcards

In addition to the allocation per zone, 6 wildcard spots (3 male and 3 female) will be available to a maximum of 54 competitors for the sport. Wildcard spots to be determined by the Provincial Advisor.

### Coaches/Managers and Chaperones

1 coach and 1 assistant coach/manager (one male and one female) per zone.

### Coaching

The Provincial Sport Organization states that all coaches must have full NCCP Level 1 certification and Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Selection races and camps will be held throughout the Province in May/June 2004 with selections to be completed no later than June 6, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 8 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

KC Emerson

114 - 1844 West 7 Avenue

Vancouver BC V6J 1S8

chlorinekid@yahoo.ca

Res: (604) 730-0053

Bus: (604) 323-5753

Fax: (604) 736-3180

#### **Assistant Provincial Advisor**

Kristine Chambers

1270 Kelowna Street

Vancouver BC V5K 4E2

chambersfamily@telus.net

Res: (604) 253-0453

Fax: (604) 736-3180

#### **Sport Chair**

Richard Kuczko

c/o 46296 Princess Avenue

Chilliwack BC V2P 2A9

rkucsko@hotmail.com

Res: (604) 684-2453

Fax: (604) 814-3450

Cell: (604) 790-8743

**Assistant Sport Chair**

Kevin Melanson  
32926 – 4<sup>TH</sup> Avenue  
Mission BC V2V 1S1  
krocster@yahoo.com

Res: (604) 556-8741

**Zone Sport Representatives****Zone 1**

Brian Taylor  
Box 815, 1811 Union Avenue  
Rossland BC V0G 1Y0  
kootenaymultisport@hotmail.com

Res: (250) 362-7117  
Bus: (250) 362-7145

**Zone 2, 6 and 8**

Triathlon BC  
Box 34098 Stn. D  
Vancouver BC V6J 4M1  
info@tribc.org

Bus: (604) 736-3176  
Fax: (604) 736-3180

**Zone 3**

Rhonda Tilson  
4208 14 Avenue  
Vernon BC V1T 7Z7  
r.tilson@telus.net

Res: (250) 549-5021

**Zone 4**

Kerrie Pickerill  
1525 Bramble Lane  
Coquitlam BC V3B 2S7  
coachkerrie@hotmail.com

Res: (604) 944-0988  
Bus: (604) 813-7495

**Zone 5**

KC Emerson  
114 - 1844 West 7 Avenue  
Vancouver BC V6J 1S8  
chlorinekid@yahoo.ca

Res: (604) 730-0053  
Bus: (604) 323-5753  
Fax: (604) 736-3180

**Zone 5 Assistant**

Kristine Chambers  
1270 Kelowna Street  
Vancouver BC V5K 4E2  
chambersfamily@telus.net

Res: (604) 253-0453  
Fax: (604) 736-3180

**Zone 7**

Myers Bennett  
32 Petrel Street  
Kitimat BC V8C 1M2  
mbennett@envisionfinancial.ca

Res: (250) 632-7633  
Bus: (250) 632-7165

## **Triathlon Preview: From Kids of Steel to U-20 National Championships**

*Abbotsford will be the third time triathlon is included in the BC Summer Games, with the BC Games already firmly established as the stepping-stone from local Kids Of Steel events, to the Provincial Team, to the Junior (U-20) National Championships. Past BC Games medallists have already gone on to represent Canada at the ITU Triathlon World Championships!*

*New for 2004 will be additional medal events, a Duathlon (run-bike-run) and Aquathlon (swim-run), providing more challenges for our participating athletes.*

### **Athletes to Watch**

*The strongest zones in terms of development are Vancouver Island-Central Coast (Zone 6), home of the PacificSport National Triathlon Centre, and the Okanagan (Zone 2), home of the Penticton Ironman Canada Championship. New youth clubs in Fraser River-Delta (Zone 4) and the Kootenays (Zone 1) will provide extra competition at the selection events and the BC Summer Games in 2004.*

### **Development in BC**

*Triathlon BC is currently implementing a new National Junior Development Program that includes supporting a Provincial junior race series, hosting school-based clinics throughout the province, and encouraging community groups to hold introductory camps and expos. The number of junior race events on our calendar grows significantly each season.*

*With Triathlon targeted as a pilot sport for CBET coaching development, that is a significant initiative provincially and nationally.*

*Simon Whitfield (Victoria), the 2000 Olympic Champion, continues to be a strong supporter of grassroots participation and the introduction of children to a healthy active lifestyle, thus we are fortunate to benefit from, and build upon, the media attention he is able to focus on our sport.*

### **Media Contact:**

*K. C. Emerson, Provincial Advisor, Triathlon BC (604) 323-5753,  
[kemerson@langara.bc.ca](mailto:kemerson@langara.bc.ca)  
Kristine Chambers, Assistant Provincial Advisor, (604) 253-0453,  
[chambersfamily@telus.net](mailto:chambersfamily@telus.net)  
Triathlon BC office, (604) 736-3176, [info@tribc.org](mailto:info@tribc.org)*



## **Volleyball – Beach**

### **Age**

**17 and under**

Born in 1987 and later.

### **Venue**

TBA

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) The competition is open to all players who meet the age and registration requirements of Volleyball BC.

Coaches/managers should contact zone representatives regarding Volleyball BC memberships prior to team selections. Forward registrations to Volleyball BC, 7564 Barnet Hwy., Burnaby BC V5A 1E7 or call (604) 291-2007 ext #22.

### **Events and Categories**

Team competition with two girls' and two boys' teams from each zone. If all zones are represented, each group will be divided into four pools of four teams for round robin competition.

### **Zone Team Composition**

4 female competitors and 4 male competitors per zone.

### **Coaches and Manager**

1 coach and 1 assistant coach/team leader (one male and one female) per zone.

### **Individual Participation**

Two girls' teams and two boys' teams per zone.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must have full NCCP Level 1 certification and Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

**Zone Selections:** (Check Section V-11(a) of the Rules and following sections on Zone information.) Zone selection camps will be held throughout the province in May. All zone selections must be completed and registration forms submitted to the Volleyball BC office no later than June 7, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 must stay in BC Games accommodation regardless of where they reside. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 12 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Rae Mitchell  
7564 Barnet Highway  
Burnaby BC V5A 1E7  
techdirector@volleyballbc.ca

Bus: (604) 291-2007 ext 22  
Fax: (604) 291-2602

#### **Sport Chair**

Rocky Olfert  
12 - 2998 Mouat Drive  
Abbotsford BC V2T 4E6  
rocky.olfert@columbiabc.edu

Res: (604) 853-7701  
Bus: (604) 853-3567 ext. 410  
Fax: (604) 854-1862

#### **Zone Sport Representatives**

##### **Zone 1**

Joe Moreira  
983 Kelly Drive  
Castlegar BC V1N 4P5  
jmoreira@sd8.bc.ca

Res: (250) 359-7941  
Bus: (250) 359-7219

**Zone 2**

Steve Manuel  
880 Hubbard Road  
Kelowna BC V1W 1N4  
okva@shaw.ca

Res: (250) 764-3020  
Bus: (250) 764-3020  
Fax: (250) 764-3023

**Zones 3, 4 and 5**

Dawna Sales/Rae Mitchell  
7564 Barnet Highway  
Burnaby BC V5A 1E7  
techdirector@volleyballbc.ca

Bus: (604) 291-2007 ext 22  
Fax: (604) 291-2602

**Zone 6**

Chris Densmore  
2350 Wild Dove Road  
Nanaimo BC V9T 3T1  
islandvolleyball@shaw.ca

Res: (250) 756-4812  
Fax: (250) 756-4865

## **Volleyball – Indoor – Boys and Girls**



### **Age**

**15 and Under**

Born 1989 and later.

### **Venue**

Columbia Bible College/University College of the Fraser Valley

### **Eligibility Requirements**

(In addition to Section V-2 of the Rules.) The competition is open to all players who meet the age and registration requirements of the Volleyball BC. Coaches/managers should contact Zone Representatives regarding Volleyball BC memberships prior to team selections. Forward registrations to Volleyball BC at 7564 Barnet Hwy., Burnaby BC V5A 1E7 or call (604) 291-2007 ext #22.

### **Events and Categories**

Team competition with one girls' and one boys' team from each zone. If all zones are represented, the teams will be divided into two pools of four for round robin competition.

### **Zone Team Composition**

1 team of 12 female competitors and 1 team of 12 male competitors per zone.

### **Coaches and Managers**

1 coach and 1 assistant coach/manager (at least one of whom is the same gender as the team's athletes) per team.

### **Individual Participation**

2 teams per zone (1 girls' team and 1 boys' team).

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all first year coaches and assistant coaches/managers (wherever possible) must have full NCCP Level 1 certification plus Level 2 Technical; second year coaches must have full NCCP Level 2 Theory and Technical. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Zone selection camps will be held throughout the province in May. All Zone Selections must be completed and registration forms submitted to the Volleyball BC office no later than June 7, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 must stay in BC Games accommodation regardless of where they reside. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 12 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Rae Mitchell  
7564 Barnet Highway  
Burnaby BC V5A 1E7  
techdirector@volleyballbc.ca

Bus: (604) 291-2007 ext 22  
Fax: (604) 291-2602

#### **Sport Chair**

Tim Demant  
12 - 2998 Mouat Drive  
Abbotsford BC V2T 4E6  
Tim.Demant@columbiabc.edu

Bus: (604) 853-3567 ext. 410  
Fax: (604) 854-1862

#### **Zone Sport Representatives**

##### **Zone 1**

Joe Moreira  
983 Kelly Drive  
Castlegar BC V1N 4P5  
jmoreira@sd8.bc.ca

Res: (250) 359-7941  
Bus: (250) 359-7219

**Zone 2**

Steve Manuel  
880 Hubbard Road  
Kelowna BC V1W 1N4  
okva@shaw.ca

Res: (250) 764-3020  
Bus: (250) 764-3020  
Fax: (250) 764-3023

**Zone 3, 4 and 5**

Rae Mitchell/Dawna Sales  
7564 Barnet Highway  
Burnaby BC V5A 1E7  
techdirector@volleyballbc.ca

Bus: (604) 291-2007 ext 22  
Fax: (604) 291-2602

**Zone 6**

Chris Densmore  
2350 Wild Dove Road  
Nanaimo BC V9T 3T1  
islandvolleyball@shaw.ca

Res: (250) 756-4812  
Fax: (250) 756-4865

## **Volleyball Preview: Entry Point for Olympics**

*Every two years the BC Summer Games are the entry point for Volleyball BC's ladder to the Olympics in both indoor and beach volleyball. For example, 95% of the 2001 Provincial Teams are BC Games alumni. In the non-Games years, the Baden Cup camp and tournament identifies young talent.*

*For indoor, the 15 & under format means most of the players will be from grades eight or nine, the point when most top players talent becomes evident. For beach, where players emerge a little later, the format is 17 & under.*

*The best players for each discipline, from each of the zones will be selected from an invitational camp in May or June.*

### **Strong Zones to Watch**

*Indoor: For girls the Lower Mainland (Zones 3, 4, and 5) dominated this year in club volleyball taking bronze, silver and gold in the BC Summer Games age category provincial championships. For boys, Victoria's (Zone 6) club team won the title but all corners of the province were vying for the remaining medals.*

*Beach: The Island (Zone 6) continues to dominate the youth beach volleyball scene after taking 4 out of 6 medals at the Nanaimo 2002 BC Summer Games. For boys and girls the Island teams are going to be the ones to beat.*

### **Players to Watch**

*Indoor:*

*Erica Roberts, Vancouver (Zone 5); Kristen Lindahl, Vancouver (Zone 5); Jillian Donen, White Rock (Zone 3); Tiffany Chung, Burnaby (Zone 4).*

*Mark Howatson, Victoria (Zone 6); Curtis Wood, Victoria (Zone 6); Jeremy Kler, Vernon (Zone 2); Tanner Kozac, Vernon (Zone 2).*

*Beach:*

*Mallory Nakagawa / Talia Reimer*

### **Media Contact**

*Volleyball BC, (604) 291-2007, [info@volleyballbc.ca](mailto:info@volleyballbc.ca), <http://www.volleyballbc.ca>*

## Water Polo



### **Age**

13 - 14

Athletes must be born in 1990 or 1991.

### **Venue**

Centennial Pool/Abbotsford Recreation Centre

### **Eligibility Requirements**

See Section V-2 of the Rules.

### **Events and Categories**

Tournament draw to be determined by the BC Water Polo BC Summer Games Committee.

### **Zone Team Composition**

13 Competitors (minimum of 4 female athletes) per zone. Team composition including substitutes to be determined by a selection committee.

### **Coaches and Managers**

1 coach and 1 assistant coach/manager per team.

The coaching/managing staff must be comprised of one female and one male over the age of 19 as of July 15, 2004. At least one coach/manager accompanying each zone team must be over the age of 25 and preferably a parent.

### **Individual Participation**

One team per zone.

### **Coaching and Chaperoning**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

## **Deadlines....**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) Selections to be determined by the Zone Representatives before June 4, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

The BC Water Polo Association states that all athletes must reside in BC Games accommodation regardless of where they live. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 12 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Andrew Clare  
3451 St. Anne Street  
Port Coquitlam BC V3B 4G5  
drew\_clare@hotmail.com  
Res: (604) 942-0779

#### **Assistant Provincial Sport Organization Advisor**

Gillian Mills  
1513 Milford Avenue  
Coquitlam BC V3J 2V9  
Bruce\_Mills@telus.net  
Res: (604) 931-3725

#### **Sport Chair**

2233 Timberlane Drive  
Abbotsford BC V3E 1E4  
jvanjoff@shaw.ca  
Res: (604) 852-3557

#### **Assistant Sport Chair**

Mike Perrin  
whalerdad@shaw.ca  
Res: (604) 855-5975

**Zone Sport Representatives**

**Zones 1 – 8**

Contact Provincial Sport Organization Advisor

## **Water Polo Preview: Bridging the Gap**

*Athletes attending the BC Summer Games Water Polo are between the ages of 13 –14 years old - Bantam and first year Cadet aged athletes. The Water Polo tournament at the BC Summer Games is co-ed. Water Polo is the only sport at the BC Summer Games where female and male athletes compete side-by side on the same team.*

*The BC Summer Games is an important avenue for the development of Water Polo athletes. This competitive opportunity builds athletes for future competitions on the National and International scene. It also assists in the further development of officials and coaches for higher sporting opportunities. The BC Games also enable our athletes, coaches and officials to experience a “Games” environment.*

*The co-ed play that is used at the BC Summer Games is significant for outlying zones that may have smaller numbers of participants in one gender or the other. This enables participation from all areas of the province.*

*The BC Summer Games also bridges the gap between beginner club play and provincial teams, resulting in athlete development opportunities for athletes throughout the province.*

### **Zones to Watch**

*Zones 3, 4, 5 and 6 are generally the strongest.*

*Clubs that have had team members at the BC Summer Games include:*

*Zone 3: Coquitlam Lions*

*Zone 4: Burnaby Water Polo Club*

*Zone 5: North Vancouver*

*Zone 6: Saanich Water Polo School*

### **BC Games Alumni**

*Clem Hui who is now representing Canada at the Jr. National Team level attended the BC Summer Games.*

### **Media Contact**

*Kyna Fletcher, Executive Director, BC Water Polo Association, (604) 737-3148, [bch2opolo@telus.net](mailto:bch2opolo@telus.net)*

## Water Skiing



### Age

13 - 16

13 – 16 years as of January 1, 2004.

### Venue

Albert Dyck Park

### Eligibility Requirements

Competitors must be members of the BC Water Ski Association. Membership cards must be shown on first day of competition in Abbotsford.

Skiers may participate in slalom, trick, jump, wakeboard or barefoot. Preference should be given to athletes participating in more than one event.

Skiers may participate in any three of the five events.

Athletes may only attend one BC Games to participate in Water Skiing.

### Events and Categories

Age groups:      Girls 3  
                             Boys 3

#### Events:

<i>Slalom:</i>	As per WSC Rules
<i>Tricks:</i>	As per WSC Rules
<i>Jump:</i>	As per WSC Rules
<i>Wakeboard Tricks:</i>	As per BCWSA Rules
<i>Barefooting:</i>	As per WSC Rules

This will be a sanctioned event. Results will be submitted to WSC (Water Ski Canada).

### Zone Team Composition

3-event Skiing: 4 athletes (2 male and 2 female) per zone

Wakeboarding and Barefooting: 3 athletes per zone (no more than 2 of one gender)

### Wildcard

In addition to the allocation of 3-event skiers per zone, 8 wildcard spots (4 males and 4 females) will be available to a maximum of 40 3-event skiers and 24 wakeboard/barefooting skiers for a total of 64 competitors for the sport. Wildcard spots to be determined and allocated by the Provincial Advisor.

### Coaches/Managers and Chaperones

1 coach and 1 assistant coach/manager (one of each gender) per zone.

### **Medals**

Gold, Silver and Bronze medals will be awarded to the Teams accumulating the most overall points.

Gold, Silver and Bronze medals will be awarded to each individual and/or official member of a team having completed and placed in an event, in the following order:

Bronze Medal - Third Place  
Silver Medal - Second Place  
Gold Medal - First Place

*Team Scoring:* All individual scoring shall be as per WSC rules, however all competitors shall be considered as one division for each gender, regardless of age. Overall scoring is calculated as follows for each sex:

*Jump:* Overall pts = {skier score – (0.5 x Best Score)} x 1000  
0.5 x Best Score

*Other Events:* Overall pts = skier score  
Best Score x 1000

The Team scoring will be the sum of each Team member's individual overall scores from each event: i.e. all the slalom, trick, jump, barefoot trick, barefoot slalom, and wakeboard trick scores will be totalled for each team.

### **Coaching**

The Provincial Sport Organization states that all coaches must have full NCCP Level 1 certification and Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Deadlines...**

*Zone Selections:* (Check Section V-11(a) of the Rules and following sections on Zone information.) The BCWSA states that zone selections must be completed on or before June 5, 2004. Registration forms must be submitted to the Provincial Advisor by June 7, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

The Provincial Sport Organization requires all competitors to stay in BC Games accommodation, regardless of where their residence is. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 20 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

Bob Korotkov  
4085 Union Street  
Burnaby BC V5C 2W8  
bobkorotkov@telus.net

Bus: (604) 294-4452

#### **Sport Chair**

Ken Martz  
37493 Carlyle Road  
Abbotsford BC V3G 2L3  
martzken@hotmail.com

Res: (604) 850-7117

Cell: (778) 549-4345

#### **Assistant Sport Chair**

Scott Gilmore  
5657 – 192 Street  
Surrey BC V3S 7M7  
scott4883@hotmail.com

Res: (604) 576-4883

### **Zone Sport Representatives**

#### **Zone 1**

Provincial Coordinator B.C. Water Ski Association  
203 - 2035 West 5th Street  
Vancouver BC V6J 1P8  
info@bcwsa.org

Bus: +1 (888) 696-6677

**Zone 2**

Mark Poppleton  
2028 High Country Boulevard  
Kamloops BC V2E 1L1  
Mark\_poppleton@telus.net

Res: (250) 372-7822  
Bus: (250) 319-4188

**Zone 3**

Lorne West  
5933 - 216 Street  
Langley BC V2Y 5Y6  
lwest@surreyfirefighters.com

Res: (604) 513-9881  
Fax: (604) 513-5884

**Zone 4**

Doug Brain  
246 April Road  
Port Moody BC V3H 3W1  
dougbrain@shaw.ca

Res: (604) 469-1168  
Fax: (604) 253-2517

**Zone 5**

Barry McKnight  
1944 Cardinal Cres  
North Vancouver BC V7G 1Y4  
blackbart@shaw.ca

Res: (604) 929-5376

**Zone 6**

Dale Erb  
4467 Abraham Court  
Victoria BC V8Z 7G4  
Dale\_Erb@telus.net

Res: (250) 479-1878

**Zone 7 & 8**

Reg Foot  
1135 McGregor Avenue  
Prince George BC V2M 4A8  
rfoot@carrierlumber.bc.ca

Res: (250) 562-6903  
Bus: (250) 562-9271

## **Water Skiing Preview: A Great First Step**

*In the water sports family the classic 3-event is the traditional discipline with the three events being Slalom, Jump and Tricks. The slalom event is performed on one ski by an athlete attempting to negotiate his way around the outside of six buoys in a zigzag course without falling or missing a buoy in consecutive passes. For the skier to continue to be successful at each pass the line length is shortened until the athlete eventually misses a buoy or falls. The tricks event has been described as the most technical of the three events. Beginners perform this event on two short skis, and intermediate to elite athletes perform on one short ski. An athlete attempts to perform as many tricks as possible during two 20-second passes. The object of the jumping event is for an athlete to jump as far as they can. There are no style points just pop off of the ramp and fly! The competitor must land one jump to continue. Distance wins. Although barefoot events are similar to traditional events, the major difference is that participants do not wear skis. Wake boarding is somewhat similar to its winter counterpart snowboarding. Both sports share the glory of the fastest growth in sports participation. The events are judged on execution, intensity and composition*

*Athletes attending the 2004 BC Summer Games will be 13 to 16 years of age - Boys 3 and Girls 3 divisions. The BC Summer Games is long in tradition for our athletes. Competing in this event gives our athletes their first taste of a high profile competition. For the 2004 BC Summer Games the Water Skiing events will be held at Albert Dyck Park, home of the Fraser Valley Water Ski Club in Abbotsford. This is one of British Columbia's finest water skiing training facilities. It is expected that all athletes competing in at the 2004 BC Summer Games will meet or exceed their own personal bests.*

*In less than fifty years water skiing has grown from a cottage industry to a Pan-American Games sport, and Canada is recognized as a world leader. Canadian skiers have achieved spectacular results, including no less than eleven World Championship gold medals: In addition, Canada won the Team event at the 1991, 1993 and 1999 World Water Ski Championships. At water skiing's debut in the 1995 Pan American Games Canada took 4 medals and earned another 6 at the 1999 Pan Am Games. At the 1999 World Championships Canadian skiers came home with 6 medals and the Team title. In 2000 the Canadian Junior Team nailed down 3rd place In Italy.*

### **Zones to Watch**

*Vancouver Island (Zone 6) has a long-standing tradition of a strong field of skiers and they are medal hungry! We can always count on the Vancouver Ski Club to get themselves some top athletes to represent Zone 5. In the Fraser Valley (Zone 3) plans are underway to put up a competitive team for all events.*

### **BC Games Alumni**

*The following BC Games alumni will compete at the 2003 Pan American Games in the Dominican Republic as members of the Water Ski Canada National Team: Clint Baikie (Campbell River – Zone 6), Breanne Wagner (Surrey – Zone 3), Karissa Wedd (Port Coquitlam – Zone 3), and Aaron Rathey (Nanaimo – Zone 6).*

### **Media Contact**

*Bob Korotkov, Provincial Advisor, (604) 294-4452, [bobk@bcwsa.org](mailto:bobk@bcwsa.org)  
Kim McKnight, Executive Director 1-800-696-6677 [info@bcwsa.org](mailto:info@bcwsa.org)*

# Wrestling



## Age

14 - 16

14 – 16 years as of December 31, 2004.

## Venue

WJ Mouat Secondary

## Eligibility Requirements

(In addition to Section V-2 of the Rules.) Participants must be members of BCWA To register, send name and address to: BC Wrestling Association, 1367 West Broadway, Vancouver BC V6H 4A9. Not eligible are those male wrestlers who placed 1st, 2nd, or 3rd at any Canadian Junior or Juvenile Freestyle Championship. Athletes may not attend more than one BC Games to compete in Wrestling.

## Events and Categories

*Weight Classes:*      Boys:    39-42 kg, 45 kg, 48 kg, 52 kg, 57 kg, 63 kg,  
69 kg, 76 kg, 83 kg, 95 kg, and 95-110 kg.

Girls:    46 kg, 49 kg, 52 kg, 56 kg, 60 kg,  
65 kg, 70 kg, 75 kg, and 75-90 kg

*Weigh-in:* Each athlete will weigh-in after their zone has registered. There will be a 1 kg allowance. Each competitor must produce picture identification at weigh-in.

*Rules:* Contact Provincial Sport Organization.

*Tournament:* The competition will be a dual meet style. Point totals for male and female will be combined.

	<u>Winner</u>	<u>Loser</u>
Fall	4 points	0 points
Technical Superiority (10 pt difference – loser scores no points)	4 points	0 points
Technical Superiority (10 pt difference – loser scores 1 point)	4 points	1 point
Decision – loser scores points	3 points	1 point
Decision – loser scores no points	3 points	0 points

Injury	4 points	0 points
Forfeit (loser is eliminated and does not place)	4 points	0 points
Disqualification for misconduct or violation of the rules (loser can be eliminated and will not place)	4 points	0 points
Cautions (3) (loser records three cautions)	4 points	0 points
Disqualification where one or both wrestlers are disqualified for misconduct or violation of the rules (the loser or losers can be eliminated and will not place)	0 points	0 points

### **Medals**

Gold, Silver and Bronze medals will be awarded in each weight class based on individual wrestler results from the tournament. Gold, Silver and Bronze medals will be given to the top 3 zones based on their results from the dual meets in both boys and girls. Points for the dual meets will be: Win = 2 points, Tie = 1 point, Loss = 0 points. In case of a tie at the end of the round robin competition, results between each zone will be used to break the tie.

### **Zone Team Composition**

20 competitors (11 males and 9 females) per zone. No more than one competitor per weight class.

### Coaches/Managers and Chaperones

1 coach and 1 assistant coach/manager (one male and one female) per zone.

### **Coaching**

The Provincial Sport Organization states that all coaches must be fully certified NCCP Level 1 and have Level 2 Theory. Please note that the role of coaches and managers at the BC Games includes travelling to and from the Host Community with your team/zone and residing with your team/zone in Games accommodation in a supervisory capacity. (Check Section V-9 of the Rules for specific chaperone requirements.)

### **Deadlines...**

**Zone Selections:** (Check Section V-11(a) of the Rules and following sections on Zone information.) Wrestlers must qualify through the Zone Representative or coach/managers if not affiliated with an existing team. Zone selections must be made by June 7, 2004. All registration forms must be submitted to the BC Wrestling office by June 10, 2004.

### **BC Games Entry Deadline**

Registration Forms must be received by the BC Games Society no later than 4:00 p.m., Monday, June 14, 2004. (Check procedure in Section V-11(b) of the Rules.)

### **Accommodation**

Any participant under the age of 19 who resides outside of Abbotsford School District #34 must stay in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. See Section V6(c) of the rules for details.

Coaches, managers, and chaperones are expected to reside in BC Games accommodation with their athletes. Officials 19 and older may reside in BC Games accommodation or choose to book local accommodation. If officials choose outside accommodation, they are responsible for any associated costs of that accommodation; however, they will still be provided with BC Games transportation and meals.

### **Officials**

Transportation, accommodation and meals, as arranged by the Host Community, will be provided for 14 officials. (Check Section V-11(c) of the Rules.)

### **Contacts**

#### **Provincial Sport Organization Advisor**

MaryAnn DeCorby  
208 - 1367 West Broadway Avenue  
Vancouver BC V6H 4A9  
info@bcwrestling.com

Bus: (604) 737-3092  
Fax: (604) 737-6043

#### **Sport Chair**

Jim Mitchell  
35825 Canterbury Avenue  
Abbotsford BC V3G 1G2  
jim\_mitchell@sd34.bc.ca

Res: (604) 854-3459  
Bus: (604) 853-7191  
Fax: (604) 850-7694

#### **Assistant Sport Chair**

Karen Connors  
31150 Blueridge Drive  
Abbotsford BC V2T 5R2  
karen\_connors@sd34.bc.ca

Res: (604) 556-3736  
Bus: (604) 864-0011  
Fax: (604) 864-0104

#### **Zone Sport Representatives**

##### **Zone 1**

Timo Suomi  
Site 24, Comp 10, Nasookin Road, RR#1  
Nelson BC V1L 5P4  
shagintimo@yahoo.ca

Res: (250) 505-5062

##### **Zone 2**

Brian Dick  
1270 Highridge Drive  
Kamloops BC V2C 5G6  
bdick@nkss.sd73.bc.ca

Res: (250) 573-5966  
Bus: (250) 376-1272  
Fax: (250) 376-3142

**Zone 3**

Jim Dorgan  
35658 Hawksview Place  
Abbotsford BC V3G 2Y1  
james\_dorgan@sd34.bc.ca

Res: (604) 859-0177  
Bus: (604) 853-7191  
Fax: (604) 850-7694

**Zone 4**

Gianni Buono  
2226 Kueler Avenue  
Coquitlam BC V3K 2S7  
gianni\_buono@hotmail.com

Bus: (604) 664-8542  
Fax: (604) 664-8314

**Zone 5**

Wade Anderson  
1568 Broadview Ct.  
Coquitlam BC V3J 5X9  
w.anderson@telus.net

Res: (604) 986-8826  
Bus: (604) 261-4285  
Fax: (604) 261-2281

**Zone 6**

Phil Cizmic  
2380 Galerno Road  
Campbell River BC V9W 8A5  
philip.cizmic@sd72.bc.ca

Res: (250) 923-2283  
Bus: (250) 923-4206

**Zone 7**

Mike Richey  
Box 849  
4029 - 11 Avenue  
Smithers BC V0J 2N0

Res: (250) 847-4546  
Bus: (250) 847-2231  
Fax: (250) 847-2165

**Zone 8**

Coralee Roy  
7758 North Nechako Road  
Prince George BC V2K 4Z5  
croy@mag-net.com

Res: (250) 562-7706

## **Wrestling Preview: 2005 Canada Games Team Preview**

*The BC Summer Games is an integral part of the BC Wrestling Association's development model for athletes, coaches, and officials.*

*BC Wrestling's athlete development plan targets specific initiatives with respect to age class development. Specifically, regional camps are instituted and conducted in concert with BC Wrestling's participation in the BC Summer Games, the Western Canada Summer Games, and Canada Summer Games.*

*Athletes aged 14 – 16 years competing at the 2004 BC Summer Games in Abbotsford will be potential 2005 Canada Summer Game team members in Regina.*

### **Athletes and Teams to Watch**

*The Island (Zone 6) and the Fraser Valley (Zone 3) were strong contenders for the zone title at the 2002 BC Summer Games in Nanaimo. The Fraser Valley finished by toppling the Island zone champions to take home the gold.*

*Fraser Valley (Zone 3) could be looking to field another strong team in 2004 based on 2003 high school and BC Age Class medallists. Athletes to watch for at the 2004 BC Summer Games include: Jonathan Candia (Coquitlam, Zone 3)-2003 High School Champion, BC Age Class Champion; Lucky Gill (Abbotsford, Zone 3)-Bronze 2003 High School Championship, Silver-2003 Alberni Invite; Nicole Philips (Abbotsford, Zone 3)-Bronze 2003 BC Age Class, Gold at Fraser Valley Qualifiers.*

*Other successful athletes to watch include: Kayla Bordignon (Zone 4), Leah Pices (Zone 4), Jenny Hayer (Zone 4), and Taylor Dick (Zone 2).*

### **Background**

*Wrestling was known among many ancient civilizations dating back 5,000 years and more. It was an established exercise and form of combat training in ancient Greece and Rome, eventually becoming part of the 18<sup>th</sup> Olympic Games in 708 BC*

*Amateur wrestling offers a tremendous number of benefits to those who participate and because of its system of weight classification, participation is open to all sizes and abilities. Endurance, coordination, strength, speed, agility, balance, and flexibility are some of the physical parameters that wrestlers require and develop. Discipline, self-confidence, goal-setting, achievement and camaraderie are some of the psychological advantages nurtured by the sport.*

*The BC Wrestling Association has experienced considerable success during the past three quadrennials (1998 – 2000). The most recent being Canada's first Olympic Gold medal in wrestling at the 2000 Olympic Games, a Gold medal at the 1999 World Men's Championships, and a number of World Championship medals in the Women's division.*

*The 2004 Summer Olympics will be the debut of Women's wrestling as an Olympic sport. BC's female athletes will be given yet another opportunity to distinguish themselves at the international level.*

### **Media Contact**

*MaryAnn DeCorby, Executive Director, Wrestling BC, (604) 737-3092, [info@bcwrestling.com](mailto:info@bcwrestling.com), <http://www.bcwrestling.com/>*

## **XV. BC Games News Service**

### **1. News for All of BC**

The BC Winter and BC Summer Games have made significant changes since February 2000. By focusing on young athletes moving up to higher levels of competition, the BC Games are news in every region, in every sport.

Because the BC Games reserve space for a full team from all eight zones of the province in each sport, news from the BC Games is guaranteed for every part of BC. (See the BC Games Zone Structure in Section II.)

Please don't hesitate to contact the BC Games media liaison for the BC Summer Games, Irene Schell at (250) 356-3012, [irenes@bcgames.org](mailto:irenes@bcgames.org) or visit us online at [www.bcgames.org](http://www.bcgames.org)

### **2. The BC Games: Who, What, Where, Why, and When**

#### ***Who - The Best Under 18 Athletes in BC***

4141 participants will take part in 26 sports. Approximately 50% of the athletes (total expected 3140) are female. Athletes with physical and mental disabilities compete in two sports (athletics and cycling).

4000 volunteers from Abbotsford will stage the BC Summer Games, and hundreds more prepare and accompany the athletes.

Athletes attending the BC Games are on the first rungs of the athlete development ladder in their sport. The BC Games Society encourages provincial sport organizations to select athletes who are:

1. younger than the sport's youngest provincial team;
2. the best athletes in the age group, from each zone;
3. within a narrow age range, preferably 2 years, to provide the BC Games experience to the most athletes, and to reinforce the athlete development model in each sport.

As a result, the BC Games are a preview of BC's future Canada Games, college, university, international, Paralympic, Olympic and professional athletes.

Regional representation is high at BC Games because each of the eight zones of the province is invited to bring a full team in every sport. Transportation, accommodation, food, entertainment, and competition are provided for every participant. This minimizes the logistical and financial challenges of attending from all regions of the province.

The BC Games are an important developmental opportunity for coaches and officials, and other sport leaders. Evaluation, upgrading, and clinics take place before and during the BC Games.

A major story of the BC Games is the volunteer-run organization in the Host Community. A volunteer board of accomplished community leaders manages over 4000 volunteers who organize and stage the BC Summer Games. They have support from a small local staff, and from the BC Games Society.

The BC Games Society is governed by a volunteer board of sport, business and community leaders from across the province.

***What - 26 Sports and a Public Celebration***

The Abbotsford 2004 BC Summer Games are the largest youth multi-sport event in BC.

The 26 sports are: archery, athletics (including SportAbility, wheelchair, and Special Olympics athletes), baseball, basketball, cycling (including visually impaired and SportAbility athletes), diving, field hockey-women, lacrosse, modern pentathlon, rhythmic gymnastics, rugby (boys and girls), sailing, shooting-handgun, shooting-smallbore, soccer, softball, synchronized swimming, tennis, triathlon, volleyball-indoor, volleyball-beach, water polo, water skiing, and wrestling.

Competition in each sport takes place over three days, culminating in medal rounds. Some sports include clinics for athletes, coaches and officials where competition schedules do not fill the three days.

The level of competition is comparable to similar age-group provincial championships, although often regional representation is higher at BC Games because of the travel and accommodation support provided by the BC Games Society.

Athletes compete for gold, silver and bronze medals.

Social events with other athletes from around the province are a highlight of the BC Games.

A major cultural component features Opening and Closing Ceremonies and an evening MainStage where the public is invited to celebrate talent from home and across the province. Details will be available closer to the Games on the Host Community website which is accessible from [www.bcgames.org](http://www.bcgames.org).

***Where - Abbotsford, BC***

The Games will take place in Abbotsford, BC with some venues in neighbouring communities. See a list of venues at [www.bcgames.org/host\\_cities\\_sport\\_packages.html](http://www.bcgames.org/host_cities_sport_packages.html)

Communities around BC bid to host the BC Summer Games.

***Why - For Community and Sport Development***

BC Games Society Mission Statement:

“The BC Games Society, through its partnerships, is committed to excellence in event management leadership which achieves sport, individual, and community development.”

The Society works with the BC Sport community to ensure the BC Games are an integral component of athlete, coach and officials development and works with Host Communities to ensure the BC Games are a vehicle for community development.

### ***When – July 15 – 18, 2004***

The BC Summer Games are held every two years.

A schedule of sport and public events is prepared closer to the Games, and available on the Host Community website accessible from [www.bcgames.org](http://www.bcgames.org).

## **3. Services to BC Journalists**

### ***Zone Editors***

A feature of the BC Games is zone editors who work before the BC Games to promote the zone qualifications and team selections with regional media outlets. During the Games, daily releases posted to the BC Games website will highlight movement on the medal standings and which finals to watch for. More details will be provided to each media outlet in BC.

### ***Story ideas***

The BC Summer Games are three days of competition, but they are about much more. Here are a number of story ideas, which we update on our web site. Call for details.

Here's a sample:

#### ***The Culmination***

For many, the BC Games are the culmination of months and years of preparations. Coaches are doing great things in all regions of BC to prepare young athletes. Examples are Softball who selects their coaches to begin working with athletes one year prior to the Games and Equestrian who will begin athlete qualifications in the summer of 2003.

#### ***Famous Alumni***

The BC Games were part of the development of many athletes from all parts of BC who have represented BC at Canada Games, attended Olympic Games, won university scholarships, competed internationally and played professionally. Examples are Olympians Rob Boyd (alpine skiing), Leah Pells (athletics), Steve Nash (basketball), Roland Green (cycling), and Pat Dunkley (rugby). This number will grow with the new focus on developing young athletes.

#### ***Regional Development***

Sport leaders in many regions say BC Winter and BC Summer Games are an important incentive that drives membership, and motivates coaches. The BC Games are an attainable goal for young athletes. An example is rugby who is using the inclusion of Under 17 girls in the BC Summer Games as a way to expand their girls program throughout the province.

#### ***Volunteers***

The BC Games are organized almost entirely by volunteers, as are the preparations of the athletes. Few other sporting events attract the same level of volunteer commitment. The Abbotsford 2004 BC Summer Games will require over 4000 volunteers to plan and stage the Games. With a history of hosting

Games and the tremendous legacy from the 1995 Western Canada Summer Games, Abbotsford is well on its way to hosting spectacular BC Summer Games. In addition to volunteers in the Host Community, volunteers throughout the province train, coach, organize zone qualifications, and travel with the athletes to the BC Summer Games.

#### *Economic Impact and Legacy Funds*

BC Summer and BC Winter Games bring \$2.2 to \$1.2 million, respectively, in economic impact to host communities and many host communities generate significant legacy funds that benefit community projects after the Games. Economic impact information is available on the BC Games website at [www.bcgames.org/facts\\_and\\_figures\\_historical\\_data.html](http://www.bcgames.org/facts_and_figures_historical_data.html)

#### *PacificSport Regional Sport Centres*

In six of the eight BC Games zones PacificSport regional sport centres are bringing new services to provincial team and higher-level athletes. Some BC Games athletes are coached by centre coaches as part of their recruitment and development programs.

#### **Contacts in each sport and each zone**

Contacts for each sport in each of the eight zones, and with provincial sport organizations, are available in this book, in the respective sport section, and in updated versions at [www.bcgames.org/host\\_cities\\_rule\\_books.html](http://www.bcgames.org/host_cities_rule_books.html).

Please contact them directly.

#### **Participant Lists Available Early July**

Within a week of the June 14, 2004 registration deadline, lists of participants by zone and hometown and sport are available on the BC Games website at [www.bcgames.org/host\\_cities\\_summer\\_games.html](http://www.bcgames.org/host_cities_summer_games.html). A media advisory in May will remind journalists.

#### **Results**

Searchable results are available throughout the Games weekend at [www.bcgames.org/results\\_intro.html](http://www.bcgames.org/results_intro.html).

Results will also be available in Canadian Press agate style and downloadable from the website.

#### **Media Centre at the Games**

A Media Centre with phone and computer access, results, schedules, transportation, accreditation, and other information will be available in Abbotsford. We encourage you to attend the BC Games and experience it first hand.

#### **Media Accreditation**

Accreditation allowing access to competition venues will be available. Watch for the May media advisory for details, or contact us at [info@bcgames.org](mailto:info@bcgames.org).

#### **4. Major Dates**

- May 2004: Media Advisory, reminding journalists of services available
- May-June 2004: Zone qualifications begin
- Late June 2004: Participant lists available
- July 15 – 18, 2004: The Games. Results available.